

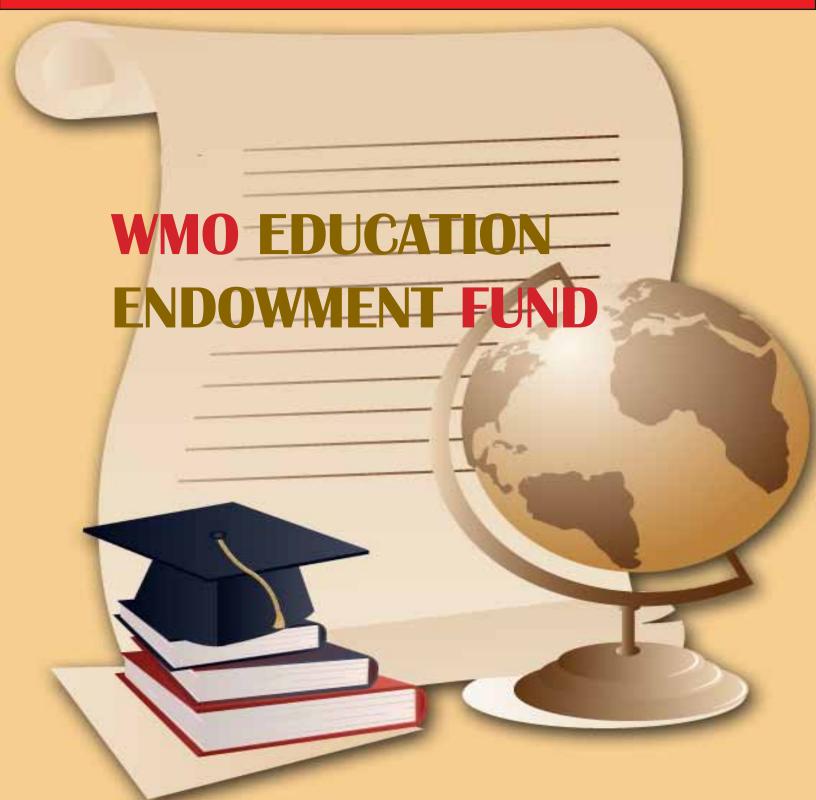
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DECEMBER 2013 Volume No. 56 Issue No. 661





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📢 JOIN HANDS WITH WMO



MISSION OF WMO

The Mission of WMO is to act as the central Memon organisation representing the Memon Community throughout the world and to promote the advancement, upliftment, unity, welfare and well-being of Memons in the world, in all aspects of life and at all times in accordance with and under the guidance of Islamic priniciples.

MEMBERSHIP TO THE WMO

The World Memon Organisation has the following categories of Membership:

- 1. Apex Bodies (National Bodies)
- 2. Institutional Members (Regional and Local Bodies) Local Institutions, Foundation, Trusts, Social Welfare organizations, professional institutions, chamber of commerce, educational boards, etc
- 3. Corporate Members (Commercial Bodies) -
- 4. Individual Members (Annual or Life Members)
- 5. Associate Members (any Non-Memon Organizations or Non-Memon Individual)
- 6. Patrons
- 7. Trustees of WMO Charitable Foundation (WMOCF)

MEMBERSHIP FEES

Apex Members US \$500 (Annually)
Institutional Members US \$250 (Annually)
Corporate Members US \$500 (Annually)

Annual Membership US \$50
Life Membership US \$1,000
Patron` US \$25,000
Trustee US \$100,000

NOTES:

- 1. Subscription for female applicants shall be half the normal fees
- 2. Subscription for Life Members can be paid in three equal annual installments
- 3. Subscription for Patrons can be paid in five equal annual installments
- 4. Subscription for Trustees can be paid in five equal annual installments

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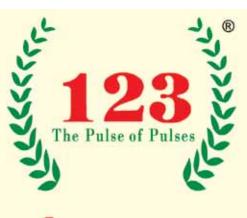
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FROM THE DESK OF THE EDITOR

WMO Education Endowment Fund

■ ducation plays a crucial role in the socio-economic growth of any nation. In today's world, no community, society or country can ignore the fact I that education is the key to prosperity.

The pioneers of World Memon Organisation (WMO) and the World Memon Organisation Charitable Foundation (WMOCF) have recognized the importance of education since day one and have framed their statutory documents i.e. Constitution, Articles of Association, Memorandum of Association, Standing Orders, etc with education has one of its main Aims & Objectives. Some excerpts from these statutory documents are given below:

"To make coordinated and concerted efforts to resolve the economical, educational, social, cultural, medical, rehabilitation and all the problems faced by the Memon Community"

- Clause 7.1 in the Constitution of WMO

"To facilitate the promotion of education at all levels and to recognize and honour the outstanding students and scholars of Memon Community with awards, scholarships and financial assistance based on their needs and merits"

- Clause 7.9 in the Constitution of WMO

"To assist and promote the religious, technical and professional, general and further education of Memons;"

- Clause 3.1.1 in the Memorandum of association of WMOCF

The Trustees of WMOCF, in one of their Board Meetings, have unanimously decided to earmark at least 60% of all available funds for the cause of education. Over the years, the WMO has strived hard to promote education by launching numerous education schemes in Pakistan and India.

The Quality Education for All Scheme of WMO Pakistan Chapter provides financial assistance to thousands of school-going children (from Montessori to Intermediate level) and the WMO Higher Education Scheme provides support for college & professional education. It is heartening to note that about 10,000 Memon students are benefitted annually from the above mentioned educational schemes.

The welfare schemes of WMO are generally based on Zakat. Over the years, the WMO Pakistan Chapter has come to understand that, due to phenomenal rise in the cost of education, even the middle class of the Memon Community are finding it hard to meet the cost of education of their children. The WMO

FROM THE DESK OF THE EDITOR

Pakistan Chapter has been unable to assist this section of the Memon Community since the funds available with it for the promotion of the education are Zakat based.

To meet the genuine financial needs for education of the middle income group of the Community, the Board of Management of WMO Pakistan Chapter has taken a historical decision to form a WMO Education Endowment Fund based on non-zakat fund, in its meeting held on 1st November 2013.

The International Board of Management of WMO and the Board of Trustees of WMOCF have also endorsed the formation of Endowment Fund at the 11th Annual General Assembly and other Meetings held in Dubai during November 2013. They have decided to sanction over US\$150,000/- as initial contribution towards the Fund. It was further decided to gradually increase the capital of the Endowment Fund to Rs.1 billion (US \$10 million) within a span of five years, Insha Allah.

It is pertinent to note that only income derived from the Endowment Fund will be utilized for providing scholarship for education. The scholarship would be in the form of education loans which are repayable within a span of ten years, without any markup or charges whatsoever.

We wish to acknowledge the dedicated efforts of Mr. Peer Muhammad Diwan and Mr. Gul Muhammad for their encouragement and efforts in bringing the Endowment Fund into being. We also thank Mr. Ashraf Usman of Dhoraji Memon Youth Services for sharing his experience of a similar Fund started by their organization.

By the Grace of Almighty Allah, the WMO Education Endowment Fund has now been launched by WMO Pakistan Chapter and collection of funds is underway.

We humbly request the members of the WMO, the WMOCF, our donors & well-wishers and all philanthropists of the Memon Community to come forward and contribute generously towards the WMO Education Endowment Fund and become a part of the Educational Revolution of the Memon Community.

"Education is more than a luxury; it is a responsibility that society owes to itself"

May Almighty Allah guide us all to serve humanity in the most befitting manner.

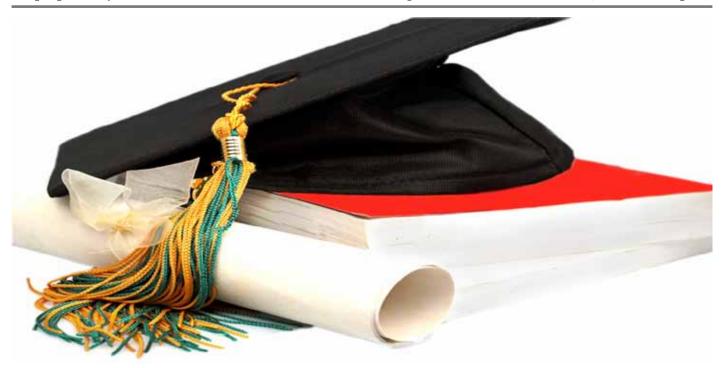
Pir Muhammad A. Kaliya Chief Editor





WMO EDUCATION ENDOWMENT FUND

As proposed by Mr. Gul Muhammad, Chairman, WMO Higher Education Committee (Pakistan Chapter)



1.INTRODUCTION

The World Memon Organisation, Pakistan Chapter (WMOPC), has been striving since its inception to promote the education in the community and for this purpose, it has been providing the financial assistance to the needy segment of the community so that their children can acquire good education.

However as the funds available with the WMOPC are zakat based, only those members of the community are able to obtain the financial assistance who qualify under the sharia for the assistance from the zakat funds.

Due to a phenomenal rise in the cost of education, even the middle income group of the community has been facing serious difficulties to meet the cost of the education. The WMOPC has been unable to assist this group of the community since the funds available for promotion of education are zakat based.

To meet the genuine financial needs for educational purposes of the middle income group of the community, in the meeting of the Board of Management of the WMOPC held on November 2013 it was decided that an endowment fund called, WMO

Education Endowment Fund, based on non-zakat funds, be created.

2.DEFINITIONS AND INTERPRETATIONS

Unless contrary meaning appears from the context, the terms stated below shall have the meanings as described below:

- 2.1 The WMOPC means The World Memon Organisation, Pakistan Chapter;
- 2.2 The Fund means the WMO Education Endowment Fund;
- 2.3 BOM means the Board of management of the WMOPC;
- 2.4 HEC means the Higher Education Committee of the WMOPC:
- 2.5 EAC means the Education For ALL Committee of the WMOPC:
- 2.6 EEC means the Education Endowment Committee constituted to manage the Fund as prescribed in paragraph below:
- 2.7 Member or members means the member or members of the Education Endowment Committee.
- 2.8 Rules and regulations mean the rules and regulations framed from time to time by the EEC by virtue of the powers

vested with the EEC under paragraph below;

- 2.9 Education means pre-primary, primary, secondary, higher secondary and higher studies at bachelors, masters and professionals level, vocational and certifications courses impacted by the accredited educational institutions including schools, colleges, institutes and universities to the students residing in Pakistan. This includes courses offered by foreign academic and professional institutes and examination conducted in Pakistan;
- 2.10 The funds means the funds received by the Fund;
- 2.11 Investments means the funds invested by the Fund under the rules and regulations framed by the EEC from time to time to generate the income;
- 2.12 Income means the profits, earnings, revenue or all financial gains generated out of the investments of the Fund;
- 2.13 Financial assistance means the disbursements from the income of the Fund made to the approved beneficiaries under the rules and regulations framed by the EEC from time to time;
- 2.14 Expenses mean the operating expenses incurred for the purposes of the Fund; and



2.15 Effective date means the 15th November 2013 when the Scheme was approved.

3. CREATION OF THE FUND, INVESTMENTS AND DISBURSEMENTS

- 3.1 The Fund will be created by an initial outlay of Rs. 1,000,000 by the members of the WMOPC with the aim to solicit non-zakat contributions from the WMO members and non-members and increase to Rs. One billion and plus in near future.
- 3.2 The Fund shall be raised by issuing certificates to the donors. The main idea of this scheme is to collect the Endowment Fund by appealing the donors.
- 3.3 The funds collected shall be held in sharia compliant bank deposits with at least three banks having AAA ratings with the objective of generating a reasonable income.
- 3.4 Disbursements for the financial assistance and expenses shall only be made from the income which shall be placed in a separate bank account from which all the disbursements shall be made. EEC shall issue rules and regulations outlining the criteria and procedures for granting the financial assistance within 30 days of the formation of the first EEC.

4. EDUCATION ENDOWMENT COMMITTEE (EEC)

- 4.1 Within 15 days of the effective date, the first EEC shall be formed comprising seven members nominated as follows:
- 1. Chairman of the Higher Education Committee of WMOPC;
- 2. Chairman of the Education for All Committee (EAC) of WMOPC;
 - 3. Vice-President of WMOPC;
- 4. Assistant Secretary General of WMOPC; and
- 5. Three other members selected in consultations with the office bearers and the chairmen of the HEC and EAC.
- 4.2 The tenure of the EEC shall be for two years and coincide with the tenure of BOM of WMO.
- 4.3 The EEC shall elect a Chairman and Vice-Chairman from among the members who are not the office bearers of the WMO.
- 4.4 The executive powers for operating the Fund based on the policies laid down by the EEC shall be vested with the Chairman; and in the case of leave of absence of the Chairman, with the Vice-Chairman.
- 4.5 The EEC shall meet once every month in the second fortnight of the month and among other matters the following

matters be reviewed and approved:

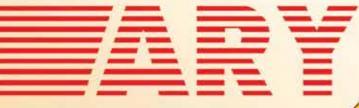
- a) The funds collected and efforts for the collection of the funds;
- b) Investments made to-date, their current status and the income from the investments:
 - c) Financial assistance granted;
- d) Monthly Income and Expenditure Account;
 - e) Balance Sheet
- 4.6 The Chairman, and in his absence the Vice-Chairman, shall chair the meetings of EEC.
- 4.7 Four Members of the Committee present shall form the Quorum of the meetings;
- 4.8 Decisions of the EEC shall be on the basis of the majority votes. In the case of tie the Chairman shall have the casting vote
- 4.9 Minutes shall be kept of the meetings of the EEC and copies thereof together with the monthly accounts shall be submitted to the WMO within one week of the EEC meetings.
- 4.10 The EEC shall generally carry out the functions of the Fund with due care and caution to the best interest of the Fund and to the maximum fulfillment of the aims and objectives of the Fund.
- 4.11 The EEC shall provide service free of cost and no remuneration for their

services will be paid as such. All expenses incurred in the administration of the Fund shall be borne out of the earnings of the Fund with the approval of the EEC.

5.FINANCIAL CONTROLS AND ACCOUNTING RECORDS

- 5.1 EEC shall establish adequate financial controls and maintain proper accounting records of the Fund to ensure safeguard of the Fund's assets, transparency, reliability and accuracy of the Fund's accounts.
- 5.2 Separate Accounts for the endowment fund are to be opened in Islamic Bank having AAA rating.
- 5.3 Funds collected shall be intact and promptly deposited in the Fund's bank accounts. The bank balances and investments shall be agreed with the bank statements on a weekly basis and any discrepancy shall be followed up and resolved promptly.
- 5.4 The Fund's financial year shall coincide with the financial year of the WMOPC.
- 5.5 The Fund's financial statements shall be audited by the external auditors of the WMOPC.





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APPEAL FOR DONATION FOR THE WMO EDUCATIONAL ENDOWMENT FUND

The World Memon Organisation, Pakistan Chapter has recently established the WMO Education Endowment Fund to facilitate Memon students to pursue higher and professional education by availing loans, which are repayable in easy installments without any kind of markup or charges.

The WMO Education Endowment Fund will help countless students, especially the white-collared members of the Memon community, who cannot afford the high costs of modern day education but at the same time do not qualify for Zakat. The WMO Education Endowment Fund is a major step to bring about progress and prosperity in the Memon community.

We humbly request the members of the World Memon Organisation (WMO), the Trustees of World Memon Organisation Charitable Foundation (WMOCF), our valued donors, well-wishers and philanthropists to join us in this noble endeavor to bring about an Educational Revolution in the Memon Community by contributing generously to the WMO Education Endowment Fund.

May Almighty Allah reward you abundantly in this world and the hereafter. Ameen.

Pir Muhammad A. Kaliya Shoaib Ismail Mangroria H. M. Shahzad Peer Muhammad Diwan
Gul Muhammad Jan Muhammad



Self Sustainability through Education Endowment Fund

Dhoraji Youth Services Foundation (DYSF) was formed in 1990 with the core focus on education besides health and placements. Right from the inception we had pledged that we will develop a sustainable education model which can benefit the community and replicated by others. We were also very clear that education **is a process and not an event.** It means that once a child has been committed financial assistance at the pre-primary level he/she will have to be supported for next 20 years to enable him/her to complete the education. This long term commitment can only be fulfilled through a sustainable mechanism. Endowment Fund is the best solution for such initiatives which is used by not only NGOs but leading universities of the world as well.

We also chose the same approach and created the Education Endowment Fund in September 2007 with seed money of Rs. 500,000. To-date we have collected and invested Rs. 80 million although still a long way to achieve our target of Rs. 300 million.

The Endowment Fund is managed through approved Rules by the Finance Committee. We are using the income from the fund for disbursement of scholarships and hope that inshallah it will grow with the passage of time.

We have laid the foundation for sustainability of our education program. It will at least ensure continuity of education for the needy students of the community. This initiative has given us the confidence to commit assistance to the 1300 students of the community studying in the Preprimary, Primary, Secondary, Higher Secondary and Higher Studies. Currently about 275 students are pursuing studies at the Universities and Professional levels. Another 130 students have completed their studies and well placed. Some of them have started contributing to our endowment fund; however the amount may be small. Here the spirit of giving is more important than the amount. Donation by our young donors is the realization of our dream of "Turn the recipient of today into a donor of tomorrow."

Our income from endowment fund is currently financing 30% of our total disbursement of scholarships. We hope that in future all the scholarships will be funded through the income from the endowment fund inshallah.

Remember building up endowment funds for sustainable projects needs patience as it takes years for the built-up, but then we have to learn to serve the community not by emotions, but through sustainable mechanisms so that these are long lasting.

Ashraf Usman Honorary General Secretary DHORAJI YOUTH SERVICES FOUNDATION





Memon Industrial & Technical Institute

Visit of School Students along with Parents

of KUTIYANA MEMON ASSOCIATION

(30th November 2013)

Schools along with their parents made an ardent visit to Memon Industrial & Technical Institute

on November, 30th 2013 (Saturday) This grand visit was arranged by the Kutiyana Memon Association. And it was exclusively led by the officials of

KMA included Dr. Muhammad Aslam, Senior Joint Secretary KMA, Mr. Latif Sanghani, Haji Ibrahim-the Members of Managing Committee (KMA) and



COMMUNITY NEWS





Mr. Hammad Riaz and Hafiz Muneer Sanghani.

The students consisted of groups of

qualified teachers and organized class rooms. While students showed keen interest in visit and were found very excited and eager to join the courses of MITI. They not only ask about the admission procedure but many of them



both boys & girls who were welcomed by the management of MITI and were taken around the Institute to visit the classes, see the practical labs, aspect the remarkable projects of MITI students, interact with the instructors and inquire about the Trades which MITI is facilitating and know the careers they offer.

During the visit, Parents of students gave very good compliments to the discipline of our Institute and they especially admired the beautiful building, its greenery; well-equipped practical labs with lots of amazing projects of learners;







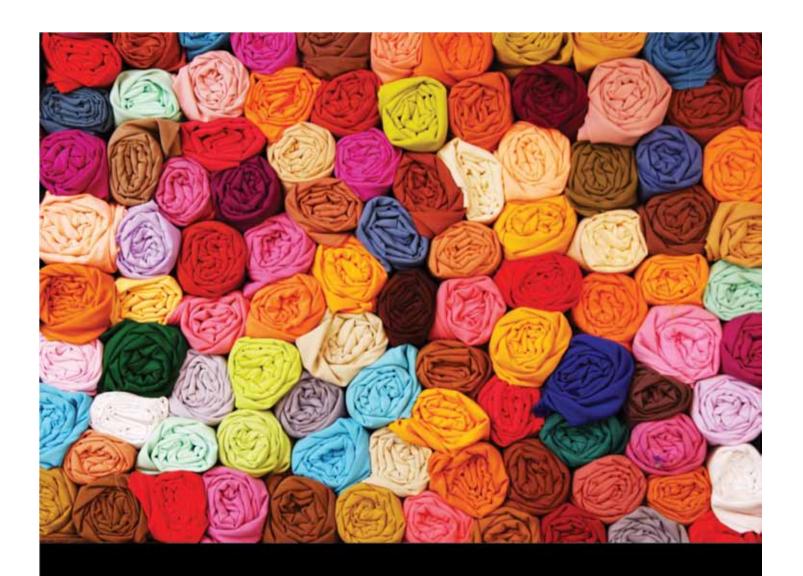
took admission forms too.

It's worth mentioning here that the visitor students communicated so well about our Institute to the other students and their relatives that we got many more admissions later on with the reference of KMA.

At the conclusion of the visit, the officials of KMA thanked the team of MITI for giving their students a wonderful opportunity to see the Institute and gave noteworthy compliments to the ardent and fervent efforts which MITI is putting in training the youth.







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Memon Industrial & Technical Institute

Visit of Mr. Abdul Rashid Godil, MNA and Madam Irum Azeem Faroque, MPA (2nd December 2013)

r. Abdul Rashid Godil Member of National Assembly and Madam Irum Azeem Faroque Member of Provincial Sindh Assembly visited MITI on 2nd December 2013.

They were received at MITI by Mr. H.M. Shahzad, Chairman MITI and Assistant

Secretary General WMO, Mr. Shahab Hasan, COO MITI, Mr. Anees, Principal Boys' Section MITI and Mr. Furqan Aziz, Admin. Manager MITI.







COMMUNITY NEWS





They were taken around the Institute and shown the facilities provided for the students including the classrooms and training at MITI and saw their projects with keen interest. They also appreciated the dedication and hard work of class

to MITI for one day proficient trainings as she has many good links in these faculties.





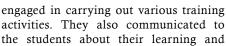
workshops. They visited both the Male and Female sections and saw the students involved in their respective studies and

instructors and teachers and encouraged them by giving exquisite compliments.

Madam Irum specially showed

Mr. A. Rashid Godil also gave good remarks for the strict discipline and cleanliness and praised the efforts of



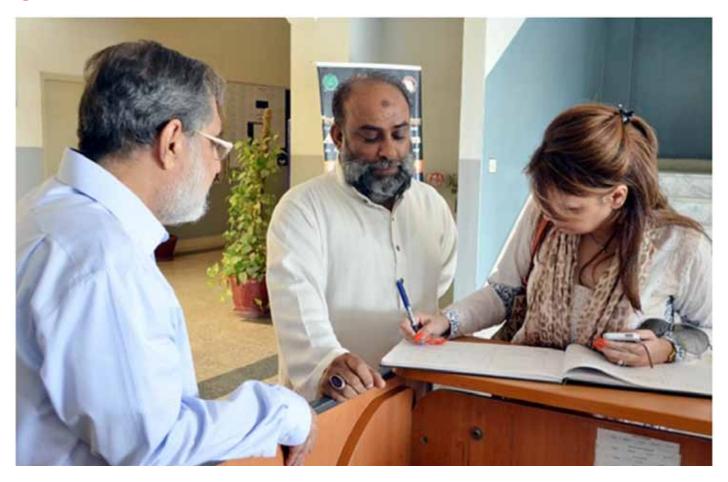


curiosity in the trades of Fashion Designing and Professional photography and offered to bring renowned specialists



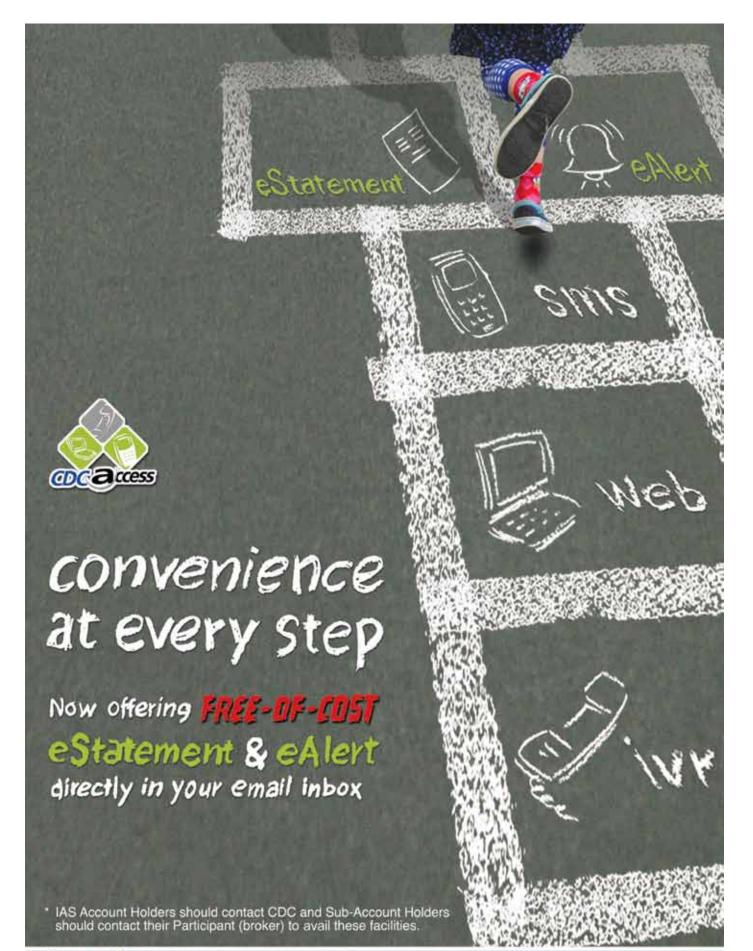
the Staff and management of MITI for creating such an atmosphere of learning.

COMMUNITY NEWS



"It's an eye- opener for me. I'm very happy and glad that I could visit such a vocational training institute. Keep up the good work." IrumA zeem Faroque









MEMON

PROFESSIONAL FORUM

LADIES WING PROGRAM HELD ON 08.11.2013

he Ladies Wing of Memon Professional Forum organized a Cooking Show & Competition program titled "Sweet and Savory" at the Office of the Memon Professional Forum on Friday, 8th November, 2013 under the leadership of its Convener Mrs. Rehana Aziz, Advocate.

The interest of ladies attendants of this program was so overwhelming that many ladies attendants were fasting on the day, for whom Iftar arrangements had to be made by the Convener Mrs. Rehana Aziz. The Guest Speaker of the Program was a renowned cooking expert Mrs. Azra Syed who ranks among Pakistan's oldest cooking veteran chefs and is also a Maternal Grandmother of the Oscar Award Winner for Pakistan, Mrs. Sharmeen Obaid Chinoy. The Chief Guest of the event was a renowned Social Worker of Memon Community Mrs. Hawa Abdullah, Chairperson of World Memon

Organization International Ladies Wing. The judges for the Cooking Competition were Mrs. Kaneez Younus Bandukda, Mrs. Saira Nasir Jamal, the Guest Speaker and the Chief Guest of the event.

Mrs. Azra Syed demonstrated to the audience specially to mothers to give their children healthy and nutritious snacks for their school. The colorful sandwiches she made with dyed bread in different colors were very much liked and appreciated by the attendants of the event. Mrs. Saira Nasir Jamal, a member of MPF, demonstrated Fruit Souffle which was also very much liked and appreciated by the attendants of the event.

As per the format of the Program the participants of the Cooking Competition were required to bring their cooked and decorated dishes, either Sweet or Savory, from their homes. The judges tasted the dishes of all the competitors and the First,

Second & Third prizes for the Sweet Dish went respectively to Mrs. Qazzafi for Cake Soffle, Miss Zoya Ismail for Cup Cake and Mrs. Haseeb for Shahi Tukra. For the Savory Dish, First Second and Third prizes went respectively to Mrs. Amber Rizwan for Kung Pao Chicken Chinese, Mrs. Sarwat Zubair for Pasta and Miss Arjumand Rahim for Aaloo Chat.

Gift hampers were also given to all the non winning participants of the Competition to encourage them.

In the end the shields, flowers bouquet and the gift hampers were also presented to the Guest Speaker, Mrs. Azra Syed and the Chief Guest, Mrs. Hawa Abdullah by Mrs. Rehana Aziz, Advocate, the Convener of the Ladies Wing of the MPF. This lively program of the Ladies Wing of MPF started at 4:00 p.m. and concluded with vote of thanks at around 7:00 p.m.













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A New Begining: Re-Launch of Jetpur Memon Youth Wing



he Jetpur Memon Youth wing, which was re-launched on 27th February, 2013, with aim to achieve high ambitions with zeal and enthusiasm to work for the betterment of the community. The Jetpur Memon Youth Wing aims to provide a centre which is accessible to all youth of the community, and acts as a catalyst to promote and meet the needs of the Jetpur Memon Youth Members.

The Vision of the Community:

Vision is to enlighten our Jetpur Community and polish it to widen its horizons so that the world recognizes and respects the community's existence internationally. They plan to achieve the mission by assisting jetpurians to achieve their individual goals for the gradual betterment of the community as a whole. They hope to achieve this by funding and delivering education and by imparting knowledge through various gatherings and events. They further plan to enhance their educational and recreational facilities to serve our community better.

The Objectives of the JMYW are as follows:-

To work with the community to help identify needs.

To encourage involvement of members

in the organisation of the Centre's activities.

To introduce participants to outside resources and activities, creating an awareness of the Jetpur Community activities.

To facilitate interaction between Community residents via common interest groups, enabling greater sharing of experience and knowledge of members as well as developing a more empathic understanding of social problems facing members.

To liaise with, and lobby as necessary, for assistance to ensure that the Centre is able to achieve its goals in meeting the needs of the community.

To ensure that the members knows of all the facilities and all have access to it, regardless of age, status, creed, nationality or political beliefs.

After the Re - Launch of Jetpur Memon Youth Wing ,a Career Counseling session "Mission Explorism" was oganised by the young competent and committed team under umbrella of Jetpur Memon Youth Wing and leadership of Chairman Mr Asif Majeed Panawala and co-Chairman, Mr Rehan Rauf Panawala at Yaqub Admani Sports Complex, on 27th October 2013. A speaker session by seasoned educationist Mr. Abbas Hussain was conducted. The session was followed by a lucky draw for Jetpur Memon Jamat card holders, and networking dinner by the end of the program. It was a unique event in the history of Jetpur Memon Association.







Tribute

to

THE GREAT THALASSEAMIC WARRIOR

Zaid Rao....An apple in all eyes....lively, cheerful, optimist and full-of life person.....born and raise as a thalasseamic major person. He passed his all school and college exams with Flying Colors graduated as bachelor of commerce. He attempted his D' Module exams conducted by ICAP, just before his sad departure from this world. He was inducted as an internee at A.F. FERGUSON. Having chronic illness since birth has inspired

Zaid to defy the odds and not only live his healthiest life, but help others to do same. He always liked to lift the spirit of many patient and his fellows, who are suffering with the pains that comes with thalasseamics. With all the agonizing treatments and struggling lifestyle, he fore sees every single day with a positive attitude and considered himself as a normal individual, who is passionate about working strenuously for the welfare of Thalasseamic patient and projecting Thalasseamic patient as an assets to society.

Zaid was awarded by many certificates, cups ,shields recognizing his academic excellence and extra curricular activities. He was honored to recite holy verses (QIRAT) as an official (QARI) in numerous programmes organized by Health Ministry, for years. He was also rewarded, a Handsome Amount as a gift for his best QIRAT, by Governor Sindh Dr.Ishratul Ebad Khan. Zaid attended Young - Leadership Achievement Programme and Young-Leadership Programmes, initiated by Memon Community To groom young leaders. His active participation and brilliant performances were highly appreciated by the dignitaries And well-known speakers.

Beside these, Zaid was an active and prominent figure of awareness tours from Karachi to Rawalpindi Islamabad and Karachi to Peshawar. Passing through villages and small towns he delivered awareness speeches against thalasseamia. He was always ready to be part of flood and earth quacks relief activities, as he was voluntarily associated with Kashif Iqbal Thalasseamia Care Center.

Zaid was also a confident spokesperson of Thalasseamia community. He keenly attended different seminars, workshops, career counseling programmes, at the platform of WMO , APMF, MEMON PROFESSIONAL FORUM, WMO youth wing, HUSSAINI BLOOD BANK , KASHIF IQBAL THALASSEMIA CARE CENTER and PAKISTAN THALASSEAMIA FEDERATION. In recognization of his dedication for Memon Community , he received LIFE TIME ACHIEVEMENT AWARD from WMO youth wing just after his sad departure.

He was invited by many T V channels (PTV, GEO , ARY ,CNBC, SAAMA ,EXPRESS and HEALTH TV) as a guest speaker in their popular shows and was highly appreciated and encouraged by most of popular anchor persons for his determination, knowledge , confidence and way of speaking. His best achievement was, as he was honored with one day charge of Presidency, Federation of Pakistan Chamber of Commerce and Industries, on 8th may 2013, the International Thalasseamia Day. He delivered a marvelous speech in presence of top class industrialist, billionaires ,senators, ministers, Judges of Pakistan and ex- presidents of FPCCI, which was highly appreciated by said Dignitaries. His suggestions and proposals for the benefits of thalasseamia community were recognized at the event.

I, mother of Zaid Rao, dedicated every moment of my life to raise my thalasseamic major sons and followed their treatment and studies as well. I encouraged them to live their lives as normal and productive people in society. Not only that, I boosted them up to participate in many educational ,cultural and community based campaigns related to fight against Thalasseamia. Zaid hold deep empathy as that of many thalasseamic patient, parents and their families. He initiated many plans and campaigns to decrease the problems of Thalasseamia Community. He participated in many national conference and achieved sponsorship to attend Abu Dhabi International

Thalasseamia Congress as well, but Allah Taalah knows better destination. His dream was to firstly qualify as a chartered accountant then to be part of international movements against threats of thalasseamia. He wished to see every Thalasseamic person happy , healthy, well educated and successful in their professional and personal lives.

"Life is continuously challenging me but I'm not going to give up till the end"

"Dear Zaid your absence left a big hole in all our lives which can not be filled .You were one in millions and no-one can replace you .Zaidi Baba you led a full-life but taken from us all too soon"

ZAID... LONG LIVE FOREVER IN HEARTS OF PARENTS FRIENDS AND THALASSEAMIA COMMUNITY.....

Courtesy: WMO Youth Wing Middle East Chapter



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RAJKOT MEMON HOSPITAL

In a developing country like Pakistan where the Government is unable to fulfill its commitments towards the general public, it becomes the job of the other sections of the society to pursue the same. In this regard, various organizations especially in the Memon Community, have emerged to serve ailing humanity. They possess both finances and resources to cater the demands of the public.

HISTORY & INRODUCTION:

Raikot Memon Hospital is a Non political, non-governmental, not for profit, charitable hospital established in 1956, under the management of Rajkot Memon Association, In the beginning, it was a small dispensary but later on with dedicated and excellent services of members of Rajkot Memon Association and funding by philanthropists of the community, it has now become a well equipped and well established hospital that is providing nearly all kinds of medical facilities. The main aim and motive of Rajkot Memon Hospital is to provide quality health service focusing especially middle class and needy class of the society without any language, color or racial discrimination. Rajkot Memon Hospital is located in old city

area of Ramaswami in Karachi

Those who cannot afford for their treatment or medicines due to their financial problems Rajkot Memon hospital provides all treatment and medicines from Zakat fund. Last year approximately 85000 (eight five thousand) patients were treated in Rajkot Memon Hospital and about 40% patients obtained all medical facilities and medicines free of cost.

The Management Committee and Employees of Rajkot Memon Hospital are committed to provide highest quality of health care services conforming to the valued patients' requirements. This is possible by having a team of skilled employees and by continuous application of innovative technology. The team of Rajkot Memon Hospital also fulfills the responsibilities towards the society in general.

FACILITIES

Rajkot Memon Hospital Provides OPD, General and Special X-Ray Service with the team of Qualified Radiologists and Technicians (Male and Female) , Pathological Laboratory, Ultrasound facilities by both Male and Female Sonologists, Physiotherapy, Ultrasonography, ECG with color Doppler, C.T. Scan, EEG / Portable, EEG Electromyography, Histsalpingography, Aminoscope, Gastroscope, (Pediatrics and adult), Colonoscopy side viewing, Duedenosocope, Laparoscope and video Surgery, Ambulatory Holter Monitor, Fetus Act cardiograph (C.T.G.), Sonic aids, Cyst scope- including pediatric, Bronchoscope, Uretheroscope, Resectoscope, Vitalography (pulmonary function test), sigmoid scope, and Dental Treatment, etc.

CONSULTANT CLINICS

Consultant panel of Rajkot Memon Hospital consists of renowned, qualified and experienced physicians and Surgeons of Pakistan and are providing Consultancy in the field of pediatrician, Orthopedics, ENT, Gynecology, Dermatology, Heart Diseases, Psychology, Physiotherapy General Surgery and Orthopedic Surgery.

Rajkot Memon Hospital also organizes free Medical camps for Diabetes, Eye Diseases, and vaccination etc. from time is time

Rajkot Memon Hospital is a well _ equipped hospital and is providing State of Art facilities with experienced and highly qualified staff at a very nominal cost.



MR ABDUL SATTAR

PARIYANI

r. Abdul Sattar Paryani s/o Essa Ali Muhammad Paryani was born in holy city of Buddhist Jain Faith, Palitana, Saurashtra, India on August 27, 1935. He suffered a tragedy at the cradle, due to the loss of his mother when he was only eight months old. Brought up by his grandmother and grandfather, Ali Muhammad Arbi, a prominent Muslim elder in the town. He took his earlier education at Harris high school, Palitana, India.

During his formative years along with the teachings of Islam, he also got the moral values and tolerance of the Jains in the millue of their Pilgrims. Sanctity of truth and righteousness, compassion for distressed, a guileless and affectionate heart got imbued in him in his adolescence.

After migrating to Pakistan in 1948 with his uncle and guardian Mr. Dawood Paryani. He stayed for a couple of years in Hyderabad then came to Karachi. Here he did his schooling at Sindh Madrasat-ul-Islam, and completed his high school in 1953 and intermediate in 1955. Finally Mr. Paryani graduated from Sindh Muslim College in Bachelor of Arts.

While still at school he avidly read the works of Gujarati literary giants like Desai, Meghani, Dav, Acharya, Joshi, Munshi and also few known Marathi and Bengali writers. Then a dormant 'writer' in him began to pulsate. His hand instinctively reached for the pen as if inspired by the mystic call, and began writing his own hand written periodicals in Gujarati - his school language. While compiling the texts for the magazines, the 'writer' in him found yet one more companion, an 'artist'. This duo in the teenager displayed the expressions of youth's idealism, aspirations ethics and humour in the periodicals with artistic paintings, aptly titled as "Jaagruti" (Awakening), "Yowak" (Youth) and "Yuwan" (Young). This was not all he also has an actor hidden in him which he brought out by showing his talent in school dramas. For this reasons he also served as General Secretary of Gujarati Students Union and acted as editor of Gujarati magazines. He took keen interest in painting and scouting as well.

Mr. Paryani joined Radio Pakistan in 1957, after his graduation, as program

assistant for Guirati Section of its External Services. and got married in the same year. On the radio, his traits as a writer and his impressive voice gave Radio Pakistan a new and lively image keeping the listeners glued in as far as African countries, being broadcast by 'Voice of Kenya' (This was the only program being broadcast on both AM and SW frequencies for local and African listeners respectively). The mundane and routine Programs turned into vivacious comic family plays, soft songs and informative talks. As a Producer (1972) and later as senior producer

(1977), he got opportunity of meeting and interviewing prominent dignitaries and personalities like H.H Karim Aga Khan and Syedna Burhan-ud-Din Sahib. He was a keen learner and took all the challenges. He received a certificate of merit for securing First Class First position in producers' course from the staff training college at Pakistan broadcasting academy, Islamabad.

Mr. Paryani retired with full honor from Radio Pakistan in 1955, but he rejoined the same on contract and was working in Gujrati service till he breathed his last.

being an experienced broadcaster he was a free-lance journalist. He was member of Pakistan Writers Guild. For several years before and after the retirement he imparted his services as a writer, artist and the compiler to a high profile tri-lingual social magazine "MEMON ALAM" as a sub editor. He used to compile Gujarati and English sections of the magazine. Mr. Sattar was an excellent translator of English to Gujarati and vice versa. He remained attached with the monthly till his last breath. He off and on used to write for the Gujarati dailies 'VATAN' and 'MILLAT'. During

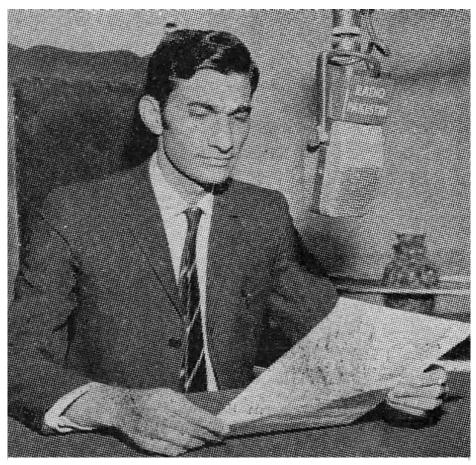


this period he published a book under the name of 'SABRAS', an unique and lovingly written anthology of sarcasm, cynicism at traditional folk tales and humor wrapped into comic jovialities and jokes, which won the prize from Hussein Ebrahim Foundation in 1979-80. He also received the Lions International Award in 1994 as a mark of honour to his dedicated services for Gujrati language.

Mr. Paryani also had the honour to be the Judge for a 'Debate Competition' held in 1984 by 'All Pakistan Memon Federation' while celebrating 'Youth Movement Week'.

Mr. Paryani went to UAE in 1996 where a function was arranged in his honour by the Memons of Abu Dhabi in which he was presented a 'SHAWL' by Haji Kassam Kalvadwala on behalf of the Memon community of UAE. Later his interview was also broadcast by Abu Dhabi Radio in its Urdu services. He was also honored to be the Guest in 'KASUTI' an Urdu program telecasted by Sharjah Television on 21st January, 1997. In this interview Mr. Paryani threw light on Gujrati programmes of Radio Pakistan, Karachi and expressed his views in

MEMORABLE MEMON



Mr. Abdul Sattar Pariyani, Gujarati Section Radio Pakistan.

Gujarati language for five minutes. In this way Mr. Abdul Sattar Paryani became the FIRST MEMON DIGNITARY to appear in a television show of a Middle East country where he expressed his views in Gujarati language in addition to Urdu language.

His biography, included in DICTIONARY OF INTERNATIONAL BIOGRAPHY, Vol. 15 and MEN OF ACHIEVEMENTS, 7th edition, both published by BIOGRAPHICAL CENTER, CAMBRIDGE, ENGLAND.

His zeal for education continued till he saw his son Saleem as a pediatrician and daughter Anjum graduating in Arts and Teaching. After seeing three grand - sons and a grand-daughter happily growing up, a man with almost handsome look and pleasant demeanor bubbling with witty humor and wise cracks, left this temporal world on Friday 27th November 1998 (7th Sha'aban 1419) two years after performing Hajj, working till the last and not before putting up a protracted, bold and dignified fight with the ravages of Non Hodgkins Lymphoma, a variety of blood cancer with a smile on his face on his last day.

With his departure a hilarious Chapter of first generation Gujarati Literature in Pakistan and pleasantries among the memons / gujaratis has come to an end.





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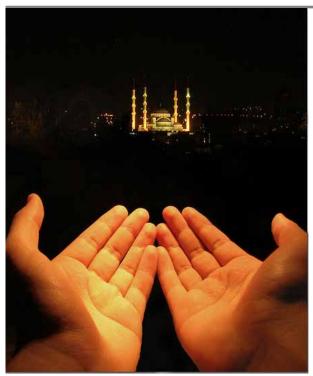
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Concept, Significance and Importance of Dua – Supplication to Allah – in light of Holy Quran

(Qasim Abbas - Toronto, Canada)



n this perishable world, human being has to suffer a lot and has to face many hardships. These sufferings and hardships are of various types – some small and some big. Some sufferings and hardships are from the nature and some are results from his own deeds. Under these circumstances, human being gives himself up to despair. He tries his best to overcome these hardships through various ways and means. Finally, he remembers his Lord, his Cherisher, his Sustainer and he calls on Him i.e. he makes Dua to Allah.

Human being, to whatever religion he belongs, he remembers and calls on his Lord, Cherisher, Sustainer when he does not find any ways and means to overcome his sufferings and hardships. In addition to this, human being calls on his Lord, Cherisher, Sustainer on some specific occasions i.e. on some happy occasions or some sad occasions e.g. marriage, birth of child, death of relative or any other happy or sad occasion. This act of calling on Lord, Cherisher, Sustainer is found almost in every religion.

Divine Commands recalling on Allah:

Muslim Scripture Qurane-Kareem also mentions several Divine Commands about calling on Allah, wherein Allah says to His slaves to call on Him. Below given are four such Divine Commands i.e. Quranic Ayats in this respect:

"And your Lord has said: Pray unto Me and I will hear your prayer."

(Surah Al Momin, Ayat 60)

"Call on your Lord with humility and in private: for Allah does not love those who trespass beyond bounds."

(Surah Al Aa'araaf, Ayat 55)

"And When My servants ask you concerning Me, I am indeed close (to them): I listen to the prayer of every suppliant when he calls on Me: Let them also, with a will, Listen to My call, and believe in Me: That they may walk in the right way."

(Surah Al Baqarah, Ayat 186)

"Or, Who listens to the (soul) distressed when it calls on Him, and Who relieves its suffering, and makes you (mankind) inheritors or the earth? (Can there be another) god besides Allah? Little is that you heed?"

(Surah Al Namal, Ayat 62)

According to above four Quranic Ayats Allah Himself orders His slaves to call on Him and He will hear their prayers.

Allah's nearness to believers:

Below given is a Quranic Ayat, which

describes how near is Allah to His slaves:

"And surely, We created man
and We know what his soul
whispers to him, and We are nearer
to him than (his) jugular vein."

(Surah Qaaf, Ayat 16)

Every believer makes Dua daily:

In fact the task of calling on Allah i.e. to make Dua i.e. Supplication to Allah is performed by each and every believer daily for more than once. Islam Religion's five basic pillars (arkaan) include second pillar of daily collective (congregational) ritual Prayer i.e. Namaaz. Each and every believer performs this ritual Prayer i.e. Namaaz at least five times a day, which is compulsory and mandatory (Farz) on him. In this ritual five times Prayers i.e. Namaaz, the believer recites Surah Al Faatihah minimum 20 times and maximum 50 times. This Surah Fatihaah - the first Surah of Quran-e-Kareem - is compulsory in ritual Prayer i.e. Namaaz. Ayats 4, 5 and 6 of Surah Al Fatihaah, in fact, is a prayer i.e. Dua i.e. Supplication, which is as under:

"You alone do we worship, and to You alone we turn for help. Guide us to the straight way. The way of those on whom You have bestowed Your blessings. Not of those who have been condemned (by You), and nor of those, who go astray."

(Surah Al Fatatihah, Ayats 4, 5 and 6)

Quran-e-Kareem does contain many Duas. As per Quran-e-Kareem, many Duas (which are called Quranic Duas or Masnoon Duas) have duly been recited by Prophets (A.S.) earlier to our last Holy Prophet Hazrat Muhammad (S.A.W.). And due to this, believers have included these Prophetic Duas in their daily routine Duas – individually and also in congregational Duas after five times daily ritual Prayer i.e. Namaaz.

(To be contiued)



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Hazrat Umar Farooq (RADI ALLAHU ANHU)

ayyiduna Abu Bakr (radi Allahu anhu) Before he passed away, consulted the senior Sahaba and elected Sayyiduna Umar (radi Allahu anhu) as the second Caliph of the Muslims.

EARLY LIFE

He was the son of Khattab and is famous in Islamic history as "Al Farooq" or "One who Distinguishes between Right and Wrong." His acceptance of Islam is also very famous.

AS CALIPH

Sayyiduna Umar (radi Allahu anhu) was a very brave and straight-forward person. He was tough and uncompromising in Islamic principles. He was a great and talented ruler. During his Khilaafat, vast areas of the Roman and Persian empires and the whole of Egypt were brought under Islamic rule. He was also a gifted orator. He was very concerned for the welfare of the Muslims. He left a honourable legacy for Muslims after him. The Holy Quran was given to him by Sayyiduna Abu Bakr (radi Allahu anhu) for safe-keeping.

APPOINTED NEW COMMANDER

Sayyiduna Umar (radi Allahu anu) was a strong disciplinarian. He noticed the tremendous popularity of Sayyiduna Khalid bin Walid (radi Allahu anhu). He felt that people will lose trust in Almighty Allah and put all their trust in Sayyiduna Khalid bin Walid (radi Allahu anhu). He feared that the people may think too highly of him, thereby possibly increasing the self-esteem of Sayyiduna Khalid bin Walid (radi Allahu anhu) which would also breed arrogance, so he removed Sayyiduna Khalid (radi Allahu anhu) and appointed Sayyiduna Abu Ubaidah bin Jarrah (radi Allahu anhu) as the Commander in Chief of the Muslim army.

Sayyiduna Khalid bin Walid (radi Allahu anhu) happily accepted the orders of Sayyiduna Umar (radi Allahu anhu) and then served as an ordinary soldier. This is an example of the Islamic teachings of obedience to leadership!

DEFEAT OF THE PERSIANS

Sayyiduna Khalid bin Walid (radi Allahu anhu) had left Sayyiduna Muthanna (radi Allahu anhu) in command of the Muslim forces on the Iraqi front when he rushed to Yarmuk. Sayyiduna Muthanna (radi Allahu anhu) was finding it difficult to counter the enemy and went personally to Madinatul Munawwarah to ask Sayyiduna Abu Bakr (radi Allahu anhu) for re-inforcements. Sayyiduna Abu Bakr (radi Allahu anhu) had by that time passed away.

Sayyiduna Muthanna (radi Allahu anhu's) absence from the Iraqi front made things worse there. The Iranians regrouped under the command of Rustam and recaptured the lands taken by the Muslims. Rustam sent 2 columns of his army, one to Hirah and the other to Kaskar.

Sayyiduna Umar (radi Allahu anhu) sent Sayyiduna Abu Ubaidah (radi Allahu anhu), as Commander, to deal with the situation. Both the Persian columns were defeated. Rustam sent an even larger army and defeated the Muslims.

Sayyiduna Umar (radi Allahu anhu) raised another army and defeated the Persians. But the Persian court sent yet another larger army, and forced Sayyiduna Muthanna (radi Allahu anhu) to withdraw. The report of the new situation was sent to Sayyiduna Umar (radi Allahu anhu) and reinforcements under the command of Sayyiduna Saad bin Abi Waqqas (radi Allahu anhu) were sent.

The Persian and Muslim army met at Qadisiyah. After a long battle on several fronts, the outnumbered Muslim army defeated the 120 000 Persian soldiers and recaptured Hirah and their areas in the year 14 A.H. (636 C.E).

DEFEAT OF THE ROMANS

Muslims laid siege to Damascus during Sayyiduna Abu Bakr (radi Allahu anhu's) rule as Caliph. It continued, after he passed away, and lasted 70 days during the rule of Sayyiduna Umar (radi Allahu anhu). After the long siege, Sayyiduna Khalid bin Walid (radi Allahu anhu) took the Romans by surprise and entered the city. The Governor surrendered and a peace treaty was signed.

CONOUEST OF JERUSALEM

Meanwhile, Sayyiduna Amr ibn As (radi Allahu anhu) was laying siege to Jerusalem. Sayyiduna Khalid, Sayyiduna Abu Ubaidah and other Sahaba (radi Allahu anhumul ajma'in) also joined him. The Christians had little hope and decided to give in. They also suggested that the keys of Jerusalem be given to Sayyiduna Umar (radi Allahu anhu) himself personally. Sayyiduna Umar (radi Allahu anhu) went to Jerusalem. An agreement was signed that guaranteed the safety of the city and the safety of the Christians.

ASSASSINATION

A Persian non-Muslim, named Firoz and nicknamed "Abu Lulu," complained to Sayviduna Umar (radi Allahu anhu) about his master, Sayyiduna Mughirah bin Shuba (radi Allahu anhu), who imposed tax on him. Sayyiduna Umar (radi Allahu anhu) told Firoz that the tax was reasonable. This made Firoz angry.

The next day, during the Fajr Salaah, he stabbed Sayyiduna Umar (radi Allahu anhu) 6 times in the back, severely wounding the Caliph. Sayyiduna Umar (radi Allahu anhu) passed away 3 days later in 23 A.H. He was 63 years old. He ruled the Islamic State for 10 years, 6 months and 4 days.

REFORMS

In a short space of 10 years, Sayyiduna Umar (radi Allahu anhu) had been well-known for his outstanding achievements and reforms in Islam. Some of these reforms were:-

- 1. He established the "Baitul Maal" (People's treasury for the state and public).
- 2. Judicial courts of Justice were set in the country. Judges and Magistrates handled all cases.
- 3. Establishment of an army headquarters for the defence of the country.
- 4. Construction of roads and canals.
- 5. Schools were established. Salaries for Imams, Mu'azzins and Ustaads were organized.
- 6. Masjids were improved and built in Makkatul Mukarramah and Madinatul Munawwarah. This included facilities for the Haajis.



GREAT PERSONALITY OF ISLAM

- Police Stations and prisons were built.
- 8. Establishment of the first Islamic Lunar calendar beginning from the Hijrah.
- 9. Proper weights and measures introduced.
- 10. Population census established.
- 11. Built orphanages and welfare
- 12. Established proper punishment system and banned slavery.

PERSONAL LIFE

Simplicity and devotion were the main characters of Sayyiduna Umar (radi Allahu anhu). He used to wear clothes that had many patches and yet received Governors, convoys and diplomats. He took just enough allowance from the State to have a simple meal and wear simple clothes. At times he was very poor. He used to visit the old people and sick and even do their house work. He used to visit the houses of the soldiers and inquire about their families. He stayed awake at night in Salaah and often kept Fast. He always supported and upheld the cause of Islam, with his wisdom, energy, dynamism, bravery and little wealth.

Introduction

Hazrat Umar belonged to the Adi family of Quraish tribe. In the 8th generation, his lineage joins with Rasulallah .

He was born in 583 A.C., about forty years before the great Hijrah. The early life of Hazrat Umar is not known in detail. In his youth he was a famous wrestler and orator, and a spirited person. He was one among the few people in Makkah who knew how to read and write. His main occupation was business.

When the Rasulallah recieved the revelation and invited people to Islam, Hazrat Umar initially became the sworn enemy of Islam and Rasulallah, and did not hesitate to harm the Muslims at every opportunity.

Hazrat Umar's acceptance of

It was the sixth year of Rasulallah 's mission when the leaders of Quraish called a meeting and asked for volunteers for the assassination of Rasulallah . Hazrat Umar offered himself for this job and everybody in the meeting exclaimed that he was the right person for it.

While he was on his way, with a sword in his hand, he met Hazrat Sa'd bin Abi Waqqas who enquired of him about where he was going. Hazrat Umar told him that he was going to murder Rasulallah . After

some discussion Hazrat Sa'd said, "You had better take care of your own family first. Your sister and brother-in-law both have accepted Islam".

Hearing this, Hazrat Umar changed his direction and went straight to his sister's house. When Hazrat Umar knocked at the door, they were being taught the Holy Qur'anby Hazrat Khabbab . His sister Fatima was frightened on hearing Hazrat Umar's voice and tried to hide the portion of the Holy Our'an she was reciting. When Hazrat Umar entered the house he enquired about their Islam and on finding that they had accepted Islam, he first fell upon his brother-in-law and beat him severely. When his sister intervened he smote her so violently on her face that it bled profusely. On this his sister burst out: "Do whatever you like, we are determined to die as Muslims".

When Hazrat Umar saw his sister bleeding, he cooled down and felt ashamed. He loved Fatima very much but could not tolerate her conversion to Islam. However, deeply moved, Hazrat Umar asked her to show the pages on which the Holy Qur'an was written. But she was, after all, Hazrat Umar's sister and told him straight, "You can not touch it unless you take a bath and make yourself clean".

He then took a bath and read the scripts. It was the beginning of Surah Ta Ha (Chapter 20 of the Holy Qur'an). Finally he came to the verse:

"Lo! I even I, am Allah, there is no god save Me. So serve Me and establish Salat for My remembrance."

(Holy Quran - 20:14)

At this, Hazrat Umar exclaimed, "Surely this is the Word of Allah. Take me to Muhammad ".

On hearing this Hazrat Khabbab, who had hidden himself in the house, came out from inside and said, "O Umar! Glad tidings for you. It seems that the prayer of the Rasulallah which he said last night has been answered in your favour. He prayed to Allah: "O Allah, strengthen Islam with either Umar b. Khattab or Umar b. Hisham. whomsoever Thou pleaseth".

Hazrat Umar then went to Rasulallah . On seeing him, Rasulallah asked him, "Umar! what brings you here"? He said, "I am here to accept Islam".

Hearing this the Muslims shouted with joy, "Allahu Akbar! (Allah is the Greatest)" and the sound echoed though the air of Makkah.

As a matter of fact, Umar's conversion to Islam was a terrible blow to the morale of the disbelieves. Hazrat Abdullah bin Mas'ud, a great Companion, says, "Hazrat Umar's conversion to Islam was a great triumph, his emigration to Madinah a tremendous

reinforcement and his accession to Caliphate a great blessing for the Muslims".

Hazrat Umar gets the title of Al-Faroog

The conversion of Hazrat Umar strengthened Islam.

Before this, Muslims had lived in constant fear of the disbelievers, and most of them were concealing their faith. The Muslims were now able to offer their Salat publicly. When Hazrat Umar became a Muslim, he declared his faith openly before the Quraish chiefs. Though they stared at him, they could not do any harm to him. Then once he had been granted permission from Rasulallah , he led a party of the Muslims to the Kabah to offer Salat. Hazrat Hamza, who had accepted Islam a few days before Hazrat Umar, carried another party of the Muslims to Kabah.

When all the Muslims gathered in the Kabah, they offered their Salat in congregation. Rasulallah led this, and it was the first public Salat in the history of Islam. For this courageous and bold action of Hazrat Umar, Rasulallah gave him the title of al-Farooq i.e., the one who makes a distinction between the right (haqq) and the wrong (batil).

Migration to Madinah

When the Muslims were ordered to migrate to Madinah, most of them left Makkah quietly and in secret, but Hazrat Umar declared it openly.

He put on his armour and first went to the Kabah. After performing the Salat, he announced loudly: "I am migrating to Madinah. If anyone wants to check me, let him come out. I am sure that his mother would cry for his life".

There was no man in Makkah to accept the challenge of Hazrat Umar . Then he migrated to Madinah boldly.

Hazrat Umar's services to Islam

Hazrat Umar had great love for Allah and Rasulallah . He participated in almost all the big battles: Badr, Uhud, Ahzab, Khaibar, Hunain etc. In the expedition of Tabuk, he gave half of his wealth in the path of Allah.

He was next to Hazrat Abu Bakr in the sacrifice of his belongings for the cause of Allah.

Rasulallah also had a deep love for him. Once he remarked, "Were a prophet to come after me, he would have been Umar".

In another Hadith mentioned in Bukhari, Hazrat Abu Hurairah narrated said, "In Bani Isra'il that Rasulallah (Israelites), there were people who were not



GREAT PERSONALITY OF ISLAM

prophets but talked to Allah. Were anyone in my Ummah like those persons, he would be Umar".

The death of Rasulallah was a great shock to him, and he could not believe it until Hazrat Abu Bakr reminded him of a clear verse of the Holy Qur'an on the subject. He then went to the Council Hall along with Hazrat Abu Bakr where the people of Madinah had assembled to select the First Caliph.

Hazrat Umar was the first person to pledge loyalty (Bai'at) at the hand of Hazrat Abu Bakr, and then helped him throughout the duration of his rule.

Hazrat Umar Farooq - the second Khalifa of Islam

During Hazrat Abu Bakr's illness he consulted the people about the next Khalifah, and then gave his decision in favour of Hazrat Umar who took the charge of Khilafat after the death of Hazrat Abu Bakr on 22nd of Jamadius Thani 13 A.H. (23rd August 634 AC).

Umar (R.A.) followed fully the ways of Rasulallah and the policy of his predecessor, Hazrat Abu Bakr Siddique, with his characteristic zeal and vigour. It was his strict adherence to the Sunnah of Rasulallah which helped him to subdue the mighty empires of Persia and Byzantine.

The period of Hazrat Umar's Khilafat undoubtedly is the Golden Age of Islam in every respect.

He was a man of extraordinary genius who not only moulded the destiny of the nation but made history of his own.

He followed the footsteps of Rasulallah to the fullest extent. It was Hazrat Umar under whose rule Islam became an international power and the mighty empires of Persia and Byzantine crumbled before the army of Islam.

Within ten years of his glorious rule, the whole of the Persian Empire, Syria, Palestine, Egypt and a part of Turkey came under the banner of Islam and the nations entered the fold of Islam.

He was not only a conqueror but also an exemplary administrator who originated an efficient system of administration, and thus he was the real founder of political system of Islam. He enforced Divine Law (Shari'ah) as the code of a newly formed International Islamic State; he safeguarded the internal safety by introducing the police force: he gave stipends to the poor; he constructed cantonments and forts for the safety of Islamic armies; he founded new cities for the growth of Islamic culture and civilisation; he improved agriculture and economics of the Islamic State; he founded the educational system in an

Islamic State; in brief he was the founder of a great Islamic State.

Fall of the Persian empire

During the time of Hazrat Abu Bakr, Hazrat Khalid bin Walid conquered part of the Persian Empire known as the Kingdom of Hira. Then he was ordered by Hazrat Abu Bakr to join the expedition to Syria.

At the time of his departure, he appointed Muthanna bin Harith as the commander of the Islamic army. The Persians became furious at the loss of the kingdom of Hira and the Emperor sent a large army under the command of a very famous General, Rustam the Commanderin-Chief of Persian armies.

In view of the growing pressure of Persians, Muthanna requested Hazrat Umar for reinforcement. At that time there was a large gathering of Muslims in Madinah waiting to take pledge of loyalty (Bai'at) at the hand of the new Khalifa (Hazrat Umar). He put the matter before the Muslims but did not get any response in the beginning. Then Hazrat Umar in his sermons stressed the importance of Jihad and a large number of Muslims volunteered to help Muthanna against the Persians. Abu'Ubaid ath-Thaqafi was appointed as the commander of the Islamic army comprising five thousand men. In the meantime Persians attacked the places conquered by Muslims and they lost some of them. In the early stage of the battles Rustam sent his subordinates to face Muslims.

It is reported from Hazrat Ibn Umar that Hazrat Umar dispatched an army to Persia, making a man called Sariyya the leader of it. It is said that one day Hazrat Umar was delivering the Friday sermon in Madinah. In it he said loudly "Ya Sariyya al-jabal!" which means "O Sariyya, [towards] the mountain!", and then resumed the sermon.

After a month a courier came from the army bearing of good news. He said, "The people of the army heard Hazrat Umar 's voice on that day. We all went towards the mountain and Allah made us victorious."

The severe famine and plague

In the year 17-18 A.H, Hijaz and Syria were faced by severe famine and drought. Hazrat Umar took steps to get food supplies from Egypt, part of which had been conquered by Hazrat Amr bin al-'As . He sent three big ships of grains to Madinah which were unloaded in the presence of Hadzrat Umar . He himself distributed the grains among the needy.

Hazrat Umar did not take any delicacy (butter etc.) during the famine period. When he was requested to take care of his health, he said, "If I don't taste suffering, how can I know the sufferings of others?"

When the famine became intolerable, he prayed to Allah in a big gathering of Muslims. It has been narrated that the prayers had not even finished when rains started to pour down.

About the same time, plague spread in most parts of Iraq, Syria and Egypt and it caused great havoc not only to civilians but also to the Muslim armies. After the plague, Hazrat Umar went to Syria to inspect the losses caused by the plague. Three important figures, Hazrat Abu Ubaidah, Mu'adh bin Jabal and Yazid bin Abu Sufyan had passed away. He appointed Mu'awiyah bin Abi Sufvan as the Governor of Damascus in place of his brother Yazid bin Abi Sufyan.

Martyrdom of Hazrat Farooge-Azam

In 23 A.H., when Hazrat Umar returned to Madinah from Hajj, he raised his hands and prayed:

"O God! I am advanced in years, my bones are weary, my powers are declining, and the people for whom I am responsible have spread far and wide. Summon me back to Thyself, my lord!"

Some time later, when Hazrat Umar went to the mosque to lead a prayer, a Magian named Abu Lulu Feroze, who had a grudge against Hazrat Umar on a personal matter, attacked him with a dagger and stabbed him several times. Hazrat Umar reeled and fell to the ground.

When he learned that the assassin was a Magian, he said, "Thank God he is not a Muslim."

The injuries were so serious that the great Khalifa died the next morning.

Before his death, the Muslims asked him about his successor and he appointed a panel of six persons; Hadrat Uthma Zubair, Talha, Sa'd bin Waqqas and Abdur Rahman bin 'Auf to select a Khalifah from amongst them within three days after him.

He requested Hazrat Aisha permission for his burial beside Rasulallah, just as Hazrat Abu Bakr Siddique expressed the same wish. Though she had reserved that place for herself, on Umar's request she gave it to him and that is where he was buried.

Character and Piety

He was extremely pious and Godfearing. His success lay in two things: fear of Allah and his love for Rasulallah

He never used even oil from the Baitul Mal (Public Treasury) to burn a lamp at night for his personal needs. Whenever he finished the official work he put off the lamp. He used to patrol in the city at night to find out the needs and requirements, and conditions of the people.

GREAT PERSONALITY OF ISLAM

He did not hesitate to take his wife to work as a midwife for a poor woman. The salary he got from the Baitul Mal was so low that it was hardly enough for him and his family's needs. When some of the eminent Muslims requested him to increase the amount he said, "Rasulallah has left a standard by his personal example. I must follow him".

Hadrat Umar was one of the most just rulers in Islamic History. All the citizens, including the Khalifa himself, were equal before law.

Once he appeared before a court in Madinah to clarify his position against a complaint. The Oadi (judge) wanted to stand in his honour, but he did not allow him to do so, so that there would be no distinction between him and an ordinary person before Law.

He was really the founder of the modern democratic system.

In short, he was a perfect example of an ideal character, and was the greatest Khalifah of Islam after Hazrat Abu Bakr .

He selflessly devoted his whole energy for the cause of Islam and the Muslim world will always be indebted to him for his great achievements.

Hazrat Umar as a Great Scholar

Before the advent of Islam there was no tradition in Arabia of reading or writing. There were only seventeen people amongst the Quraish who could read or write at the time when Rasulallah started to receive Divine revelations.

Hazrat Umar was one of those seventeen persons. His writing and lectures are still found in some old books.

The first address he gave as a Caliph was: "O Allah, I am strict, make me soft. I am weak, give me power. The Arabs are like refractory camels, I will endeavour to bring them to the straight path."

He was also interested in poetry and sometimes he composed verses. Hazrat Umar was one of the most fluent of the Quraish in language.

Arabic-knowing persons can appreciate the fluency of his writings and addresses. Many of his sayings became aphorisms of literature.

was a great Jurist and Theologian of Islam. Because of the fear of making any mistake, he did not quote many Ahadith even though he was fully conversant with them. He never allowed a person to quote any Hadith which was not well known without producing any attestator in support of it.

If somebody quoted a Hadith before him which he had never heard, he at once asked him to bring a witness; failing which he would be punished.

He was expert in deriving laws from the Holy Qur'an and the Hadith. A full volume could be complied out of the verdicts and judgements given by Hazrat Umar . As a matter of fact he opened a new door of Ijtihad (disciplined judgement of a jurist) in the history of Islamic Law and Jurisprudence, and settled a number of disputable cases during his Khilafat.

Preaching of Islam

As the viceroy of Rasulallah foremost duty was to spread and preach Islam. As mentioned above, the aim of various battles and wars was to clear the way for the Muslims for preaching Islam.

Whenever any army had to attack a place, they had to call the inhabitants of the place to Islam. Hazrat Umar was very strict in this respect and he had given standing orders to the commanders not to start war unless they had first invited the people to Islam. If they accepted it, there was no question of war and if they did not, then the war was fought only with those who were not giving a free hand to Muslims to preach the Right Path.

No person was ever forced to forsake his own faith and accept Islam.

The method adopted to preach Islam was demonstration by actual practice. For this purpose he ordered Muslims to establish their own quarters and present the practical shape of Islam before the population. Seeing the truthful way, the inhabitants of the place were attracted towards Islam. No soldier was allowed to take any property or anything by force from the conquered people.

Because of fair treatment by the Muslims, sometimes the whole army of the enemy accepted Islam.

After the battle of Qadisiya, a battalion of four thousand Persians accepted Islam. After the victory of Jalula, the chiefs of the place entered the folds of Islam along with the inhabitants. A commander of the army of Yadzgird, named Siyah accepted Islam with his battalion during a battle in Persia. All the inhabitants of the town of Bulhat in Egypt accepted Islam at one time without the use of any force only by seeing the piety of the Muslims. A rich merchant and the chief of a place in Egypt, named Shata, accepted Islam with all the inhabitants of the place only after hearing about the character and piety of Muslims at the time when Muslims had not even reached that place.

These are a few examples to show how Islam spread because of the character of Muslims at that time.

Hazrat Umar was very strict in ensuring that no Muslims forced any non-Muslim to accept Islam. Through his advice, letters and addresses, he made it clear to all the Muslims that they had to adhere to the ways of Rasulallah, which was the only method to preach Islam.

Hazrat Umar - the Pioneer of Islamic democracy

Hazrat Umar was the pioneer of modern civilisation who formed a state based upon the Islamic democratic system, the system which was incorporated in the West as late as 19th and 20th centuries.

He was the greatest democratic administrator whose example is unparalleled not only in the history of Islam but also in the history of modern civilisation. A vast part of the Middle East, Persian Empire and Byzantium, was conquered during the ten years of his Khilafat which he consolidated into a state governed by Islam i.e. laws.

The constitution of Islamic Khilafat during the time of Hazrat Umar was based entirely on the Islamic democratic system. All matters were decided after consultation with the Shura (the council of advisors).

He remarked, "It is essential for a Khalifah to consult his Shura." Once he said, "I do not desire that you may follow anything that arises from my caprice".

Hazrat Umar had clearly stated on various occasions that he should be obeyed as long as he was obeying Allah and Rasulallah .

Muslims and non-Muslims were treated alike. Although the Arab peninsula was declared to be purely an Islamic State, his attitude towards the non-Muslims was very tolerant. He allowed the Jews and the Christians, living in the Peninsula, to stay there if they so wished and nobody would interfere in their religious affairs. To those who desired to migrate he ensured a safe journey up to the borders. Hazrat Umar also gave compensation for their properties and other facilities.

Introduction of the Islamic calendar

For the first time in the history of Islam, Islamic calendar was introduced in the present form by Hazrat Umar .

The date of start of this calendar was fixed as the date of the Hijrah (migration) of Rasulallah . Thus the calendar is also known as the Hijrah Calendar.

Rasulallah's praise about Hazrat Farooq-e-Azam

"If there were to be a Prophet after me, he would have been Umar."- (Tirmidhi)

"Amongst the nations before your time, there have been inspired people (who were not Prophets), and if there is one amongst my Ummah, he is Umar". - (Bukhari and Muslim)

His Demise

Hazrat Umar Farooq Radi Allahu Anhu left this mundane on Ist Muharram A.H.23

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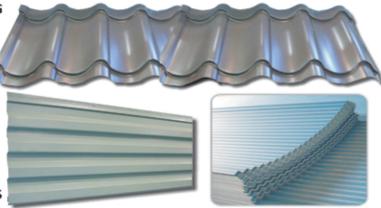
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What is Good Teaching? Batter Teaching:

teacher who is attempting to teach without inspiring the pupil with a desire to learn is hammering on cold iron." - Horace Mann

Teachers! Should You Really Be Teaching?

"They may forget what you said but they will never forget how you made them feel."-Carol Buchner

"The teacher who is indeed wise does not bid you to enter the house of wisdom but rather leads you to the threshold of your mind." - Kahlil Gibran

We know the books are important, the pencil, the computer, the white and blackboard and so are the chairs to sit on, but if there is no motivated and inspiring teacher in front of the chairs, if there is no such teacher to write with chalk on the blackboard and to teach ... then there is no learning, no reading, no math's, no passing on of knowledge, ethics and values, no instilling of a "love to learn ethos" in the student.

All students must have had hundreds of teachers in their lifetimes and a very few of these teachers they would remember as being exceptionally good. What are the qualities that combine to create an excellent, memorable teacher? Why do some teachers inspire students to work three times harder than they normally would, while others inspire students to avoid their classes? Why do students learn more from some teachers than others?

Here I have focused on the four essential qualities that distinguish exceptional teachers:

- Knowledge,
- Communication skills,
- Interest, and
- Respect for students.

Other major qualities that a Good teacher must have are resilience, excellence, determination, conviction, and resolve.

An Experiment
Here's an
experiment I had
done in one of my
earlier assignments.
The results may
surprise you. Go into
one of the classes you
are teaching and have
your students take out

a sheet of paper. Ask them to list for you the qualities they feel are important in a good teacher. Ask them to identify the qualities they admire in the best teachers they have had. Then give the students enough time to think about it and write something down. Five minutes is good, but ten might be better. Let them answer the questions anonymously if they desire.

What you will get if you combine all of the responses is a fascinating collage of ideas. I have found that most of the responses fall into two specific categories:

- 1) a set of "core qualities" that students recognize in good teachers, and
- 2) a set of "specific skills" that are developed by good teachers.

"Core qualities" are the essential characteristics needed to be a good teacher. I would like to concentrate on these core qualities in this article as under.

1. Knowledge

Students have consistently and clearly targeted as the number one quality of a good teacher exactly what you would expect: knowledge of the subject. You must be an expert in your field-both theoretical and practical –preferably with an industry interface and experience if you are going to be a good teacher in a Management college or Business School. This is a prerequisite.

2. Communication

The second core quality that good teachers possess is the ability to communicate their knowledge and expertise to their students. You may be the greatest expert ever in your field, but what would happen if you

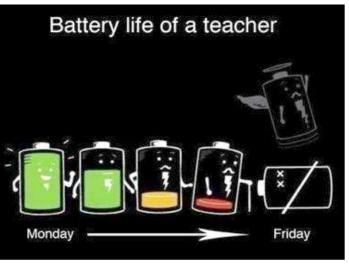
lectured in a style and language the students are not able to comprehend clearly? How much would your students learn?

It is a common misconception at the College level that knowledge of a subject is all that's required to be a good teacher; that the students should be willing and able to extract the meat from what you say-regardless of how it is delivered (even if it is delivered in a incomprehending language or different style).

This might be true at the post graduate level, but elsewhere it is definitely untrue. It is especially untrue at the undergraduate level. The teacher's job is to take advanced knowledge and make it accessible to the students. A good teacher allows students to understand the material, and to understand what it means (because it is one thing to understand how nuclear bombs work, but quite another to understand what nuclear bombs mean).

A good teacher can take a subject and help make it crystal clear to the students. A bad teacher can take that same material and make it impenetrable. Or a bad teacher can devote so little time and effort to preparation that the material presented is intrinsically confusing and disorganized. A good teacher is willing to expend the effort needed to find innovative and creative ways to make complicated ideas understandable to their students, and to fit new ideas into the context available to the student. A good teacher can explain complicated material in a way that students can understand and use.

There is a saying, "Give me a fish and I eat for a day, teach me to fish and I eat





for a lifetime." This is the philosophy of a good teacher. Give your students an answer and they can solve one problem, but show students the techniques needed to find the answer for themselves and they can become self-sufficient in the field. Students need to be shown how to apply the new techniques you teach to problem solving.

3. Interest

A good teacher starts with a firm knowledge of the subject, and builds on that with a clarity and understanding designed to help students master the material. The best teachers then go one step further. Because good teachers are interested in the material being taught, they make the class interesting and relevant to the students. Knowledge is worthless unless it is delivered to the students in a form they can understand. But the effort expended making the material understandable is wasted if the students are disinterested when it is delivered, or if the students can see no point in learning the material.

Good teachers recognise this, and work hard to make their material relevant. They show students how the material will apply to their lives and their careers. Bad teachers make material "relevant" by threatening students with failure on a test. Good teachers go far beyond this: they make students want to learn the material by making it interesting.

This is one of the things that makes industry and business examples so important and vital to learning in a business school or college. Industry interface and practical real life examples make the ideas discussed in class exciting and important to the teacher, as well as to the students. If the teacher isn't interested in what's being taught, then why should the students be?

4. Respect

Good teachers always possess these three core qualities: knowledge, the ability to convey to students an understanding of that knowledge, and the ability to make the material interesting and relevant to students. Complementing these three is a fourth: quality: good teachers have a deep-seated concern and respect for the students in the classroom. Why else would a teacher put in the time and effort needed to create a high quality class?

The creation of a good class requires an immense amount of work. You don't simply come up with clear explanations, industry cases and examples and experiments for the class off the top of your head. You don't create fair, consistent, high

quality tests, questionaires and homework assignments (read "learning experiences") five minutes before you hand them out. You don't figure out ways to integrate new materials and research into a class in an understandable way on your way to your college or institute in the morning. You work at this sort of quality all the time. You spend time with your students so you can learn about holes in their understanding. You read and write and create to build an exciting and interesting class every day. The only thing that would drive you to do that is a concern and respect for the students in your classroom.

Conclusion

"The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires". ~William Arthur Ward

When you strive and work to become a good teacher and to create a good class, the four core qualities are essential: knowledge, the skills to convey that knowledge, the ability to make the material you are teaching

interesting and relevant, and a deep-seated respect for the students. Without these four core qualities, good teaching will just not take place.

Good teachers make learning so much fun that it makes the students feel like they could do anything they wanted to do. The positive seeds teachers plant in their students keep on growing throughout their lives.

"The best teachers teach from the heart, not from the book". ~Author Unknown

"What a teacher writes on the blackboard of life can never be erased". ~Author Unknown

"A good teacher is like a candle - it consumes itself to light the way for others". ~Mustafa Kemal Atatürk, translated from Turkish

Article by Prof. Bhushan Manchanda, MCMI http://www.articlesbase.com/college-anduniversity-articles/what-is-good-teaching-2845299.html

MESSAGE TO A GRADUATE TO GET AN EDUCATION, SOME ARE ULTRA-OTHERS REQUIRE YOU MUST JUMP THROUGH PERFECT TIMING MANY HOOPS MANY WILL SEEM THERE WILL BE MOMENTS YOU WILL BE BURNED UNREACHABLE OF BOREDOM AT FIRST BUT OFTEN, YOUR AND EVEN EMBARRASSED WITH LUCK AND MAGINATION WILL BE COORDINATION, YOU WILL SPARKED REACH THE FINAL HOOP AND ARRIVE AT A PLACE SHOULD YOU STOP NO! NOW YOU MUST JUMPING? WHERE HOOPS ARE SCARCELY HOOPS GRANT SNIDER





Foods to Avoid if You Have Gout?



Gout is a type of arthritis caused by too much uric acid in the blood. When the concentration of uric acid gets too high, sharp urate crystals form. These crystals collect in the joints and cause swelling and intense pain. Gout attacks often come on suddenly and without warning and typically last 12 to 24 hours. The big toe is the most common joint affected, but gout attacks can also affect the ankles, knees, hands, and wrists. If left untreated, gout attacks occur with more frequency and can eventually cause permanent deformations and damage to joints.

Foods to Avoid With Gout

Gout is a type of painful arthritis that can affect one or more joints, but typically occurs in the feet. It is traditionally treated with anti-inflammatory medications and pain relievers. Certain foods trigger an attack; being mindful of what you eat can have a significant impact on your symptoms

Purines, Uric Acid, & Gout

Gout is caused when uric acid crystallizes and builds up in the joints. Uric acid—which serves as an antioxidant and protection for the lining of our blood vessels in normal levels—is created during the breakdown of an organic substance found in foods called purines.

The key to the "gout diet" is avoiding foods high in purines, which are listed on the following slides.

Organ and Other Meats

Purines are highest in organ meats, including liver, sweetbreads, kidneys, brains,

tongue, and tripe, so all organ meats should be completely avoided. All meats contain moderate amounts of purines, so limit intake of all meats to four ounces per day. Examples of meats to be limited include pork, chicken, duck, goose, ham, rabbit, sheep, turkey, lamb, veal, and venison.

Purines are also high in other animalbased foods, such as gravy, bouillon, and chicken soup.

Fish and Seafood

Fish and seafood are also common sources of purines. The worst offenders for people with gout are scallops, sardines, herring, anchovies, and mackerel. Other fish moderately high in purines include tuna, carp, codfish, halibut, perch, salmon, snapper, and trout.

Avoid other seafood such as oysters, lobster, crab, and shrimp also contain high levels of purines and should be consumed in small amounts.



Whole Grains

Even though it may be contrary to everything else you've heard, whole grains such as whole wheat breads and cereals have higher purine content than refined grains. Wheat germ, bran, and oatmeal are all high in purines. Instead, eat refined grain bread (white bread), pasta, and white rice to limit your purine intake. If you want whole grains, limit to no more than two servings per week. Sugars

Sugars are low in purines, but a diet high in refined sugars is linked to other conditions that may worsen gout symptoms, such as obesity and diabetes.

If you need to get your sweet on, choose



fresh fruits. While some have high amounts of natural sugar, they also contain other vital nutrients your body needs. Certain Vegetables

Some vegetables are rich in purines and should be limited to no more than two servings (1 cup raw or 1/2 cup cooked) per week. They include:

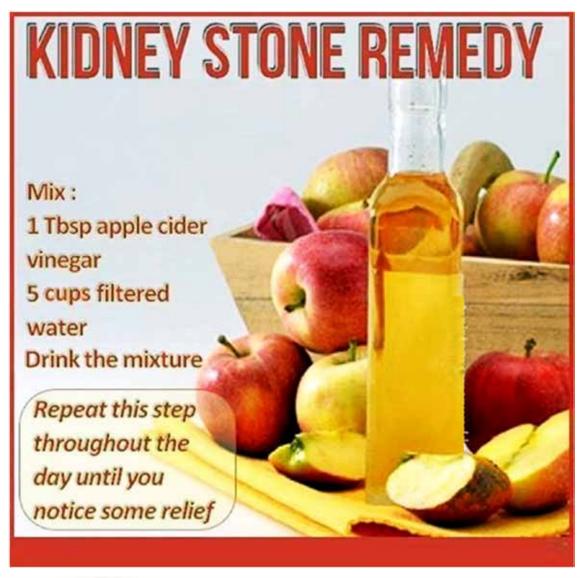
asparagus cauliflower lentils beans peas spinach

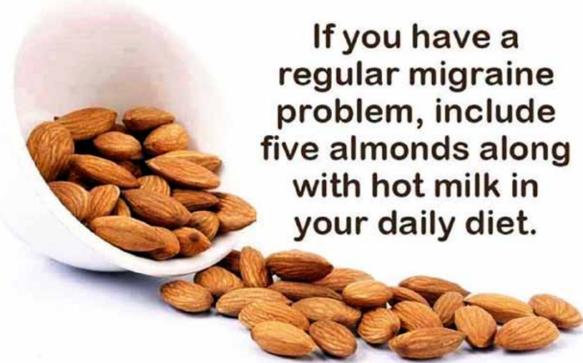
Sticking to a strict diet can help ease symptoms of gout, but because purines are present in so many foods it may be difficult to adhere to. Still, avoiding certain foods is an important part of an overall gout treatment plan



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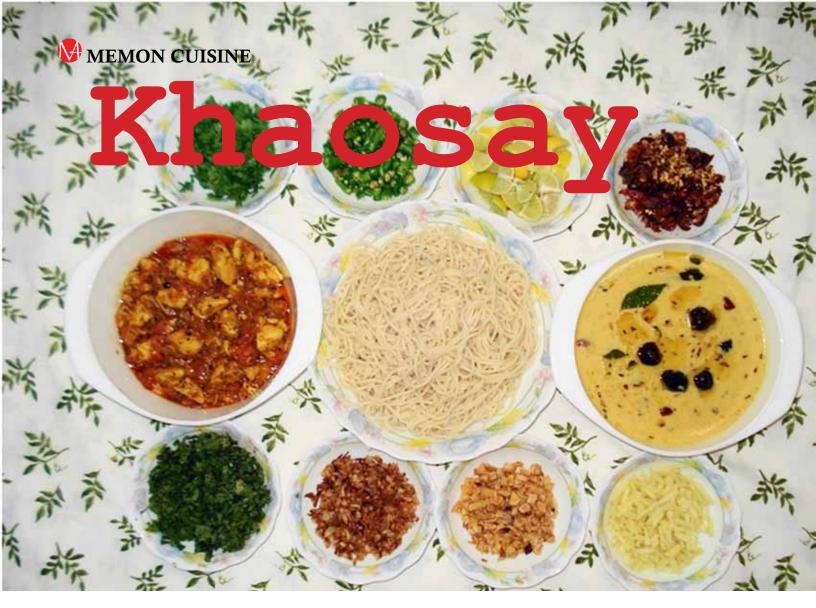
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Ingredients for Khaosay Chicken Curry:

- Boneless Chicken cubes 1/2 kg
- Tomatoes1/2 kg
- Green Chillies chopped 4
- Pounded Red Chilli 1 and 1/2 teaspoon
- Haldi 1/2 teaspoon
- Cumin seed 1/2 teaspoon
- Coriander 1/2 teaspoon
- Salt 1 and 1/2 teaspoon
- Ginger crushed 1 teaspoon
- Garlic crushed 1 teaspoon
- Oil 1 cup

Ingredients For Khaosay Boiled Spaghetti

- Spaghetti 1/2 kg
- Oil 1 tablespoon
- Salt 1 teaspoon
- Water 5 glass

Procedure For Khaosay Boiled Spaghetti

 Boil Water then add Oil, salt and Spaghetti, continue to cook for 20-25 minutes. Remove from flame, cool and drain keep aside.

Procedure for Khaosay Chicken Curry:

- Heat oil in a pan add ginger, garlic and chicken cubes and fry 2-3 minutes, then add spices and tomatoes except green chillies and cook on low flame till chicken is tender.
- Sprinkle green chillies and simmer. Khaosay Chicken Curry is ready.

Procedure for Khaosay Coconut Curry:

- Add besan to the beaten yoghurt and mix well in a pan then add 3 glass of water and all other ingredients and mix well.
- Now cook on a medium flame for 25-

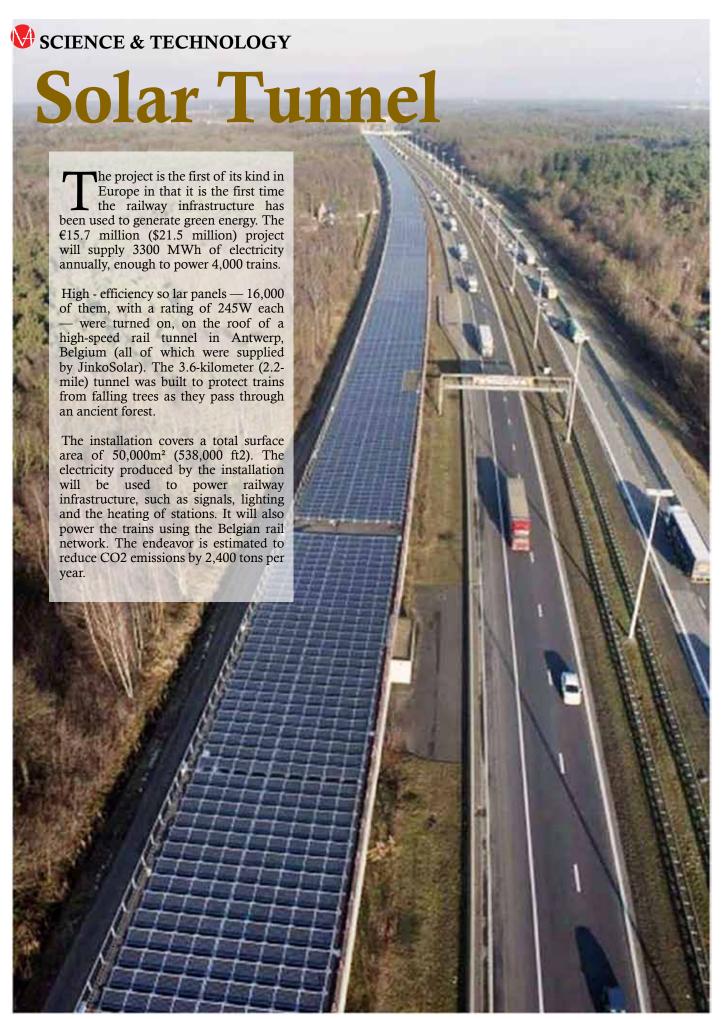
30 minutes. Then apply Tarka.

Tarka Procedure

 Heat 1 table spoon oil in a frying pan, add 3 whole red chillies, 1 teaspoon whole cumin seeds, 6 Karhi patta and fry for 2 minutes then pour over the Karhi

How To Serve:

- There are two procedure of Serving Khaosay
- 1. Arrange all cooked food and garnish separately on a table. Take a deep serving plate, place some boiled spaghetti, then pour over some coconut karhi, then some chicken karhi. At top sprinkle garnish from all variety and squeeze lemon. Then eat with the help pf fork and spoon
- 2. Take a Large Pan place at boiled spaghetti, then pour over all Karhi and at top layer Chicken in layers form then simmer for 5 minutes. From this Remove as much as you need from top to bottom with the help of table spoon into your serving plate and sprinkle garnish.



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How to Achieve Success in Life.

By: Ms Falak Naz Memon (Student) United Arab Emirates

Introduction:

ONLY 5 OF a 100 PEOPLE ACHIEVE SUCCESS IN LIFE Why are there only 5% successful people in the world? Does it mean, that only one person from twenty really achieve success in life? It is not a fable; it is a result of many investigations. The reasons are: -

- People can't really find the way to work on.
- Some can't understand "What is Success". They take it as "Hunting" not "Gardening".
- They don't have courage to take decisions.
- They don't take their failure as feedback.

Factors of Successful Life:

1. Make decisions and take action:

Right or wrong action, they take it. Either way it's always better than making no decisions and taking no action at all. As Franklin Roosevelt said:

"It is common sense to take a method and try it. If it fails, admit it frankly and try another. But above all, try something."

2. Find a purpose (goal) in life:

The Michael Jordan, the Edison and the Stephen Kings have figured out what they want to do in life and are doing it (or did it).

The purpose, I think, is largely why they can keep on going and be motivated while others may tire or just go and do something else that they find more purposeful. The successes love their purpose and when they aligned with it then it seems to push them forward with enthusiasm and energy through life.

3. Do the most productive thing right now:-

Instead of trapping yourselves in doing productive but not so important tasks or projects realise what's most important and do that. And after done with that do what is most important again. Instead of just doing a lot of things, Think and plan before act and try to focus as much as possible of your thoughts and actions on those few very important things.

4. Do one thing at a time:

Avoid multi-tasking. Because it creates internal confusion, wastes time and spreads the multi-tasker too thinly. Instead, do one thing and focus on that until it is done. Then do the next thing until it is done. Focusing 100% on one task at a time will get it done quicker and better.

5. Have positive attitude:

A negative attitude can be very damaging and limiting to one's life. A positive one can open new doors every day. It can open your mind to new ideas and input and create or sustain great relationships. It helps you through the hard times as a successful person often sees an opportunity within what others would merely see as a problem.

Have a look at Take the positively challenge for more thoughts and practical tips for creating a more positive attitude.

6. Learn from Reflection & Redefined failure:

While a lot of people see failure as a way to rationalizing the feeling of wanting to giving up or as a sign that it's actually time to do something else successful people tend to see it more as useful feedback.

They may not like to fail, but they don't fear it – or at least they have little fear of it and they know that if they fail they have been there before and they can start over again and succeed. This is of course a very useful belief and keeps successful people going while the rest have already given up.

7. Value your Time:

Value your time highly & plan it out well. Those who never value their time they never get success & Successful people have a purpose in life and therefore they do. They have so much they want & an inner urge to do it & therefore need to plan well to use their days effectively.

8. Have open mind and will to learn: -

Successful people take the time to study and learn and often seem to really like doing it what is necessary to improve their skills. They are open to thoughts, suggestions, solutions, new information and change rather than thinking they already know everything, that there is not much more to learn and that everything should be as it has always been.

Conclusion:

I am currently focusing on improving my ability to get Positive Attitude, Learn from Reflection and Value my time. To me it seems like these factors are very important and can lead to success not just in professional life but in personal life as well

We all want success in our lives and for success we just don't need to work harder but also smarter. We all need improvement in our Personal, Professional and Social lives. If we adopt the above factors, these will guide us towards the success.

Submitted by Mr.Qasim Abbas, Toronto, Canada

14 House hold Ways To Protect Your Computer From Viruses

omputer viruses are deadly. They often spread without any apparent contact and can be a nuisance, or even worse, fatal to your computer. If you access the internet, share files or your computer with others, or load anything from diskettes, CDs, or DVDs onto your computer, you are vulnerable to viruses.

Fortunately, there are good guys working just as hard as the hackers to develop cures for viruses as quickly as they send them off into cyberspace. And there are many things you can do to keep your computer from catching viruses in the first place.



Defining Viruses:

A virus is a small computer program that can copy and spread itself from one computer to another, with or without the help of the user. However, viruses typically do more than just be fruitful and multiply, which is bad enough in itself because it hogs system resources. Anything else viruses are programmed to do, from displaying annoving messages to destroying files, is called their payload. Often, they cannot deliver their payload until an unsuspecting user does something to make the virus execute its programmed function. This could be as simple as clicking on an innocent looking file attachment with the .exe (executable) extension.

Catching a Virus:

Most viruses are spread through e-mail attachments because it's the easiest way to do it. Although Macintosh, Unix, and Linux systems can catch viruses, hackers are particularly keen on exploiting the security weaknesses in anything Microsoft, particularly Microsoft Outlook and Outlook Express.



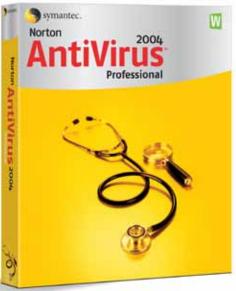
Solution 1: Anti-virus Software

Your first line of defense is to install antivirus software. To be extra safe, also install firewall software, which is now included in some anti-virus packages. This software can scan all of your drives for viruses and neutralize them. Here are some features to consider when evaluating anti-virus software.

Compatibility with your operating system - Make sure the software works with your system, particularly if you are using an older operating system like Windows 98.

Firewall software - If it's not included, find out if it's available. If you must, buy it from another vendor.

Automatic background protection -This means your software will constantly



scan behind the scenes for infections and neutralize them as they appear. This provides some peace of mind.

Automatic, frequent updates - Because new viruses appear every day, you'll want regular updates. It's even better if they occur automatically when you connect to the internet. If automatic updating isn't included, you'll have to check the vendor's website and download updates yourself. This is vitally important, because you will not be protected from new viruses if your software is out of date.

Disaster recovery - Software with a recovery utility to help you get your system back to normal after a virus attack is always good to have.

ICSA certification - The International Computer Security Association has standards for the detection rates of anti-virus software. Make sure your software has the ICSA certification.

Technical support - It's a good idea to select a package that offers free technical support, either online or through a toll-free number. If you're ever felled by a virus, you may need it. Some anti-virus software vendors are Symantec Corporation (Norton AntiVirus), McAfee Corporation (McAfee VirusScan), Trend Micro Inc. (PC-cillin), and Zone Labs Inc. (Zone Alarm Suite).

Solution 2: The Virus Scan

If you receive a particularly juicy attachment that you're dying to open, save it on your Windows desktop and run your antivirus software on it first. If it's infected, your anti-virus software may neutralize it, or at least tell you the attachment is too dangerous to open. On the other hand, don't feel guilty if the very thought of saving a potentially damaging file anywhere on your system is enough to quell your eagerness to open it and make you delete it immediately.

Solution 3: Delete first, ask questions later.

When in doubt about the origin of an e-mail, the best thing to do is delete it without previewing or opening it. You can spread a virus just by having people in your address book, even if you don't actually e-mail them anything. They'll receive it from someone else in your address book, which really makes life confusing.

📢 GENERAL KNOWLEDGE

Solution 4: Beware of virus hoaxes

E-mails warning you about viruses are almost always hoaxes. You may be tempted to believe them because you typically receive them from well-meaning friends, who received them from friends, etc. These e-mails themselves usually aren't viruses, but some have actually fallen into the hands of hackers who loaded them with viruses and forwarded them merrily on their way as a sick joke.

Solution 5: Beware of filename extensions

The extension of a filename is the three characters that come after the dot. Windows now defaults to hiding filename extensions, but it isn't a good idea. Just being able to see a suspicious extension and deleting the file before opening it can save you from a virus infection. Viruses often live on files with these extensions - .vbs, .shs, .pif, .Ink - and they are almost never legitimately used for attachments.

Solution 6: Disable the .shs extension

One dangerous extension you can easily disable is .shs. Windows won't recognize it and will alert you before attempting to open an .shs file. The extension is usually just used for "scrap object" files created in Word and Excell when you highlight text and drag it to the desktop for pasting into other documents.

Solution 7: Dealing with double extensions

When you turn on your extensions in Windows, you'll be able to detect viruses that piggy-back themselves onto innocent looking files with a double extension, such as happybirthday.doc.exe. NEVER trust a file with a double extension - it goes against Nature.

Solution 8: Beware of unknown .exe files

A virus is a program that must be executed to do its dirty work, so it may have an .exe extension. Unfortunately, this is the same extension used by legitimate program files. So, don't panic if you find files named Word.exe or Excel.exe on your system - they're your Microsoft software. Just don't EVER open any file with an .exe extension if you don't know what the file's purpose is.

Solution 9: Watch out for icons

Viruses in attachment files have been known to assume the shape of familiar looking icons of text or picture files, like the wolf in the hen house. If you recieve an unexpected attachment, don't open it without first running it through your anti-virus software.

Solution 10: Don't download from



public newgroups

What better place for a hacker to lurk and stick his virus than in the middle of a crowd? Sooner or later, someone's bound to download it and get the virus going. Don't download files and programs from newsgroups or bulletin boards, or open attachments sent from strangers in chatrooms ("Let's exchange pictures!") without first scanning with your anti-virus software.

Solution 11: Avoid bootleg software

This may seem like a no brainer, but sometimes that tiny price tag on a popular but expensive package can be too good to resist. Resist it! Likewise, be careful about accepting application software from others. You don't know where it's been, and what may have started out as a perfectly clean package could



have become infected during installation on someone else's infected computer.

Solution 12: Protect macros in MS Word, Excel, and Powerpoint

A common type of virus uses macros. Macros are sets of stored commands that users can save as shortcuts to perform long functions in just a few keystrokes. A macro virus may perform such mischief as changing file types from text files or spreadsheets into templates, locking up keyboards, and deleting files. Word, Excel, and PowerPoint come with macro virus protection. To make sure yours is activated, open each application, then click Tools menu | Macro | Security. On the Security Level tab, make sure Medium or High is selected. Clcik OK.

If you are already infected with a macro virus, you may find that the steps of this procedure are unavailable becasue the virus has disabled them. In that event, run a virus scan on your system to see if your anti-virus software can kill the virus.

Solution 13: Use passwords

If you share your computer, it's a good idea to assign everyone a password. Passwords should be a combination of letters and numbers no less than eight characters long, and preferably nonsensical. Never write passwords and stick them anywhere near the computer. To assign passwords in Windows XP, click the Start button | Control Panel | User Accounts. Follow the prompts to assign/change passwords.

Solution 14: Update application software

Microsoft constantly issues patches for the security holes in its operating system and applications software. however, don't be lulled into complacency if you have Windows Update automatically checking things for you. Update checks for patches to repair bugs in the operating system, not for security problems.

Last Words:

Now that you know some ways for avoiding and dealing with viruses, let's wrap things up with some solution you've probably heard before but have ignored.

Back up your files regularly - If a virus crashes your sytem, you'll feel much better if you've got backup copies of all your important files. Make the backup copies on a media that's separate from the computer, such as on diskettes, CDs, or zip disks. Scan them for viruses before you put them away to make sure they aren't infected. If they are, they'll do you no good if you ever have to use them because they will just transmit the virus right back onto your computer.

Make a boot disk - Create an emergency boot diskette before you have a problem so you can start your computer after a serious security problem To make a boot diskette with Windows XP, put a blank floppy disk in the drive. Open My Computer, then right click the floppy drive. Click Format. Under Format options, click Create an MS-DOS startup disk. Click Start. Keep the disk in a safe place. With luck, you'll never need to use it.

Turn off you computer - DSL and cable connections that are "always on" may be convenient, but you should always turn off your computer when its not in use. Hackers can't get to a machine that's powered off.

Source:http://www.knowledgediary.com/ article-180.html





મેમણ આલમ _(WMO)

ગુજરાતી વિભાગ સંપાદકઃ ઉમર અ. રહેમાન ખાનાણી



ભાંટવા મેમણ સેવા સમિતિનો વાર્ષિંક મેળાવડો જનાબ ખાનબહાદુર ગુલામમહંમદ મુન્શી બાર-એટ-લો પ્રમુખસ્થાને માણસોની ગંજાવર હાજરી

તા. ૧૦-૧૨-૩૧ના રોજ રાત્રે નવ બજે મેમણ સેવા સમિતિનો વાર્ષિંક મેળાવડો જનાબ ખાન બહાદુર ગુલામ મહંમદ મુન્શીના પ્રમુખપણા હેઠળ બુખારી રોડ ઉપર ભરવામાં આવ્યો હતો જેમાં બહાર ગામના મહેમાનો તેમજ બાંટવાની જાહેર પ્રજાએ અપૂર્વ ઉત્સાહથી ભાગ લીધો હતો.

શરૂઆતમાં મિ. અ. હબીબ સાલે મહંમદે કુઆંન શરીફની તિલાવત કરી હતી પછી કો. એ.કી. અબ્બાસીએ જનાબ ખાન બહાદુર સાહેબની ઘટતા શબ્દોમાં પબ્લીકને પીછાન કરાવી હતી. મેળાવડાનું કામ શરૂ કરતાં જનાબ ખાન બહાદુર સાહેબ શરૂઆતની ઉદ્ભાં સ્પીચ કરતાં મુસ્લિમ–દરોમાં ઉદ્ભાં ઝબાન વાપરવા ઉપર ભાર મૂક્યું હતું અને આગ્રહપૂર્વંક તેમ કરવા કહ્યું હતું.

કામની શરૂઆત થતાં નજમો પઢવામાં આવી હતી ત્યાર બાદ રહેમતુલ્લાહ હાજી કરીમે સંસ્થાનો વાર્ષિંક રિપોર્ટ તથા આવક–જાવકનો હિસાબ વાંચી સંભળાવ્યો હતો. તથા બહારગામના મુબારકબાદીના આવેલા સંદેશા વાંચી સંભળાવ્યા હતા.

તે પછી મિ. અલીમહંમદ અહમદે સેવા ઉપર છટાદાર ભાષણ આપ્યું હતું. બાદ મદ્રસએ ઈસ્લામીયાના હેંક માસ્તરે કેળવણી ઉપર ભાષણ કર્યું હતું.

પ્રમુખ સ્થાનેથી જનાબ ખાન બહાદુર સાહેબે મનન કરવા ચોગ્ય હોય તેજ વધારે સારૂં ઉપરાંત પડલીક સંડાસો ઉપર ભંગીયાઓની સારી રીતે ગોઠવણ થવી જોઈએ અને તે માટે અરજ કરવા જોઈએ એવી



ભાષણ કર્યું હતું. સંસ્થાના રિપોર્ટ ઉપર બોલતા તેઓ સંસ્થા તરકથી ઉપાડવામાં આવેલ પાંચમાં અંગ્રેજા દ્યોરણના કાર્યની તથા સંસ્થા કેળ વણીના કામમાં ઉત્સાહ લીએ તેની પ્રશંસા કરી હતી. સંસ્થા તરકથી માંડવીની લંડત ઉપર બોલતા બાંટવામાં જગાત આપવામાં આવે છે તેની રસીદ મલતી નથી અને કયા માલ ઉપર શું જગાત છે તેનું લિસ્ટ જાહેર પ્રજાને મલતું નથી તે ઉપર શબ્દોમાં ટીકા કરી હતી અને ચાલ્ ४भानामां आवी जाजत इडत બાંટવાની વસ્તીજ પોતાની નબળાઈને અંગે સહન કરી લીએ છે એમ જણાવ્યું હતું. તે પછી સંસ્થા તરકથી જાહેર પાચખાનાઓની લડત ઉપર બોલતાં તે સંબંધમાં રાજ્ય તરકથી બેદરકારી રાખવામાં આવી છે તે માટે અકસોસ જાહેર કર્યોં હતો અને કહ્યું હતું કે આવા ભાંગેલા તૂટેલા અને ગંદા સંકાસો કરતા પાચખાનાઓ ન રાખવામાં આવતા

તેઓએ સલાહ આપી હતી.

સંસ્થા તરફના શીળી તપાસના કામ ઉપર બોલતા તેઓએ જણાવ્યું હતું કે મે. ન્યાયાધીશ સાહેબ તમારી સાદી માંગણીઓ જેવી કે શીળી તપાસ વખતે વોલીન્ટીચરોની હાજરી સ્ત્રીઓ તથા મરદોને અલગ રાખવા વગેરે ચોગ્ય માંગણીઓ हती अने ते भाटे तथा जीका કાર્યોમાં જાહેર પ્રજાએ સંસ્થાને ઉલટથી સાથ આપવો જોઈએ એવી અપીલ કરી હતી. ઉપરાંત મેમણ કોન્કરન્સના હરાવો અમલમાં મૂકવાનું સંસ્થા કામ ઉપાડનાર છે તથા વોલીન્ટીચર કોર સ્થાપનાર છે તે સાંભળી પોતાનો સંતોષ જાહેર કર્યોં હતો તે બાદ સર્વે સંસ્થાએ મલી દરેક સંસ્થાના બે બે પ્રતિનિધીઓ રાખી એડવાઈઝરી બોર્ડ સ્થાપવાનું અને કોઈ સંસ્થા નવું કામ ઉપાડવા માંગતી હોચ તો पोताना

G-01

W GUJRATI SECTION

પ્રતિનિધીઓ મારફત તે દરખાસ્ત આવી બોર્ડમાં શરૂઆતની ચર્ચા માટે મોકલે અને બોર્ડ ઠરાવ રજૂ કે તે મુજબ વર્તવામાં આવે તો વધારે સરળતાથી કામ થઈ શકે અને સર્વેનો સહકાર મેળવી શકાય એવી ઉમેદ તેઓએ દર્શાવી. ઉપરાંત સંસ્થાની દરેક કાર્યોના વખાણ કરી મેમણ કોમને અપીલ કરી હતી કે સંસ્થામાં સારી સંખ્યામાં મેમ્બરો થવું જોઈએ. ટૂંકમાં જાહેર પ્રજામાં જાહેર કામ માટે જુસ્સો ઉત્પન્ન કરવાને પૂરતું તેમનું જોરદાર ભાષણ સાંભળી પબ્લીક ખુશ થઈ હતી.

તે બાદ સેક્રેટરીએ પ્રેસીડેન્ટ ખાન બહાદુર સાહેબનો કુતિયાણા માણાવદરના તથા બીજા મહેમાનોનો તથા જાહેર પ્રજાનો આભાર માન્યો હતો પછી હારતોરા પહેરાવવામાં આવ્યા હતા અને મોડી રાત્રે મેળાવડો ખતમ થયો હતો. તા. ૧૧–૧૨–૩૧ના સવારમાં જનાબ ખાન બહાદુર સાહેબ જાુનાગઢ રવાના થયા હતા.

અમરેલીની ખબરો જુન-૧૯૨૯

૧. મોહર્રમના દસ દિવસ પુર જોરશોરથી પસાર થયા. મુસલમાની નવમી તારીખે રાતના બાર વાગે સરઘસ નીકળી મોડી રાતના પાછું ફર્યું હતું. દસમી તારીખે દિવસના હોઈને तालूत नीडसंपाना ગામકામાંથી आदुवादुना હજારોની સંખ્યામાં લોક જમા થયા હતા. બરોબર બે વાગતાં પ્રોસેસન મુકર્રંટ કરેલા રસ્તાએ ફરી લગભગ છ વાગે લાચબ્રેરીના મેદાનમાં આવી પહોંચ્યું હતું. અહીં સર્વે ઓફિસરો તેમજ મેમણ આગેવાન શેઠ સાહેબો રાબેતા મુજબ હાજર રહ્યા હતા. આ વખત તાબૂતની સંખ્યા પાંત્રીસની હતી. સાત વાગતાં મેળ ાવડો ખલાસ થયો હતો.

- ર. આ પખવાડિયાની શરૂઆતમાં લગભગ બે ઈંચ વરસાદ પડયો હતો. છેલ્લા છ દિવસથી વરસાદ બિલ્ફુલ નથી. બફારો તાપ બહુજ છે. વરસાદ બે ચાર દિવસમાં થવાની વકી છે.
- 3. તા. રકમી ગુરૂવારે સાંજના ભાઈ ઓસમાન જીવાભાઈ જાપાનની બીજી મુસાફરીએ જવાના હોવાથી અમરેલી મેમણ ચુનિચન કલબ તરફથી તેમના માનમાં સ્ટેશન ઉપર ફૂલહાર તથા પાન સોપારી થઈ હતી. તે પ્રસંગે આગેવાન સાહેબો તથા બીજા ઘણા મેમણો ગૃહસ્થો હાજરી આપી હતી. ૪. મુંબઈની મેમણ ચેમ્બર

ા અંગ કસરતન ત ચાંદ આપવા ાં ૫. ચા ત મેમન કોમન ો અબ્દુલગની ા થોડા વંથલ

અબ્દુલ્લા હાજી અ. કરીમ દુરાન સાહેબ તા. રકમી બુધવારે અહીં પધારવાના હોવાથી આગેવાન શેઠ સાહેબોએ સ્ટેશન ઉપર તેમનું સ્વાગત કર્યું હતું, તેજ દિને સાંજના બોર્ડિંગ હાઉસના મેદાનમાં તેવણ સાહેબના શુભ હસ્તે મિ. દિલાવર તેમના નાના ભાઈ તથા મિ. કોસાણીને (ઈદના દિને સાહસિક અંગ કસરતના પ્રયોગો કર્યાં બદલ) ચાંદ આપવામાં આવ્યા હતા. પ. ચાલુ માસની આખરીમાં

ઓફ કોમર્સના ઓ. સેક્રેટરી મિ.

મેમન કોમના બુઝુગ શેઠ હાજી અબ્દુલગની બેગમોહંમદ સાહેબ થોડા વંથલીના ગૃહસ્થો અત્રે બોર્ડિંગ બાબત પધારવાના છે.

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ટૂચકા

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-જાતજાતના પ્રાણીઓ વેચતી એક દુકાન પર એક ખાતૂને ફોન કરીને પૂછયું કે, "શું તમે મારા ઘરે ૩૦૦ કોક્રોચ (વંદા) મોકલી શકો છો ?"

દુકાનદારને આવા ઓર્ડરથી નવાઈ લાગી એટલે તેણે પૂછી લીધું કે, "મેડમ ! આટલા બધા વંદાઓનું શું કરશો ?"

ખાતૂને જવાબ આપ્યોઃ, "હું આજે ઘર ખાલી કરી રહી છું અને મકાન માલિકે ખાસ તાકીદ કરી છે કે મેં જે હાલતમાં ઘર ભાડે લીધું હતું એજ હાલતમાં પાછું સોંપવાનું છે."

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કાશીફ પોતાના આંગણાના ખૂણામાં ખોદેલા એક ખાડાને પૂરી રહ્યો હતો ત્યારે પાડોશી મૂસા કાકાએ પૂછયું કે, "શું કરે છે બેટા !?" "મારા એકવેરીયમાં પેલી ખૂબસુરત ગોલ્ડફીશ નહોતી ? એને

દફનાવી રહ્યો છું. એ બિચારી મરી ગઈ છે."

કાકાએ નવાઈથી પૂછચુંઃ "આટલી નાનીશી માછલી માટે આવડો મોટો ખાડો ?"

કાશીફે ખાડા પર છેલ્લી માટી પાથરતાં ફોડ પાડચો કે, "મારી માછલી તમારી બેવકૂફ બિલાડીના પેટમાં હતી ને, એટલે !"

ડોકટરે મરીઝના મોમાં થર્મોમીટર મૂકતાં કહ્યું, "જરા એક મિનિટ મોઢું બંધ રાખો."

મરીઝાનો પતિ નજીક જ ઊભો હતો. તેણે આશ્ચર્યની સાથે તરત જ પૂછી લીધું, "સાહેબ! આ ચીજ કેટલામાં મળે છે ?"



બાબા–એ–હાલા**ર**

હાજી અ. કાદર છોટાણી



બાબાએ હાલાર તરીકે

જાણીતા થયેલા જ અ. કાદર

છોટાણીનો જન્મ પડધરી ગામમાં

અને છોટાણી ખાનદાનમાં ઈ.સ.

૧૯૨૧માં થયો હતો. સેવાનો વારસો

તેમના પિતા હાજી નૂરમોહંમદ

છોટાણી તરકથી મળ્યો હતો.

૧૯૪૯માં તેઓ તેમના પિતા સાથે

કરાચી આવ્યા ત્યારે તેમની ઉંમર

ર૮ વરસની હતી અને તેઓ

પડછંદ કાચા ધરાવતા હતા. એ

સમયે તેમના પિતાજી હાજી

ન્રમોહંમદ સેવાના ક્ષેત્રમાં

મોખરેની હરોળમાં હતા અને

અબ્દુલ કાદરને તેમના પાસેથી સેવા

ક્ષેત્રનું સારા જેવું શિક્ષણ મળ્યું

એ સમયે હાલાર મેમણ

જનરલ જમાતની ઓફિસ રણછોડ લાઈનમાં હતી. હાજી નૂરમોહંમદ અને ധിഷ આગે વાનોની કો શિષો થી લોરેન્સ રોડ પર હાલની જગા મેળવવામાં આવી હતી જે અત્યારે બાગે હાલાર તરીકે ઓળખાય છે. 6131 નૂરમો હંમદે क्रभातना સમયના પ્રમુખ જ. વલીમોહંમદ અ. કરીમ દરબાર

અને જ. અ. સત્તાર પારેખ સાથે મળીને બાગે હાલાર ટ્રસ્ટની રચના કરી હતી.

હાજી કાદરના મોટા ભાઈ હાજી ઉસ્માન હાજી નૂરમોહંમદ છોટાણી પણ જમાતના શરૂઆતના વસ્સોમાં તેની કારોબારી સમિતિના સભ્ય હતા અને બાગે હાલારમાં શાળાઓ શરૂ થતાં તેમને શાળા સમિતિના પ્રથમ કન્વીનર બનાવવામાં આવ્યા હતા એના કેટલાક સમય પછી તેઓ હજજે બયતુલ્લાહ પર ગયા ત્યારે તેમનો ઇન્તેકાલ થઈ ગયો હતો.

હાજી અ. કાદર પણ ઘણા વરસોથી જમાતની કામગીરીઓમાં સક્રિય ભાગ લેતા થઈ ગયા હતા. ૧૯૭૧માં તેમને બાગે હાલર ટ્રસ્ટના ચેરમેન નિમવામાં આવ્યા હતા. ચેરમેન તરીકે તેમણે એટલી ઉમદા કામગીરી કરી હતી કે કેટલાક સમય પછી તેમને દ્રસ્ટના આજીવન ચેરમેન બનાવી દેવામાં આવ્યા હતા.

બાગે હાલારની નવી ઈમારતની પાચાવિધિ તેમના હસ્તે તા. ૨૯-૯-૧૯૭૯ના કરવામાં આવી હતી અને બાગે હાલાર જમાતખાના હોલનું ઉદઘાટન પણ તેમના હાથે તા. ૧૬-૧૦-૧૯૮૦ના કરવામાં આવેલ.

સંસ્થા પ્રત્યેની તેમની સેવાઓ તાલીમી, તબીબી અને બીજા ક્ષેત્રોમાં ફેલાચેલી હતી. તેમની આ બધી સેવાઓની કદરદાની તરીકે એક જાહેર સમારંભમાં તેમનું બહુમાન કરીને તેમને 'બાબાએ હાલાર'નો લક્બ આપવામાં આવ્યો હતો.

તેઓ બીજી ખિદમતી સંસ્થાઓમાં પણ સક્રિય રસ લેતા હતા. એમાં મુસ્લિમ એસોસીએશન મોખરે હતી. એક વાર એ સંસ્થાને ભંડોળની કારમી તંગી પડતાં તેનું બધું ખિદમતી કામકાજ બંધ પડી જવાનો ભય ઉભો થયો હતો. એ પ્રસંગે હાજી કાદરે સારા જેવી નાણાકીય મદદ કરીને આંખોની બીમારીઓ અને બીજા રોગોના ઈલાજો કરતી આ ખિદમતી સંસ્થાને ફરી ગતિશીલ બનાવી હતી તેમની તરફથી આ સંસ્થાને તેમજ રાજકોટ મેમણ એસોસીએશનની હોસ્પિટલને જરૂરત પડયે પૂરતો

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હતું.

GUJRATI SECTION

નાણાકીય સહકાર મળતો રહેતો હતો. બાગે હાલાર પોલી કલીનીકનું ઉદઘાટન તા. ૩૧મી જાન્યુઆરી ૧૯૮૨ના કરવામાં આવ્યું હતું. એ પ્રસંગે યોજાયેલા સમારંભમાં હાજી અ. કાદર નુરમોહંમદ છોટાણીને તેમની સેવાઓ બદલ એક સીલ્વર શીલ્ડ અપ્ણ કરવામાં આવી હતી.

સમાજ સેવાની પ્રવૃત્તિઓ સાથે તેઓ વ્યાપારી ક્ષેત્રે મોખરેનું સ્થાન ધરાવતા હતા. તેઓ પાકિસ્તાન જેમ્સ મરચન્ટસ એન્ડ જવેલર્સ એસોસીએશનના સ્થાપક સભ્ય હતા અને સંસ્થાની કામગીરીમાં ઉંડો રસ લેતા હતા. તેમની ખિદમતી કામગીરી માત્ર કરાચી પૂરતી મર્ચાંદિત ન હતી બલ્ડે હૈદ્રાબાદ, સખ્ખર, શિકારપુર અને ઢન્ડો મોહંમદખાન ઉપરાંત ભારતના અમદાવાદ શહેર સુધી ફેલાચેલી હતી.

તે મની જાહેર સખાવતો ઉપરાંત તેમની છૂપી સખાવતો ઘણી હતી એમ કહેવાતું હતું કે તેઓ કોઈ પણ હાજતમંદને ખાલી હાથે પાછો જવા દેતા ન હતા. તેઓ એવીજ રીતે ગમે એટલી મૂંઝવણ કે ઉશ્કેરાટમાં હોય તો પણ તેમની સલાહ અને માર્ગદર્શન મેળવવા આવનાર દરેક માણસને ધીરજથી સાંભળતા હતા અને યોગ્ય સલાહ-સૂચનો આપતા હતા.

તેમની સેવા ધગશની એ હાલત હતી કે બાગે હાલાર કોમ્યુનિટી હોલના પાયાવિધિ સમારંભ પ્રસંગે તેમને ૧૦૪ ડિગ્રી તાવ હોવા છતાં તેઓ આ સમારંભમાં હાજર રહ્યા હતા અને ભારે સહનશકિત દાખવીને એવા ખુશખુશાલ દેખાયા હતા કે કોઈને પણ તેમની તબિયત નાદુરસ્ત હોવાની શંકા ગઈ ન હતી.

એવી જ રીતે તેઓ હૃદચરોગના ઈલાજ માટે હોસ્પિટલમાં પથારીવશ હતા ત્થારે પણ સંસ્થાના આગેવાનો અને કાર્યંકરો સાથે સંસ્થાની ખિદમતી કામગીરીઓની વાતો કરીને તેમનામાં નવું જોમ આવી જતું હતું અને કોકટરો તેમની હાલતમાં આવી રીતે સુધારો થતો જોઈને આશ્ચર્યંચકિત થઈ જતા હતા. આવા લોકલાડીલા બાબાએ

હાલાર હાજી અ. કાદર છોટાણીનું રક્મી ઓકટોબર ૧૯૮૯ના રોજ ક૮ વરસની વચે અવસાન થતાં હાલારી બિ૨ાદરી ઉપ૨ાંત બીજી ઘણી સંસ્થાઓ અને વર્તુંળોમાં શોકની ઘેરી લાગણીઓ છવાઈ ગઈ હતી. હાલારી મેમણ જમાત અને બાગે હાલાર ટ્રસ્ટ ઉપરાંત મુસ્લિમ એસોસીએશન, રાજકોટ મેમણ એસોસીએશન, મોઝામ્બિક એક્ષ-રેસીડેન્ટસ વેલ્ફેર સોસાયટી અને બીજી સંસ્થાઓએ શોક ઠરાવો પસાર કર્યાં હતા. પાકિસ્તાન જેમ્સ મરચન્ટસ એન્ડ જવેલર્સ એસોસીએશને શોક ઠરાવ કરવા ઉપરાંત પોતાની ઓફિસ એક દિવસ બંધ રાખી હતી. શરાફા બજાર પણ તેમની યાદમાં એક દિવસ બંધ રખાયું હતું.



સદવર્વન

- કોઈ ભલે તમારી સાથે તોછકાઈથી વર્તેં પણ તમે સોની સાથે ભલો વર્તાંવ રાખો, એટલા માટે નહીં કે એ બધા સારા છે, પણ તમે સારા છો.
- 🗹 આજના બાળકો સામે આજકાલ સોથી મુશ્કેલ એવું એક આવી પડયું છે. તેમને સદવર્તાંવને જોયા વગર સદવર્તન શીખવાનું છે.
- પોતાના વર્તન વિષે હંમેશાં વિચારતા રહેવાથી તમારો વર્તાંવ સારો નહીં બને; બલ્કે પોતાના વિષે વિચારવાનું છોડી દેશો તો બીજાઓ માટે ભલા માણસ બની શકશો.
- માણસ ગમે તે હોય અને ગમ્મે ત્યાં હોય પણ એ હંમેશાં ખોટો માણસ રહેશે–અગર તેનો વર્તાંવ તોછડો હશે તો.
- આપણું સદવર્તન બીજા લોકોને એ બતાવવાનું સાધન માત્ર છે કે આપણે તેમનું આદર કરીએ છીએ.
- તોછડું વર્તન નબળા માણસનો પોતાને બળવાન તરીકે ગણાવવાનો વાહિયાત પ્રયાસ માત્ર હોય છે.
- 🗷 સદવર્તન અને ભલા શબ્દોથી ભલભલી મુશ્કેલીઓ દૂર થતી ુ જોવાઈ છે.

 $oldsymbol{\mathcal{L}}$

डुटेव

એક વાર એક માણસે કોચલને પૂછ્યું કેઃ

"કોંચલ ! તારામાં કાળાશ ન હોત તો તૂં કેવી સુંદર દેખાત ?"

એક વાર એક માણસે સાગરને પૂછ્યું કેઃ

"સાગર! તારામાં ખારાશ ન હોત તો તૂં કેટલો સારો હોત?"

એક વાર એક માણસે ગુલાબના ફલને પૂછ્યું કેઃ

"હેં ગુલાબ! તારામાં કંટક ન હોત તો તૂં કેટલો કોમળ હોત ?"

આ સાંભળી કોચલ, સાગર અને ગુલાબના ફૂલ ત્રણેય એકીસાથે બોલી ઉઠયાઃ "એ માણસ! તારામાં બીજાના દોષ જોવાની કુટેવ ન હોત… તો તૂં કેટલો સારો લાગત ?

–સંકલન:

અવેશ ગાજી, પુના

સમજીને અમલ કરવા જેવું

જીવનમાં ધન નહીં ફરજ મુખ્ય છે…રાજકારણના કાવાદાવા લોકશાહીનો મૃત્યુઘંટ વગાડશે…. સમાજના પરિવર્તન માટે પક્ષની નહીં….પુરૂષાર્થની જરૂર છે…અને ચૂંટણી લડવા અને સમાજનું કામ કરવા વચનોની નહીં ગરીબ માણસોના કામ કરવાની જરૂર છે….

સમાજનું પોતાનું આગવું અસ્તિત્વ હોય છે...પરંતુ રાજકારણની મેલી રમતે સમાજને વોટ બેન્ક બનાવી સિસ્ટમનું અને બંધારણનું પતન કરી નાખ્યું છે....

ફરજ પરના જીવનમાં અમલમાં મૂકવા જેવા સૂચનોઃ

તમે જીવન સુગંધી બનાવો તો પાછળથી માનવ સુગંધ લેતા રહે તેવું જીવન જીવો.

જીવનમાં ધન નહીં પણ ફરજ મુખ્ય છે.

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આબરૂ રૂપ રંગથી નથી બંધાતી પણ સારા સંસ્કાર અને ગુણોથી બંધાઈ છે.

સંકટના સમયે જો આપણે આપણા સમાજને કામ ન આવીએ તો આપણને એવા કોઈ પણ હોદ્દા પર રહેવાનો અધિકાર નથી કે જે આપણને પ્રજાએ સોંપેલ છે.

-મો. અકરમ હા. સિદ્દીક વિંધાણી, ઉપલેટા

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જિવૃતિ માટે કોઈ વય <u>દો</u>તી નથી

જિંદગી હસાવે ત્યારે સમજવું કે સારા કર્મોંનું ફળ મળ્યું છે અને જિંદગી રડાવે ત્થારે સમજવું કે સારા કર્મો કરવાનો સમય આવ્યો છે. કાર્ચમાંથી મુકત થવા માટે કોઈ વચ નથી હોતી. પરિવારમાં મોભી, આદોડ કે વૃદ્ધ સ્ત્રી-પુરૂષનું મહત્વનું સ્થાન હોય છે, વૃદ્ધાવસ્થામાં માણસ પાસે જીવનભરના અનુભવોનો ษฬสา હોચ. **अवन**३पी પ્રચોગશાળામાં એટલું બધું શીખી–સમજી જાણી લીધું હોય છે કે તે જો ઈચ્છે તો પોતાનો અનુભવોનો લાભ એ સમાજને આપી શકે છે.

સતત ચાલતા રહેવું એ દુનિયાની મહત્વપૂર્ણ બાબત છે. સતત આગળ વધતા રહેવું એ જાવનનો સ્વાભાવિક ધર્મ છે. જે ચાલતો રહે છે તેના પગ મજબૂત અને દ્રઢ હોય છે. શૂન્યમાંથી સર્જન થવાની ક્રિયા બધે જ જોવા મળે છે, બીજ પોતાના સ્વરૂપથી સંતુષ્ઠ નથી થતું, તેની યાત્રા સતત ચાલુ જ રહે છે. અને અંતે વિશાળ વૃક્ષ બની જાય છે, બધાને છાચડો પણ આપે છે, તેમ છતાં એટલેથી સંતોષ ન થતા સંદર કળ જેવા અસંખ્ય બીજ પણ ઉત્પન્ન કરે છે. આપણા પાસે જીવનનો બહોળો અનુભવ છે–સારો અને નરસો સમય જેચેલ છે. શારીરિક ક્ષમતા ઓછી થવા છતાં જો માનસિક સ્થિતિ સારી હોય તો નવેસરથી નવા કાર્યક્રમ બનાવી ચવાનો કરતા પણ વધારે ઉપયોગી સાબિત થઈ શકાય તેમ છે.

કામમાંથી નિવૃતિ મળતા ગભરાવવાની જરૂરત નથી આગળ નો માર્ગ ધીરજપૂર્વંક શોધી શકાય છે તેના માટે મનને શાંત રાખવું જરૂરી છે. સોો પ્રથમ તો વૃદ્ધાવસ્થામાં શરીર દુર્લંભ હોવાને કારણી પરાવલંબી તથા નિરૂપચોગી થઈ ગયા હોવાની હીન ભાવના મનમાંથી કાઢી નાખવી જોઈએ. વૃદ્ધાવસ્થા આવવાનો અર્થ એ નથી કે આપણે હાથ ઉપર હાથ રાખી મૃત્યુની પ્રતિક્ષા કરીએ. વૃદ્ધ થવા છતાં પણ તંદુરસ્ત હોચ અને બીજાઓ માટે કંઈક કરી છુટવાની ધગશ જગાડીએ તો ઘણું બધુ કરી શકાય છે. આપણે આપણી નિરાશાને ઉમંગમાં બદલીને અત્થાર સુધી જે નથી કરી શકયા તે વિશ્વ કલ્યાણના કે દેશ–સમાજ કલ્યાણના કામો કરી શકીએ છીએ. તેનાથી બે લાભો મળે છે. જીવન પ્રવૃત્તિમચ થઈ જતા ખોટા આચાર વિચારોથી બચી જવાય છે અને પરોપકારી કાર્યોં કરવાથી મનને શુકુન મળે છે, મૃત્યુને સંતોષથી ભેટી શકાય છે.

અગાઉના સમયમાં માણસ લગભગ ૧૦૦ વર્ષ સુધી જીવતા હતા–૬૦–૭૦ વર્ષ સુધી કોટુંબિક જવાબદારીઓ નિભાવતા હતા અને સાથો સાથ સમાજ કલ્યાણના કાર્યો પણ કરતા રહેતા હતા. આજે જેટ ચુગમાં આપણે જીવીએ છીએ વ્યક્તિની સરેરાશ આયુ ૬૦ વર્ષની આંકવામાં આવે છે. મહદઅંશે આજનો માનવી તેની તમામ જવાબદારીઓ સમય રહેતા આટોપી લેવા અને અંતિમ સમય પહેલાની ક્ષણો આનંદ પ્રમોદમાં વિતાવવા પ્રચત્નશીલ છે. મારા માનવા મુજબ આજના સમયમાં વય મર્યાદા સુધીની રાહ જોવાના બદલે સંતાન જો સુચોગ્ય થઈ જાય તો કૌટુંબિક જવાબદારીઓ તેને સોંપીને આધેડ ઉંમરથી જ સ્ત્રી-પુરૂષોએ પોતાનું

ધ્યાન સમાજ કલ્યાણ તરફ વાળવું જોઈએ. કારણ કે જેનાથી સરવાળે કુટુંબને અને સમાજને બહોળો ફાયદો મળી શકે તેમ છે.

લોક કલ્યાણના કાર્યોં માટે ઘર ત્યજા દેવાની વાત અહીં નથી. વ્યક્તિઓ પોતાના અનુભવોનો લાભ સામજને અનેકરીતે આપી શકે છે. સમાજ સેવાના કાર્યો ઘરબેઠા પર થઈ શકે છે, થોડો ઘણો સમય આજુ બાજુના વિસ્તારોમાં જે કાર્યોમાં રૂચિ હોચ તેવા કાર્યોમાં મળવો જોઈએ. દાર્મિક કાર્ચંક્રમોમાં પણ જોડાયને લોકોને સારો માર્ગ દેખાડી શકાય છે. સામાજિક સુધાર, કુરિવાજોને તિલાજંલી, સ્વાસ્થ્ય, જ્ઞાનની વૃદ્ધિ, પરિચય ક્ષેત્રનો વિસ્તાર એ સમગ કાર્યો વડે સમાજને એક સૂત્રતામાં બાંધવાના પ્રયત્નો કરી શકાય છે. ઈતિહાસ ગવાહ છે કે, ઉદાર ભાવનાઓથી પ્રેરાઈને જ ભૂતકાળમાં સતિપ્રથા, બાળ વિવાહ બંધ કરાવવા સંઘર્ષો થયા જ હતા. દૂધપીતા બચ્ચાને જાવતા ખાડામાં દાટી દેવાની પ્રથા બંધ કરાવવા માટે અનેક મુશ્કેલીઓનો સામનો કરવો પડેલો

પ્રથાઓ પરિવર્તનશીલ છે, નવી પેઢીને પોતાની રીતે જીવવાની છુટ મળવી જોઈએ તેમા ના નથી, પરંતુ ધાર્મિંક અને સામાજિક માન મર્ચાંદા જાળવવી જરૂરી છે. જે સમયની સાથે ચાલતા શીખે છે તેને કુટુંબ અને સમાજના તમામ તરફથી પ્રેમ અને સહકાર મળે જ છે. યુવાનોનો માર્ગમાં અવરોધ ન બનતા તેને યોગ્ય દિશા બતાવવાને આપણી પ્રથમ ફરજ ગણવી જોઈએ અને આજ યુવાનો આપણા માટે ગોરવ

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GUJRATI SECTION

બની રહે તેમ છે. વડીલોનો અનુભવ એ ચુવાનો માટે પ્રગતિની સીડી સમાન છે. ચુવાનોએ પણ વડીલોને તરછોડવાના બદલે તેમના જ્ઞાનનો બહોળો લાભ લેવો જોઈએ. મહત્વનું એ છે કે જે ઉપહાસ, વ્યંગ કે વિરોધથી ડરતો નથી તેજ મોટા પરિવર્તનો લાવી શકે છે.

વુદ્ધાવસ્થામાં પોતાને વધારેમાં વધારે સંચમી સેવાભાવિ ઉદાર અને પરોપકારી બનાવવાથી દિન અને દુનિયા બંને સુધરશે. વર્તમાનમાં સુખ શાંતિ મળે છે, લોક સેવાની સાથે સાથે પોતાનું હિત તો થાય જ છે. પણ સાથે સાથે આ જીવન પ્રશંસનીય બની જાય છે. પરિવાર ઉપરાંત સમાજ સેવા વગેરેના સહયોગ-સહકારથી જ મનુષ્ય મહાન બને છે. પરિવાર તો સમાજનો એક એકમ છે. કકત પોતાના અને પરિવાર સુધી સીમિત રહેનાર વ્યક્તિ સંક્રચિત કહેવાચ છે. નિવૃત્તિ પછી સેવાની જુદી જુદી સમાજ ચોજનાઓમાં જોડાઈને પોતાની પ્રતિભાનો લાભ સમાજને આપવોજ જોઈએ. સમાજ પાસેથી આપણે જે બાળપણમાં, ચુવાનીમાં મેળવેલ છે તે આધેક અવસ્થામાં, વૃદ્ધાવસ્થામાં પાછું આપવું જ જોઈએ. સેવાના અનેક માર્ગ છે. જેની જેવી સ્થિતિ હોય તે મુજબ તેવું ક્ષેત્ર પસંદ કરી સમાજ સેવાની ભાવના વિકસાવવી જોઈએ. સમાજમાં દરેક સારી વસ્તુનો સંગ્રહ કરો અને ખરાબ વસ્તુનો ત્યાગ કરો. કાંઈપણ પ્રવૃત્તિ નહીં કરનારા ખોટી પંચાતો કરતા રહે છે અને ખોટી અકવાઓ કેલાવી સમાજ કે સંસ્થાઓને નુકસાન પહોંચાડવાનું કાર્ય કરે છે અને સમાજ સરવાળે तेनो भोग पोते ४ अने छे. ४ શ્રેષ્ઠતાને જાણે છે. તે સ્વજનોની વચ્ચે શ્રેષ્ઠ થાય છે તેને જ પરિવાર સમાજ માન-સન્માન આપે છે.

–ગુલામ કાદર ગાજી

પોષક તત્વોથી સભર; ગરીબો માટે સફરજન સમી ગાજર



શાકભાજીના માત્ર પત્તાવાળા ભાગ જ જ નહીં બલ્કે ઘણા બકાલાના મૂળીયાં પણ આહાર માટે ઉપયોગી હોય છે. શીચાળાની ભેંટસમી ગાજર પણ કંદમૂળ જ છે જે આરોગ્યવર્ધંક તત્વોથી ભરપૂર હોય છે. ગાજર મૂળ તો ચુરોપ

અને એશીયાની નસલની છે જે નોર્થ તથા સાઉથ અમેરિકા તેમજ 🤻 ચીન સુધી પહોંચી ગઈ હતી. થોડીક મીઠી ગાજર તેના પોષ્ટિક તત્વોને 🙀 પ્રતાપે ઉત્તમ ખોરાકમાં ગણાવા લાગી છે અને સ્ટોરેજની મોર્ડન 🦃 સગવડોને પ્રતાપે તે મોટા શહેરોમાં તો બારે માસ ઉપલબ્ધ રહે છે.

ગાજરની અંદર રહેલા તત્વોમાં ૮૮.ર ટકા તો એકલું પાણી હોય છે પણ ૧૦૦ ગ્રામ ગાજર ૪૫ કેલરીઓ પૂરી પાડવા ઉપરાંત ૦.૨ ગ્રામ ચરબી, ૧૪ મિલિગ્રામ મેગ્નેશ્ચમ, ૩૫.૬ મિલિગ્રામ સોડીચમ, ૧૦૮ મિલિગ્રામ પોટેશ્ચમ, ૨૭ મિલિગ્રામ સલ્ફર, ૧૩ મિલિગ્રામ ક્લોરાઈન, ૩.૧૫૦ મિલિગ્રામ વિટામીન 'એ' તથા ૩.૦ મિલિગ્રામ વિટામીન 'સી' ઉપરાંત નાઈકોટીનીક એસીડ તથા થિયામાઈન જેવા પદાર્થો ધરાવે છે.

તબીબી ક્ષેત્રે ગાજરનો ઉપયોગ અનેક રોગોમાં ઉપયોગી થઈ પડે છે જેમા દમા, સંધિવા, કબજીયાત, ગોઠણ નીચેની ગોટલી, અરજવું, હૃદયનો થડકાટ, કમળો (પીળીયો), આંતરડા, પિત્તાશય એને મૂત્રાશયને લગતી ઉપાધિઓ અને રતાંધળાપણા જેવી જે બીમારીઓનો સમાવેશ થાય છે. વળી શરીરનું વજન ઘટાડવામાં પણ આજર ભારે મદદરૂપ બને છે. વૈદ્ય, હકીમ અને જડીબુકીથી ઈલાજ કરનારા બીજા તબીબો પણ અગર તેમના દર્દીને દેખીતી રીતે કોઈ શેંગ ના હોવા છતાં અગર સુધરતું ના હોય તો ગાજર ખાવાની સલાહ આપતા હોય છે.

ગાજરમાનું વિટામીન 'એ' શરીરની ત્વચાને તંદુરસ્ત રાખવામાં ચાવીરૂપ ભૂમિકા ભજવે છે. વિટામીન 'એ' ઉપરાંત વિટામીન 'બો', 'કી' અને 'સી' પણ શરીરતંત્રને વ્યવસ્થિત ચલાવવામાં મદદરૂપ થાચ છે. ધાવણા બાળકની માને ગાજર ખવડાવતા તેની છાતીમાં દૂધનું ઉત્પાદન વધે છે અને એજ કારણે ગાજર દૂધ દેતા ઢોરોને પણ ખવડાવવામાં આવે છે. સલાડની પ્લેટમાં ગાજરનું આગવું મહત્વ રહે છે. બાળકો અને પુખ્ત વચના લોકો પણ ગાજરનો રસ પીતા રહે તો એ આરોગ્યવર્ધંક ઓષધીની ગરજ સારે છે.

ગાજર પ્રમાણસર સસ્તી રહેતી હોવાથી તેને ગરીબોના સફરજન તરીકે પણ ઓળખવામાં આવે છે તેના અચાર બને છે અને આથણામાં પણ નખાય છે. ગાજરના બીજ સહેલાઈથી મળી જાય છે એટલે ગાજર વાવવી સહેલી છે.

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જુન-૨૦૧૪માં કરાચીમાં ચોજાનારૂં વાર્ષિક સંમેલન વર્લ્ડ મેમન ઓર્ગેનાઈઝેશનની દુબઈમાં ચોજાચેલી ૧૧મી વાર્ષિક બેઠકનો ટુંકો અહેવાલ

વર્લ્ડ મેમન ઓર્ગેનાઇઝેશન (કબ્લ્યુએમઓ)નું ત્રણ દિવસનું વાર્ષિક સંમેલન દુબઈમાં યોજાયું હતું જેમાં ૧૧મી હાજર રહ્યા હતા. ડો. ફારૂક સત્તારે વર્ષિક સભા સંસ્થાના પ્રમુખ અ. સત્તાર દાદાના ચેરમેનપદે મંગળવાર ૧૯ નવેમ્બર ૨૦૧૩ના રોજ દુબઈની જે.ડબલ્યુ. મેરીચટ હોલમાં મળી હતી.

કબ્લ્યુએમઓના મહામંત્રી પીરમોહંમદ કાલીચાએ રજૂ કરેલી સંસ્થાની કામગીરીની વાર્ષિક રિપોર્ટને બેઠકે મંજુરી આપી હતી. બાદમાં બિરાદરીના ઉત્કર્ષ માટેની વિવિધ ચોજનાઓ પર ચર્ચાં–વિચારણા કરાઈ હતી. ડબ્લ્યુએમઓના ભારત ચેપ્ટર અને પાકિસ્તાન ચેપ્ટરને અપાચેલી ૧૬-૧૬ લાખ કોલરની રકમો તેમજ તેમાં સ્થાનિક ધોરણે ઉમેરાચેલા કાળા હેઠળ તાલીમ, આરોગ્ય અને વસાહત સહિતના ક્ષેત્રોમાં કરાયેલા ખર્ચની વિસ્તૃત વિગતો રજુ કરાઈ હતી અને બિરાદરીની બલાઈના કામો પર સલાહ-મશ્વેરા કરવામાં આવ્યા હતા. કબ્લ્યુએમઓની આગામી વાર્ષિક બેઠક જુન-૨૦૧૪માં પાકિસ્તાનમાં ચોજવાનું નક્કી થયું હતું.

વાર્ષિક બેઠકમાં પાકિસ્તાનના ખ્યાતનામ સમાજસેવક અ. સત્તાર એદીની સેવાઓને અંજલિ અપાઈ હતી અને નોર્થ અમેરિકા ચેપ્ટર તરકથી એદીએ ઈન્સાનિયતની ભલાઈ બાબત કહેલી કેટલીક વાતોને "એધીના સોનેરી શબ્દો" તરીકે વર્ણવવામાં આવી હતી. સભાએ ડબ્લ્યુએમઓની સ્થાપનામાં ચાવીરૂપ ભૂમિકા ભજવનાર ભૂતપૂર્વ સ્થાપક પ્રમુખ હાજી અ. રઝાક ચાકુબ (એઆરવાય)ની સેવાઓને પણ અંજલિ આપી હતી અને તેમની તંદુરસ્તી માટે દુઆ કરી હતી. પાકિસ્તાનની રાષ્ટ્રીય સભાના બે મેમણ

સભ્યો કો. ફારૂક અ. સત્તાર અને અ. રશીદ ગોડીલ પણ આ વાર્ષિક સભામાં બેઠકને સંબોધન પણ કર્યું હતું અને પાકિસ્તાનમાં તેમના પક્ષ મુત્તેહદા કોમી મુવમેન્ટ વતિ મેમણ બિરાદરીના વિકાસના કોઈ પણ કામમાં શક્ય દરેક સહકારની ઓકર કરી હતી. કરાચીના બિલ્કર્સ શેખાની ગ્રુપે સભામાં ભાગ લેનારા મહેમાનોના માનમાં ખાણા સમારંભ ચોજચો હતો.

વાર્ષિક સભામાં ભાગ લેનારા બીજા આગેવાનોમાં અશરક અ. સત્તાર, સાલેંહ નૂર, શોએબ માંગરોલીયા, એચ. એમ. શહેઝાદ, આસીફ મજીદ, મોહતરમા શબાના ચાકુબ, બશીર મરચન્ટ, ફેઝ એચુબ તેમજ દુનિયાભરના ડબ્લ્યુએમઓના ચેપ્ટરોના બીજા ઓહદેદારો શામેલ હતા. એ પહેલા સંમેલનના પહેલા દિવસે કલ્થયુએમઓની લેકીઝ વિંગની અલગ સભા ચોજાઇ હતી જેમાં ચુએઇ ઉપરાંત પાકિસ્તાન, ભારત, શ્રીલંકા, અમેરિકા. બ્રિટન અને કેનેડાથી આવેલી મહિલાઓએ મોટી સંખ્યામાં હાજરી આપી હતી.

સ્વિજાર અમાલોચના

અવલોકન

'ઉપલે ટાવાલા મેમન્સ-મુંબઈ' (ડીરેકટરી)

મુંબઈમાં ખડક મસ્જિદ નજીક ઓકિસ ધરાવતી ઉપલેટા મેમન જમાત (મુંબઇ) દ્રારા પ્રકાશિત ડિરેક્ટરીમાં મુંબઇ વિસ્તારમાં વસેલા ઉપલેટાવાસી મેમનોના નામ સરનામા અને ટેલીકોન નંબર પ્રગટ કરાયા છે. સાથે જ ડાયરીરૂપી આ ડિરેકટરીમાં મેમન બિરાદરી અને ઉપલેટા મેમન્સનો ટૂંકો ઇતિહાસ ગુજરાતી અને અંગ્રેજી ભાષામાં રજૂ કરાયો છે. આવી વિગતો ખાસ કરીને ઉપલેટાવાસીઓ માટે બહુ ઉપયોગી સાબિત થઈ શકે છે. બિરાદરીમાં અરસ–૫રસ મેલમિલાપ અને ઓળખાણ વધારવા માટે આવી ડિરેકટરી મહત્વની ભૂમિકા ભજવી જતી હોય છે. મેમણોની તમામ જમાતો પોતપોતાની આવી ડિરેકટરીઓ તૈયાર કરે તો આગળ જતાં સમસ્ત બિરાદરીના સભ્યોની વિગતો સંકલિત કરવાનો માર્ગ સરળ થઇ શકે છે.

મેમણપણું જાળવવા મેમણી બોલી બોલો

આપણે આપણા ઘટોમાં તેમજ પરસ્પર મેમણી બૉલી બૉલવી જોઈએ. દર્રેક ક્રૉમ પૉતાની ઑળખ **ଅର୍ଦ୍ୟୁର୍ମ୍ଭର ଜ୍ଞା**ଏ ଅଧିକାଶ જ બૉલી બૉલૅ છે.

മ്പലി പക്ഷ મેમલાપલું ના મીટાવૉ મેમલા હૉલા બદલ ସର୍ଘ ଅପ୍ରଭାସୀ

G-08

ور لرس ور لرس اسكيم اسكيم اسكيم اسكيم اسكيم اسكيم المسكيم المس ورلاميمن آرگنائزيش يا کستان چيير



ورلڈ میمن آر گنائزیشن کی مانکروفنانس تمیٹی کی جانب سے چھوٹے کاروباری حضرات کیلئے لون کا اجرا کیا گیاہے۔اس اسکیم کے تحت جیموٹے دوکا ندار کودس ہزار روپیہلون بغیر منافع کے دیاجا تا ہے۔جوان کو ماہانہ ہزار روپیہ قسط کے حساب سے واپس کرنا ہوگا آل یا کستان میمن فیڈریشن سے منسلک تمام جماعتوں کے ممبران اس لون سے فائدہ اٹھا کراییخ جھوٹے کا روبارکو مزید وسعت دیے سکتے ہیں ۔اس لون کے لئے مندرجہ ذیل شرائط کا خاص خیال رکھیں۔ درخواست فارم WMO آفس سے حاصل کریں۔

- درخواست فارم کے ساتھ قومی شناختی کارڈ اور جماعت کے کارڈ کی کا بی منسلک کریں۔ -1
 - درخواست فارم يراينافو ٿو چسيال کريں۔ -2
 - فارم پر دومیمن حضرات کی تصدیق لازمی ہے۔ -3
 - درخواست فارم پر جماعت کی تصدیق کروائیں۔ -4
 - کم سے کم تین سال کا کاروباری تجربہ ہونا چاہئے۔ -5
 - مائکروفنانس اسکیم صرف پرانے اور چلتے ہوئے کاروبار کیلئے ہے۔ -6

مزید تفصیلات اورمعلومات کیلیے W M O آفس تشریف لا ئیں یا مندرجہ ذیل نمبروں پر رابطہ کریں۔

ورلدُميمن آرگنا ئزيشن (پايستان چپير)

WMO باؤس، 32/8 اسٹریٹ نمبر 6 مسلم آباد، کراچی

فون آفس: 34910437-021 34911642

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ملت كيكي يونى كى خدمات نا تابل فراموش ملت كيكي يوركون كا خدمات نا تابل فراموش مناس كل يوركون كالاطلاع يوركون كالموركون كالمواقع كالمعرود والمواقع المواقع الم

ادارہ انجین اسلام مین علی گڑھ مسلم ہے بندر تی کے بعد عمری تعلیم ویے والا ملک کے مسلم انوں کا ایک منز دادارہ ہے۔ جے 1874 میں گرطی رو کے ادر بدرالدین طیب تی نے آتا کہ ایواراں ہات کا خیال رکھا کہ بیادارہ ہر طرح ہے اسلامی تہذیب کے دائر ویٹل ہو، ان واقع مقاصد کو لے کر'' انجین اسلام'' قائم کیا گیا اس طرح اس وقت اس ادارے کے کل 21 میرے اور کل جو قرقم صرف ایک بزار 497 متی گراتی رقم ناکافی تھی براید پر جگہ ماصل کی گئی ادراے شروع کرداتی ہے بدائے گئے ۔ ذے داران کو کہ اس مواکدا ہے گئے گئی دراے شروع کردیا گیا ، وقت کے ساتھ صالات بھی بدلتے گئے ۔ ذے داران کو احساس مواکدا بنا ذاتی اسکول ہوتا ہوا ہے۔ بی داران کو احساس مواکدا ہوں کی ایک میڈنگ ٹالان

بال میں بلائی کی اور تمام جماعتوں کی جانب سے ملنے والی رقم ہے انجمین کا پہلا اسکول20 سمتبر1880 مرکز قائم ہواجس میں3اسا تذہ اور130 طالب ہے۔اسکول کی شروعات تو ہو پکل تھی مگر ذاتی شارت کی آفراب بھی متائے جاری تھی۔ تاہم جراج ہیں بھائی نے ایک فٹٹر جح کرایا آخر 29فرور 1893 مکو پیکام مکمل ہوااور لارڈ حارث جواس وقت مجمع کا کے گورنر چھان کے ہاتھوںایں شارت کا افتتاح ہوااور پہیں ہے جدید تعلیم آخریک کا آماز ہوا۔ ای دوران قوم کیلیے قکرمند اور جدیع ملی تحریک بنیاد ڈالنے والے رہنما بدرالدین طیب ٹی کا انگلینڈ میں انتقال ہوگیا۔ انجین اسلام کو ہالی عدو کرنے والاحيدرآ بادك لظام بحي شامل شف اس كے علاوه مرآ فاخان انواب آف را ميورنواب آف جونا كر هو، كريم جهاتي ابراتيم ، حاتی سلیمان عبدالوحد، حاتی احمد باشم صدیقی ، حاتی نوسف، حاتی بارون صدیقی ،اورژ وم پیر بھائی مرحوم مجرحسین الانااس وقت کی اہم تحضیات تھیں۔ جنہوں نے بساط مجر تعاون کیا۔ اس طرح الجمن اسمام کی مقبولیت دن بدون برحق ہی گئی۔ 1947 = 1957 وتک اعزازی تیکریٹری اورصدر کی ذمیداری فیش طیب ٹی نے سٹھالی اوران کی وفات کے بعدا کیر ہے بھائی61 سال المجمن کےصدررہان کے دورش المجمن نے خوب ترقی کی ،ان کے بعد بیڈے داری اے کے حافظ نے سنجال کی لیکن ووزیادودونوں تک انجمن اسلام کواینا وقت ٹیس وے سکے کیونکہ حکومت بندنے ان کو ایلور سفیر سعودی عربیا تیج و یا قدارا گرچے کو کن کے سیوت مبدار تمن انتو لے کوانجمن سے کافی لگاء تھانہیں نے کابنی وزیر دیجے ہوئے بھی ا بنا وقت الجمن اسلام کوسنوار نے میں لگایا ،عبدالرحمٰن انتز لے نے الجمن اسلام کیلئے کا فی کام کیا اور الجمن اسلام کو کا فی بلنديوں پر پرتيجاديا۔ يار في نے انہيں و بلي كه ؤے داري سونپ دي اس طرح ان کوانجمن اسلام كي خدمت كا هزيو موقع نبثل ے۔ بعد ازیم حین الدین حارث انجمن اسلام کےصدر ہے جونہایت مخلص اور ساو ولوٹ تھے کافی فی بین اور متبول فی اکثر ڈ اکر حسین کے قریبی ساتھیوں میں ان کا شار ہوتا تھا انہوں نے ساراوقت انجمن کیلئے وقف کردیا یہاں تک کہا ہی ساری حائدادا بحمن اسلام كملك وقف كردى اور1993 مكودار قانى كوچ كر كك ...

ایسے ی سلما درازان کے بعد مرحوم ذاکر اسحاق جونانہ والان جیے خدمت کزاروں کا لگا درہا۔ اس ادارے کی خوش حتی کیے کہ جردور بین نسل درنسل گھیں چھی اورائیا تھا مادور بختی لوگوں ہے قدر تی نے انجمن اسلام کو آواز شہنشاہ جذیات فلم اوا کا دولیے کمار بہشور کر کھڑ سلم ورائی مرحوم سمی داوائی اور عبد الرحمٰن استو کے جیسے اواک انجمن نے بیش یاب وے اور اس سے بمیشہ جڑے سے سے سالیہ دنوں میں انجمن اسلام کی خدمت ڈاکٹر ظمیر قاضی گردے جی جو ایتے آپ میں مایا ناز مختصیت ہیں تے م کا درور کئے والے اس محض نے اپنی عند اور گئن ہے آجین اسلام کومز برتر تی بخش ہے۔

جب ہمارے تمائندے نے صدرا جمن اسمام ڈا کوظیر قاضی ہے رابطہ قائم کیا تو آپ نے بیمن براوری کے ملق ہے اپنیا خیالات کا اظہار کیا اور انجمن اسلام کے مستقبل ربھی روشی ڈالی۔ بیش خدمت ہے ان سے کی گئی ہات چیت کے اقتمامات۔

س من برادری کے تعلق سے آپ کے کیا تا اُرات بین؟

ن اُنزشتا آیک صدی کے اندرمینی اور میارا شریش مین براوری بالضوص بالا فی مین اور بھی مین ہے وابستہ بزرگول نے مسلم کمیونی میں صری اور و بی تعلیم کے قروع میں فیایا کر وارا واکیا ہے مینی مینی شریش لینڈ مارک مجھے جاتے والے مسلم اوارے جاہے وہ حاتی صابوصد کی مسافر خانہ ہویا صابوصد کی امپیتال فرسٹک ہوم یاز چکی خانے اسمعیل بوق کا کی ہویا صابوصد کی بیانی لیکٹ اسکول وکا کی راما میں حبیب مجہ وہ یا جعشر بھائی سلیمان باشل یا شیم خانے میست و بکر مسابعہ ب



سبمین برادری کی عی وین ہے۔ بی تین اس برادری کی دیراند فریت ہے کہ مین بزرگوں کے عاجروں اور صنعت کاروں نے آئ ہے 100 سال پہلے ، آنے والے 100 سالوں کے لیے منصوبہ بندی کردی تھی اور جوادار سے بمین برادری کے بزرگوں نے قائم کے تھے وہ آ جا یک تناور ورخت کی شکل افتیار کر بچھ ہیں۔ اس کے علاوہ کیوڈی کی ویٹی تھیں اور دفائی سرگرمیوں کی ہے شاہ زشدہ جاوید مثالی موجود ہیں۔ اور جہال تک تھے یا دہم میں تحظیٰ ، مسلمانوں کا پہلاکا کی مرحوم سر اسامیل بیسٹ نے اپنی آمدنی کے ایک ھے ہے قائم کیا تھا۔ بی ٹیس مسلمانوں میں فریب اور ذہیں فریب اور ذہیں طلباء کو اسکارشپ دینے کی شروعات بھی میس برادری کے "آگوٹ واللائے" نے شروع کی گئی اور اس کی اس درگی کیا ور میں فریب اور کی گئی اور خاص بات یہ کریمی نے باوری کیوڈن کے بزرگوں نے جو کچھ بھی کیا و وسرف اپنی برادری کیلئے گئی

پکٹر تمام سلمانوں کیلئے کیا اور پیسلسلہ آج بھی جاری ہے۔ اور یہ بات بھی دعویٰ کے ساتھ کیدسکتا ہوں کہ آج میمن کیوشی کے بزرگوں کے قائم کروہ اسکول ، کا بٹی اسپتال باشل ، مسافر خانے بتم خانے اور بتی ہاؤی بیش براوری یا مسلم تیس اج جاتا۔ ان ااروں کے دروازے کیسال طور پرسے کیلئے تھلے جیں۔

ان آن كيمن اور يافيمن معزات عن آب كيافر ق موس كرت إن؟

س جمین مضافات کے جوگیشوری ملاقے میں واقع سر اسمغیل پوسٹ کالج سلمانوں کا ایک عظیم الشان تعلیمی اوار و ہے جس آخ بھی حکومت کے قبضہ میں ہاسے حاصل کرنے کیلئے آپ کی الجمن اسلام سمیت شہر کی کئی تنظیمیں کوشش کر رہی جیں اس کے بارے میں آپ کی کیا رائے ہے؟



خدمت خلق کے پرخلوص جذبے کی حامل مسزحمیدہ بھیونڈی والا

انثرو يوسعد بيمرچنث

کیتے ہیں کہ ایک تعلیم یافتہ خاتون صرف اپنے اٹل خانداور بچول کی پرورش ہی میں اہم رول اوا نہیں کرتی بلکہ پورے معاشرے کوئر تی کی راہوں سے ہمکنار کرنے میں محوری رول اوا کرتی ہے ہمارے یہاں ایک تصور عام ہے کہ بڑے خاندان سے تعلق رکھنے والی خواتین فریبوں کے مسائل سے نا واقف ہوتی ہیں یا انہیں فریبوں سے کوئی ولیسی ٹین میں ہوتی ہیں گئا تا ہم رہے کہ وہ سابھی کاموں میں حصر میں لینا بچاہیں وغیرہ وغیرہ ۔ پر حقیقت تو یہ ہے کہ آج بھی معاشرے میں بڑے خاندانوں

چاہیں و عیرہ وعیرہ یہ حیقت او یہ ہے کہ آج بھی معاشرے میں بڑے فائد الول سے تعلق رکھنے والی خوا تمین اس بات پر لیقین رکھتی ہیں کہ دائیں ہاتھ سے بچھ دیا جائے تو ہائیں ہاتھ کو اس کی خرنہیں ہونی چاہیے۔اس طرح کے خائدان انسانیت کے جذبے کے تحت ہمہ وقت اوگول کے تعاون کیلئے تیار دیتے ہیں۔ کیا مرداور کیا خواتمن ہرکوئی سوقت لے جانے کی کوشش کرتا ہے تی جمیمن ہراوری کی



نے بھی اس بات پراعتر ان نہیں کیا تھا۔ اس طرح بھی میں بیرجذب پروان پڑ حتارہا۔
القریبا20 سال کے زائد مرسے ہولڈ مین فاؤنڈیشن ہوران پڑ حتارہا۔
الآر بیا20 سال کے زائد مرسے ہولڈ مین فاؤنڈیشن ہوروں کی مدد کا جذبہ ہواور
آپ وقت کے پابند ہوں اور ہر کام کامعمول بنالیس تو آپ کو بھی کوئی پریشانی نمیس
ہوگی۔ ہر کا میاب مرد کے بیچھے مورت کا ہاتھ ہوتا ہے لیکن میری کا میابی کیلئے الحمد اللہ
مجھے ہرقدم پرمیرے شوہراور سرال کا تعاون میسررہا۔ اس کے ملاوہ جن تظہوں ہے
وابستہ ہوں اس کے زیرانعرام کا موں میں معروف رہتی ہوں بھی کسی میشک میں تو

مجمی کسی ادارے میں بلاوندگھرے باہر رہنا پہندٹین کرتی اب میرے بچے بڑے ہوگئے ہیں اور بیرون ہند تیم میں اس لیے ان کی طرف ہے قدے داری کم ہوگئی ہے لیکن اگر میں کسی وجدے باہر رہتی ہول تو گھر کی قدے داریاں انجام و کے کربا ہرتکلتی ہول''۔



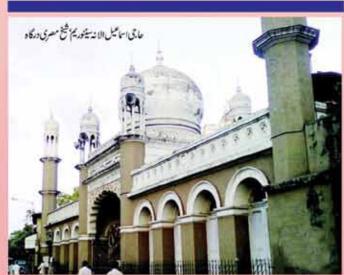
موجوده دوریل خواتین کے تعلق ہے آپ آبی ہیں کدا خواتین کوسب سے پہلے تو تعلیم کے میدان کس آگ آنا چاہے ۔ اگر دوان پڑھ رہ گئی ہیں تو اب انہیں چاہے کہ اپنے جی ادر بالخصوص بچوں کی پڑھ آب انہیں چاہے کہ اپنے بچوں ادر بالخصوص بچوں کی پڑھ اگل کی طرف توجہ میز دل کر ہیں کیونکہ تعلیم ہیں وہ قریع ہے جوانسان کو طبقہ اور پھلے ہوا کر تا تھا ہے ۔ ایک دوسری بات ہو کہا ہے ہوا کر تا تھا الیسے میں والدین کو چاہے کہ اپنے بچوں کو دیا وی تعلیم کے ساتھ وی تھی میں ہو ہو کہا کہا گئی موجود و تو جوان نسل اپنے بڑوں کے ساتھ اوب خلوص وروا داری ہے قیام ہے ہی روشال کرا کمیں تا کہ موجود و تو جوان نسل اپنے بڑوں کے ساتھ اوب خلوص وروا داری ہے قیام آئے ۔ اس کے ساتھ خواتی تی ویگر ساتھ کی کا مول میں بھی ضرور دست ہیں کیونکہ ساتھ کو انہی ایک ایک ایم قیام اور بیا ہے اور کے اور بیسب آپ کے ایکھ میں ہے ۔ مسر تھیدہ بھی فقائی والل کا اس کے ساتھ کو مرک کی قائی تھی ایک ایک ایک ایک ایک ایک ایک ایک کے انہ نمایاں کا موری ہے تو مرک کی قائی کی ایک ایک میں بیان میں بھی بیادری کا موری دورا داری ہے اور کی کے تو ایک کے انوان کی ایک انوان کی میں تعلیم اور سیاسی شعبوں میں بھی برادری کا موری دوران دیا انوان کی انوان کی کا میں برادری کی تو مرک کی توری دوران دیا گئی ہو کہا گئی ہو ان اس کے تعلیم اور سیاسی شعبوں میں بھی برادری کی انوان کی انوان کی کا موری دوران دوران کی کا توری کی انوان کی کا توری دوران کی کا توری دوران کی گئی ایک انداز کی کا موری دوران کی کا توری دوران کی دوران کی کا توری کی کا توری کی کا توری کی دوران کی کا توری کی کا توری کی کوری کی کا توری کی کی کا توری کی کا توری کی کا توری کی کا



عبدالرتمان صديقي

مین شہرایک زماند سے با کمال او گوں کا مرکز رہا ہے پہال ہر خدیب ہر رنگ وُسل اور براوری کے لوگ آباد ہیں سب نے اپنے اپنے وُصنگ اور طور طریقوں سے اس شہر کو جایا سنوارا ، سنعت ، تجارت ، فنون اطیفہ او خدمت طلق کے میدان بین اپنے جہنڈ سے گاڑے اور مین شہر کو بین الاقوامی ابھیت کا حال شہراور ملک کی معاشی را جدحانی بناویا جن او گول نے ممبئی شہراور اطراف کے علاقوں میں اپنے افسان تقوش چھوڑ سے ہیں ان میں ایک تمایاں نام میں کمیونی کا ہے بنیادی طور براس کمیونی کا تعلق گرات سے ہے لیکن ممبئی شہر ہے بھی اس کمیونی کا تعلق اس وقت سے جب جب مہاراشراور گجرات ایک بی تھے جمیمی شہر بالخصوص

مسلمانوں کی تاریخ میمن برادری کے تذکرو کے بغیرناکمل رہی ہے مبئی شپریٹس میمن کمیونل کی تجارتی تصنعتی فلاحی تغلیمی اورو بنی سرگرمیوں کی تاریخ بہت قدیم ہے ، صنعت وتحارت اور کاروبار کے ساتھ ساتھ انہوں نے محد س ، بدارس بیتم خانوں ،اسکولوں اور کالجوں کی تقییر میں بھی بڑھ تے ھکر صبل بااوران تمام اداروں کیا سک نمایان خصوصی بیتھی کہ بیمین برادری کے لوگوں کے لیے نہ دوکر یوری امت مسلم کے لیے ہے ممنی شہر میں میمن کمیوٹی ک مر قدر، خدمات برروشی ذالے ہوئے این می ٹی سے سر کردہ مسلم لیڈراور سابق ممبراسیلی برنسل سیل ادکھنڈ والا نے جوخود بھی اس برادری کے معزز رکن ہیں۔ ہتایا کہ میمن برادری تے ہزرگ کسی بھی کام کی منصوبہ بندی 100 سال بعدتک کے ملات کو مذلظر رکھ کر کرتے تھے۔ بنہوں نے جوم پریں مسافر خانے اسپتال اسکول وغیرہ بنوائے وہ اس دور کی ضرورت ہے زیاد و تھے لیکن آج ان کی اہمیت دافادیت پوری طرح مسلم ہے۔ میحد، مدرے اورمسافر خانے اور دیگرادارے آج کی پر حتی ہوئی آبادی کی ضروریات اور کی کررے ہی میمن برادری کے برزگول نے بہت عرصہ بہلے ہی مسلم فیلی کے لیے بچوں کی پیدائش کے لئے منو نئی ہوم ،ارددادراگریزی میڈیم بچوں کی تعلیم کے لیے باشمیداسکول کموجعفراسکول ، میکٹرس میں تھیلے ہوئے اساعیل پوسف کالجی صابوصد بق اسپتال ، صابو صدیق فرسگ ہوم ہیے ادارے قائم کے فریب نا داراور ہونہار بچوں کو تعلیم جاری رکھنے کے لئے رہائش ایک برا مناتھی ان منلہ کومل کرنے کے لئے جنفر سلیمان ہوعل تعلیم کروایا۔ جہاں سے کثیر تعداد میں مسلم بچوں نے استفادہ کیا پرسکون ماحول میں تعلیم حاری رکھنے کے لیے ماہر کے مسلم بچوں کے لیے اس ہوشل ہے بہتر کوئی جگہ ٹیس تھی۔ ایک زبانہ تھا ہندوستان میں تج ضرف یانی کے جہاز کے ذریعے ہوتا تھا اور پورے ملک کے حاتی ممثی کی بندرگاہ سے بچے کے لئے روان ہوتے تقے ماجیوں کے جہاز صرف میل سے روانہ ہوتے تھے اس وقت میمن پر اور کی



کایک بزرگ حاجی گرصابوصد بی نے دیکھا کہ عازین نے اوران کورخست کرنے کے
لئے آنے والے دوستوں اور شے داروں کو بہاں قیام میں پریشانی ہوتی ہے کوئی سرک پر
پڑار بتا ہے کوئی ادھر اُدھر کئیں ٹھا کا تہ تاال کرتا ہے ان لوگوں کی پریشانی کو دیکھتے ہوئے
انہوں نے ایک عظیم الشان مسافر خانہ تھیر کرایا جو حاجی جمرسابی صدیق مسلمانوں کا ایک مرکز
ہے ہوئے میک میں مشہور ہوا۔ پر مسافر خانہ ہونے کے ساتھ ساتھ مسلمانوں کا ایک مرکز
ہی ہے نیائی ہاؤی تھیر ہونے کے بعد مرکزی کی میٹی کا دفتر تا 199 میں سے تی ہاؤی کا ایک مرکز
میں ختل ہوگیا لیکن ریای کی میٹی کا دفتر ایسی بھی میٹی ہے۔ سے تی ہاؤی تھیر کا سرا بھی
میں شخصیت کے مرحا تا ہے اس شخصیت کا نام سے جمرامین کھندانی جو ایک عوصہ تک ع

سمیٹی کے چیئر مین رہے اوراہے دور میں انہوں نے برشکوو جج پاؤس تقبیر کرایا جو نہ صرف مسلمانان ممبئی بلکہ مسلمانان ہند کیلئے طرہ امتیاز کی حیثیت رکھتا ہے کس سرکاری پاہیرونی امداد کے بغیر صرف تاح کرام کے عطیہ اور چندوے بہ ٹمارت تغییر ہوئی ہے میمن براوری کے ہزرگول کوائل بات کا بھی شدت کے ساتھ احساس تھا کہ جدید تعلیم کے میدان بی کہیں مسلمان دوسری قوموں سے چھنے ندرو جائیں ای مقصد اور جذبہ کے تحت صالوصدیق کیکٹیکل کالج قائم کیا گیا۔ تعلیم کے شعبہ پی مرکزم ہونے کے ساتھ ساتھ اس کیوڈی نے آزادی کی اڑائی اورخلافت تح یک میں بڑھ جڑھ کرحصۃ لیاممی شم میں جب فلافت کی تحریک شاب برتھی اس وقت ان سرگرمیوں کوجاری ر کھنے کیلئے بچرسر ماید کی خرورت تھی اور پیشرورت ہوری کی ایک میمن تاج مثلان سحافی نے انہوں نے مہاتما گا تدھی كوايك بليك چيك ديا تفايتا يا جات ك كالدى فى فى فاس من ايك الأكدروب براراتها - يرمل الدسيل المحتله والا نے بتایا کہ جمعہ اورعید کے موقع پر سرکوں پر نماز کی اوا تھی گی اوازت ولانے بٹس تھی بیمن براوری کے بزرگول کا برا ہاتھ رہاہے۔انہوں نے بیچی بتایا کھی کسی طرح میٹرو کے ملاقہ میں مین سرک کے درمیان بٹی محد کو بیانے کیلئے میمن برادری کے لوگ بی آگے آئے تھے ۔ سیل او کھنٹہ والا نے میمن برادری کی امتیازی فصوصی کا تذکرہ کرتے ہو کے کہا کہ بداوگ انتہائی وین داراورشر بعت کے باہد ہوتے ہیں اوراس قول برعمل کرتے ہیں کہ وہے والا باتھ لینے والے ہاتھ سے بہتر ہوتا ہے۔ یہ لوگ بے روز گاروں کوروزی روٹی ہے جوڑئے اور کاروبار ٹیس عدو ہے تیں بمیشہ ویش ویش دے ہیں میمن برادری کا ایک طروا متیاز مساجد کی تقییر ہے ان کے عیتے بھی ادارے ہی ان سب میں محدی جن ممبئ شہر میں بیمن براور کی ہے ذریعے تغییر کی گئی محدیں بڑی تعداد میں موجود جن ۔اور مدمجدین فن تغییر کے حسن اور کشادگی بیسا بٹی مثال آب ہی خواوو دا تا عمل حیب محد ، با مینار و محد ، تبید به محد ہو با جوتا بھی کی مجد یا پھر پریل کی مبحد ہر جگہ آپ کو یہ امتیار ٹی خصوصیت نظر آئے گی ۔ اسامیل حبیب مبحد کے تعلق سے ایک واقعہ مشہورے کہ جب مہمحد قبیر ہوری تھی تو ایک ترب شیخ نے مالی مدو کی چیش کش کی اس پراسا میل حبیب سن کے کہا کہ ہم نیک کام این جیب سے کرتے ہیں۔ ملائ ومعالم کے سلسلہ بی اس کمیونی کار بکارا سے صد متاثر کن ہے۔صابوصدیق امینال ،صابوصدیق میٹرنگی جوامام ہارگاواورسوامی اٹا کم مندر کے قریب واقع ہے اس کے علاوہ حاجی اسامیل الانتہ پنٹوریم جی مصرفی درگاہ اور ملاؤ ویٹ کے بیٹوریم کافل وکر جن ایک بیٹوریم و یولا کی میں بھی ہے میٹی کے انتہائی گلجان طاہ واہرا تیم مرجنٹ روز کھڑک برحاتی زکریا ٹیل ایک مسلم میتم خانہ ہے جو گزشتہ بیان 60 سالوں سے قائم ہے بیان 70 کے قریب یتیم بیٹے جی جن کی ممل کفالت بیادارہ کرتا ہے يبال برانك الكش ميذيم اسكول اومسلم بجيون كميلة جامعه اصلاح البنات كے نام سے ایک مدرسة مي قائم ہے۔ میمن برادری کی ممکن کی ایک ملک گیرشیرت بافته فخصیت مرحوم غلام محمو و بنات والا کی ہے وہ میمکی میں بعدا ہوئے زماندطاب على من وو م كى مين استووش مركل كمدرد ب البول في البول في البول في البول في قام اسکول ٹین ایک ہدری کی حیثیت ہے کیاووان کی تعلیم ساتم کا لیج کی تھی وود وم تیہ میارا شیر اسمیل کے مبر جے گئے ریکی بار تر کھاڑی ہے۔ 196 مٹن منتخب ہوئے دوسری مرحباتی وہ میٹیں ہے بیٹے گھائی کے بعد وو22 سال تک لگا ٹارممبر بار لیمنٹ رے انہوں نے بورق عمر ملک وقوم اور ملت کی ہے باک اور ہے لاگ تر بھانی کی اور عمر (الروزنامه أردونا فمنزا أمني عافون) كأخرى صدتك مخرك ادرفعال دي



قرآن پاک میں سورة الاحزاب کی آیت قبر 56 میں فربایا گیاہے" اللہ اور اس کفرشتے نی اللہ اور اس کفرشتے نی حوالے اور درود و سلام اللہ ایس اللہ ایس اللہ ایس اللہ ایس کی قبیر 56 میں فربایا گیاہے ، اس ایس کا میں ورود و سلام سیجو"۔ اس برگزید و آیت میں اللہ ایمان کو آپ تالئے پر سلو قوسلام کا حم دیا گیاہے ، اس آیت کا سیاق وسبان ، فاجر کر دہاہے کہ اس آیت جلیلہ میں اصافا انسانیت کے سائے اس مقام ومرہے کا بیان شروری ہے جو آپ تالئے کا جم کر دہاہے کہ اس اللہ ایس مقام ومرہے کا بیان شروری ہے جو آپ تالئے کو اپنے فاتی و مالئہ کے بال حاصل ہے اور اصلاً آیت میں وار دسارے تعمول سے اللی زنے و فاتی کو اپنے کر و طرز علی کے نامی ایس کے ذریعے اللہ ایمان کو اپنے آخر ہے ہے اس آیت کے ذریعے اللہ ایمان کو آپ کے تالئے کی مواجر سے مراجب میں ترقی پانے کی نویہ جال فرا

الہذا جہاں کہیں بھی ہے آیت سامنے آئے ، اس سے ہمارے فر ہنوں میں ہی آخرالز مال حضرت کھے۔

البندا جہاں کہیں بھی ہے آخرالز مال حضرت کا احساس واس کیر بہنا جا ہے۔ یہ بات مسلمانوں میں طے شدو ہے کہ اللہ اتحالی سے خطاب یا قباش یا اپنے قمل میں کوتائی ہوجائے تورب تعالی معاف فرمائے والا ہے، انسان کی ویدہ وانستہ قاطیوں کو بھی وہ جو ستار وغف رووق و ہے ، معاف فرما ویتا ہے، جب کہ وہی اللہ تعالی اپنے دوست ، فلیل اور ہندے حضرت محصوف کی جتاب میں فرمائی ہے اور پندے حضرت محصوف کی احتیار میں فرما تا۔ ای لیے آپ مسالتہ موجود وطر وعمل پرائ حمن میں تقدیدی نگاہ رکھنی جائے کہ کیس انظمی میں بھی کوئی حرکت یا کام ایسانہ ہوجائے، موجود وطر وعمل پرائی حمن میں تعالی بالنہ میں بھی کوئی حرکت یا کام ایسانہ ہوجائے،

جو الحمال (سالم) کو اکارت کرنے والا ہواور دائی باتھی کی کانتھائے آغاز بمان جائے۔

ورودشريف من الفظام إلى عمراد

ورودشر نیف نماز میں بھی پڑھنالازی ہاوراس میں افظ (سیّد نا دھزت) میں آگئے کے ساتھ آل تھ۔ علیہ کے الفاظ آئے میں۔اس موقع پڑآ آل کے افظ کا مفہوم کیا ہے؟ اس میں بحث طویل ہے اور الل علم کے پاس اپنے اپنے موقف کے لیے واکل و لظائر میں ،الیے معاملات میں اہل علم کے درمیان گفتگوا ورمباحثہ جاری رہتا ہے اور جاری رے گا اور نشی فیصلہ قیامت کے دن ہی ہو سے گا۔

يبان ام إينا موقف ويُن كردب بين، تاكدان آوركو يراعة بوع آب آل الفظافة عددى مفهوم فراد لين ، جو عادا موقف ب آب كي اكران عن شي راع تلف أكل ب قواطور داع أمين ال كاحر ام ب

ہارے بڑو کیگ آل کے لفظ میں (جیسا کر قرآن مجید میں آیا ہے) کی بڑی مربرآ وردہ شخصیت کے ساتھ وابستا فراو میں شکین اور متر ثین سب شال ہیں ، خواہ مجھو کے دوں ، بڑے دوں ، خواتی میں بول یا مرد، خواہ پہلے کر رے دوں یا کچھ ترسے بعد ہوں ۔ قرآن یا ک میں آل فرٹون وآل موق ہے ہی مراد ہے۔ ورود شریف کے الفاظ میں آل محفظ ہے شراد دار سے فرد کید آپ تھاتھ پر ایمان لانے والے تمام افراد چوٹے بینے ، مورش مرد ، عرب ، فیمر ترب آپ کے زمانہ مبارکہ کے دوں ، یا بعد کے ذمانوں کے (بھی) سب شامل جیں۔ ورجات میں باقع فرق رے گا۔ ای بات کی تاثید ہوتی ہے ایک ورود شریف کے الفاظ مراد کرے ، جو

حَرْت الوَسْعِيدَ الْفَرْنُ لَيْ آَپِ مَا لِلَّهُ عَدِوايت كِي إِن دِرُوثِرُ فِفَ كَالْفَاءُ يَهِ إِن: "اللَّهُمُّ صَلَّى عَلَى مُسَحَمَّدٍ عَبْدِكَ وَرُسُولِكَ وَصَلَّى عَلَى الْمُؤْمِنِينَ وَ الْمُؤْمِنَات وَالْمُسْلِمِينَ وَالْمُسْلِمَاتِ."

ای بات کی تائید یوتی ہے سور قاالاتراب کی اُس آیت ہے جی جومنذ کر وہالا آیت ہے تھوڑا ہی
پہلے ہا وراس میں اللہ تعالی کا ان ایمان رصلو ہے بیجند (اوراس کے فرشتوں کا بھی) کا واضح تذکر وہاوہ اور بھی معموم آل کا آل ایرائیم میں بھی ہوگا لیعنی وہ لوگ حضرت میں تھا تھیا ہی امرائیل پر ایمان لے آئے معلی معلی میں اور اس کی قوم کے افراد جو ایمان لے آئے ہیا امر قافون فرمون کا بیوی آسیہ جو حضرت موی تر ایمان لے آئی حالاں کہ وہ اوالا وایرائیم میں شامل میں تھی جب کر قام اور ان کی بیوم میں شامل میں تھی جب کہ قام دون کی بیوی آسیہ جو حضرت موی تر ایمان لے آئی حالاں کہ وہ اوالا وایرائیم میں شامل میں تھی جب کے واج موری تر میں میں اور اس کی وجہ ہے آل ایرائیم میں شامل ہوئے کی سعاوت سے محروم ہوگیا۔ حضرت اسامی کو مقد میں آباد کیا گیا تھا اور حضرت اسحاق کو فلسطین میں ، اُن پر جو قبائل اورافراد ایمان کے دوجہ می آل ایرائیم میں شامل ہیں۔

عبدوقاداري جليم اورسلام ____فلائ رسول

آپ تھا کے رسلو وہ نہیج کے متیج میں اللہ تعالیٰ بھی ملیکم کیمی اہل ایمان پر صلو وہ یا رحمیں بھیج ہے اور جیسا کہ اور اور جیسا کہ اور جیسا کہ اور کا بھا کہ اور کی طرف رہنما کی کر کے اور کی ہے جی اللہ اعلیٰ اور اعلیٰ اور کی طرف رہنما کی کر کے اور کی ہے اعلیٰ اور اعلیٰ ہے اعلیٰ اور اعلیٰ ہے اور جیسا کی اور میں کا اور کی ہونے کی جیسا کی اور کی ہونے کی اور کی ہونے کا اور جیسے کی اور کی کے اور کی ہونے کی جانب اس وقت تک روال ہے ، جب تک درود شریف کے ذریعے اللہ تعالیٰ کی جانب اس وقت تک روال ووال ہے ، جب تک درود شریف کے ذریعے اللہ تعالیٰ کی کھنوسی رحمت کو این بھر کے اور بیا ہے۔
کی کھنوسی رحمت کو این اطرف متوجہ کرتا رہتا ہے۔

آپ آگائی پرسلام آپ سے وفاواری متبعندا و اَطَعَنا کا اَضِهاراور اِسْلِیْدُوا اَسْلِیْدُمُا کا شُورِ ہے۔ گویا آپ آگائی کا برجم ، برفیملداور براشارہ الل ایمان کے لیے احتم کا درجد رکتا ہے اور الل ایمان کے پائی اس پھل کے سواکو کی دوسر ارات میں ہے۔ وریڈ گری کھائی ہے اور وہ نفاق کی ہے۔ ایک کیفیت کو آئ کے اُردو واور سے میں نفای رسول مالے ہے تھے کیا جا سکتا ہے، کو پاکسلیم کی کیفیت اور الا اُن فی غیرا اَسْدَا اَنْحُدُمُ کا اَضِهارای ورامسل ایمان کی بچون ہے اور نفائی رسول مالی کے ای جذہے کا دوسرانام ہے اور ایک فقد ان اُنفاق ہے۔

آيت صلوة وسلام كازمانة مزول:

ا کومفترین اس اُیت کے زمانہ زول کو جنگ خندتی ہی کے موقع پر خیال فرماتے ہیں، تاہم آیک رائے شعبان 2 جمری کی بھی ہے۔ اس تو پریش ہم نے کہلی رائے کو ہی تر یا دی ہے، تاہم آپ نیکھی کی حیات طیبا اور طرز عمل سے واقع ہے کہ اس آیت کا زمانہ نزول کوئی بھی ہوا آپ کی تعلیمات بھی تھیں اور آپ محاب کرام کو پہلے بھی انھی خطوط پر تربیت وے رہے تھے اور ڈومنا وقلیا تیار کررہے تھے اور اس آیت کر پر کے نزول کے بور بھی بھی ساسلہ جاری رہا۔



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