



News Letter Completed 6 years

Issue No.73

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Mohammed I. Badi
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Mansoor A.R. Shivani

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Joint Secretary:

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Prepared and produced by

Newsletter Committee MWS

MASA with approval of

Committee and President and

General Secretary. Contact

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MASA

Memon Welfare Society Newsletter July 2015

Ramdan Mubarak



MASA Newsletter has completed 6 years of its inception on line and it has played a role of bridge in creating trust and confidence between MWS-MASA and our Community. CONGRATULATION to Newsletter Committee who deserves appreciation from the community.

Cake Cutting Ceremony of 6th Anniversary of MASA Newsletter took place by the hands of a Renown dignitary and "Knight of Journalism" Mr. Khaled AlMaena. Patron and Office Bearers are accompanying him



Unity and Welfare Services of Memon Community throughout globe are exemplary; Khalid Al-Maena

(Report and Pics of the event "An afternoon with Khaled Al Maeena" and "Iftar Party" in the following pages)

Dear Brothers and Sisters,
Assalamo Alaikum WRWB

First of all we would like to inform our community with great pleasure that MASA Newsletter has completed Six Years of its launching. Masha Allah. Undoubtedly, MASA News Letter has been playing a vital role in strengthening the relationship between Community and Memon Welfare Society. We also express thanks to brothers and sisters who sent to us their best wishes and greetings on 6th Anniversary of the Newsletter. The 6th Anniversary of Newsletter was solemnized with a relevant dignitary, famous as "knight of Journalism" Mr. Khaled Al Maeena at a social event organized by MWS last month.

Al Hamdo Lillah, MWS, Iftar Party also took place successfully. Masha Allah, more than 150 community male members attended the Iftar Party. After consultation with Treasurer, the Secretary General updated the audience about the help and assistance provided by MWS honestly to needy people during last year. In view of last year's report, most of the attendees willingly participated and gave their commitments for providing MWS with their assistance for needy individuals or families during next year. We express our gratitude and appreciation for their support and cooperation.

Since Eid Al Fitar is also falling during current month, we on behalf of MWS-MASA take the opportunity to convey our entire community Eid Mubarak in advance. May Allah Almighty accept our fasting, prayers, recitation of holy Quran, and all good deed and forgive us if we have committed anything wrong during our past life, particularly in holy month of Ramadan. Aameen.

We hope this Issue will be informative and interesting to you, however, we sincerely apologize, if there is any typographic or omissions. MAY GOD BLESS OUR COMMUNITY.

Thanks and best regards
Newsletter Committee

Various Committees to facilitate our activities:

Funds Raising & Disbursement Committee:

Shoib Sikander
Younus Habib
Mansoor Shivani
Irfan Kolsawala
Mohamed Badi

Event Management Committee:

Office Bearers and
Abdul Kader Africawala
Abdul Qader Teli
Asif Lala
Nasir Ibrahim
Ahmed Kamal

Education Committee

Rashid Kasmani
Shoeb Sikander
Irfan Kolsawala
Nasir Ibrahim
Abdul Kader Africawala
Abdul Qader Teli

Youth & Sports Committee:

Tarek madani
Wasim Taie
Asif Lala
Abdul Kader Africawala
Shakir Aziz
A.Qader Teli
Iqbal Advani - Sponsor

Newsletter Committee:

Tayyab Moosani
Rashid Kasmani
Nasir Ibrahim
Salim Burmawala
Irfan Kolsawala

Dispute Settlement Committee:

Younus Habib
Irfan Kolsawala
Younus Abdul Sattar
Kaleem Naviwala
Mansoor Shivani

Ladies Committee:

Spouses of Members of
Core Committee and
Advisory Committee

Costitution Committee:

Dr. Iqbal Musani
Nasir Ibrahim
Rashid Kasmani
Shoab Sikander
Siraj Lala
Tayyab Moosani

President & GS shall attend all committees meetings as an ex-officio.

The Welfare Services of Memon Welfare Society



میمن ویلفیئر سوسائٹی کی فلاحی خدمات

- ✓ Helping needy students for education fee - تعلیم اور مدرسے کی فیس کے لئے غریب طالب علموں کی مدد
- ✓ Helping Community members for health care for those who cannot afford - ان لوگوں کو جو طبی علاج کے اخراجات کا متحمل نہیں ہو سکتے کی مدد
- ✓ Helping in Coffin & Burial Services - کمیونٹی کے رکن کے انتقال کے بعد تدفین میں مدد
- ✓ Helping & guiding unemployed in seeking employment - روزگار کی تلاش میں بے روزگار کی رہنمائی و مدد
- ✓ Voluntarily Matrimonial services - بچوں کے لئے رشتے کی تلاش میں مدد
- ✓ Beside above we are assisting some Madrassa by paying fees of needy students and school where the students receive free education who cannot afford even the nominal fee. - اس کے علاوہ اپنی کمیونٹی کے لئے اکثر دیگر سماجی اور فلاحی سرگرمیوں کا اہتمام
- ✓ We also hold other social & welfare activities for our community such as Seminar, Families get to gather together, Career guidance sessions, evening with scholar, and also help financially and materially the victims of natural disaster such as flood in Pakistan and Earth quake etc. - مختلف موضوعات پر سیمینار کا انتظام
- ✓ During last two year we have sent 8 shipments of used clothes for needy people in Pakistan & India. - خاندانی اجتماع
- ✓ We also collect unused medicines for free medical camps organized by Pakistan welfare Society in Consulate General of Pakistan Jeddah. - مستقبل کے کیریئر کے لئے طالب علموں کو مشورہ

No doubt, Memon Welfare Society is playing a significant role by providing an opportunity to the community families to meet, greet and eat together from time to time, which is a piece of good fortune. It is worth mentioning that we have formed various committees to undertake their respective responsibilities and assignments.

In brief MWS is purely social and welfare forum to serve the community and humanity.

مشہور عالم شخصیات کے ساتھ شام - ہم پرانے لباس جمع کر رہے ہیں - ہم بھی مفت طبی کیمپ کے لئے غیر استعمال شدہ ادویات جمع کر رہے ہیں کوئی شک نہیں، میمن ویلفیئر سوسائٹی - مختلف خاندانوں کو ملاقات کرنے - سلام و دعا کرنے - ایک ساتھ کھانا کھانے کے مواقع فراہم کر کے کمیونٹی میں اہم کردار ادا کر رہی۔ اس کے علاوہ ہم نے اپنی اپنی ذمہ داریوں اور فرائض کو انجام دینے کے لئے مختلف کمیٹیاں تشکیل دی ہیں۔

مختصراً میمن ویلفیئر سوسائٹی خالصتاً سماجی اور برادری کی فلاح و بہبود اور انسانیت کی خدمت کرنے کے لئے ایک فورم ہے۔



Khaled Al Maena

AN AFTERNOON WITH CELEBRITY “KNIGHT OF JOURNALISM” KHALED ALMAEENA

Report on the event

Memon Welfare Society (MWS) is engaged in voluntary & welfare services in Jeddah since last seven years, It hosted a reception with Luncheon in the honor of “Knight of Journalism” a luminary Khaled Al-Maeena named as “An Afternoon with Khaled Al-Maeena” at a Lasani (Ex.Spinzer) Restaurant, Jeddah recently.

The Reception commenced with recitation from Holy Quran and then the Secretary General of MWS Tayyab Moosani, welcomed and introduced the Chief Guest with entire board members and their families. Moosani said that he has been reading the columns and articles of Al-Maeena since his arrival for job in Saudi Arabia in 1983 and always found these write-ups very interesting and informative. He added that in spite of being Saudi Citizen, respectable Khaled Al-Maeena always pointed out the issues and problems related to the expatriates in the kingdom.

Moosani expressed in his speech that Al Maeena loves poor people regardless of religion they belong. Very recently, he helped out in acquittal of some innocent Non Muslims Hindus and/or Christians who were detained in various matters. Moosani, said a blunt and bold journalist like Khalid Al Maeena gives true feelings and impression from his articles that he is an advocate of expatriates. Dr. Iqbal Musani an old friend of Khaled Al-Maeena, said he knows him since last 35 years and have always found him very friendly and alike representative of foreign workers in the Kingdom. Dr. Musani praised Khaled Al-Maeena and his family affection to the community of subcontinent. Khaled Al-Maeena is a very friendly and has always been closed to the community belong to subcontinent that’s why he always raises his voice for the issues of expatriates, he said.

Addressing on the occasion Khalid Al-Maeena said it is a great pleasure being among group of Memons in Jeddah. I know Memon families and one of them was friend of mine with a big name ADAMJEE. This family has done a lot for the humanity in Pakistan. One of the best colleges of Karachi is Adamjee Science College founded a by Adamjee family in decade of Nineteen Seventy and onward. Unity and welfare services of Memon Community throughout globe is exemplary, he added. He referred to the big name of Abdul Sattar Edhi, a Pakistani memon who is a renown & acknowledged social worker in welfare services globally.

He expressed his views on “Role of Expatriate in the Kingdom”. He said, that the expatriate is not suitable word to use for foreign worker in the Kingdom. In fact all human beings are expatriates, they are temporary here on the earth. He said, the foreign workers here in the kingdom includes from highly qualified and skilled professionals to small labour who have played a vital role in various sectors of the kingdom. Al Maeena said, I love the media because it can be a tool for positive change, he said. By accident of history he is in a position to be able to write about and highlight the plight of the poor and disadvantaged and at the same time bat for Saudi Arabia. He saw no conflict in that. His function, given that there are millions of expatriates in the kingdom and in the days before internet and the fact that they largely did not have access to the rule of law, was to use the Arab News as a ray of hope. They would write letters to the editor and there were many instances where he went out of his way to intervene.

He emphasized on the role of woman in the society to be enhanced as the Islam gives enough rights a woman in the society. At the end of speech, a Question and Answer session took place. Khaled Al-Maeena was asked several questions from male and female audience related to the expatriate issues, which were replied by him bluntly and very nicely. While concluding he views, he thanked and appreciated the efforts of voluntary services made by MWS. At last a cake cutting ceremony for 6th Anniversary of internal monthly Newsletter of MWS containing its social & welfare activities took place. Thereafter a lunch of various dishes of sub continent was served to all male & female invitees. Being a token of appreciation, a gift was presented from MWS to Mr. Khaled Al Maeena and the session reached to an end with pleasant atmosphere. At end Mr. Tayyab Moosani expressed thanks to all invitees for attending he event, specially he thanked to Patrons of MWS and coordinator Shoaib Sikander whose participation and untiring efforts made this event successful. As usual, photography was done by a professional photographer and our board member Mr. Salim Habib without any charges. Lot of thanks to him for his support and kind cooperation on various occasions.



Tayyab Moosani



Khaled Al Maena



Dr. Iqbal Musani

Press Clipping

Saudi Gazette

3rd June



MWS' community welfare activities commended

BY SYED MUSSARAT KHALIL
SAUDI GAZETTE

JEDDAH — The Memon Welfare Society (MWS) organized a family gathering on the occasion of its 7th anniversary at Al-Shallal Park here recently.

Well-known community figure and founder member of MWS Yaqoob Al-Maimani was the chief guest. The program began with the recitation of the Holy Qur'an

by Osama Altaf Basheer. MWS President Arif Memon welcomed the guests.

Tayyab Moosani, MWS secretary-general, presented a brief report on the welfare activities of the group. He said MWS would not have been able to carry out the activities without the support and cooperation of businessmen and philanthropists from the community.

Speaking on the occasion, Al-Maimani congratulated MWS for completing sev-

en years of social service. He said MWS deserves appreciation for playing a vital role in the community through its voluntary services.

Office bearers of the group presented a shield of gratitude to Al-Maimani.

Dr. Iqbal Mussani, professor at a local medical college, presented a guidance class to children wishing to choose careers in medical field.

Abdulrahman Merchant, chartered

accountant and chief of the finance division of a local group of companies, gave a presentation on career in the accounting and finance sector.

Professor Erum Shoaib, educationist, gave a general lecture about selecting careers in any discipline.

Iqbal Advani and Tayyab Moosani received shields from Al-Maimani in recognition of their dedicated and selfless efforts in rendering services to the com-

munity during the last seven years.

A cake-cutting ceremony followed and various complimentary gifts were distributed to all male and female participants.

The event was conducted by Irfan H. Ahmed Kolsawala while Shoaib Sikander, Wasim Tai and Ahmed Kamal Makki contributed to organizing the event. Younus Habib, MWS vice president, gave the vote of thanks. Around 500 people attended the program at Al-Shallal Theater.

Saudi Gazette

6 June 2015

Unity, welfare services of Memon community exemplary: Almaeena

BY SYED MUSSARAT KHALIL
SAUDI GAZETTE

JEDDAH — The united front of the Memon community and welfare services by the Memons throughout globe is exemplary, said Khaled Almaeena, Saudi Gazette Editor at Large, and cited Abdul Sattar Edhi, a Pakistani Memon, as an example.

Edhi is a renowned and an acknowledged social worker globally. Almaeena was speaking at the reception hosted in his honor by the Memon Welfare Society (MWS). The reception in recognition of the 'Knight of Journalism' Almaeena was termed as "An Afternoon with Khaled Almaeena" at a local restaurant recently. The MWS has been engaged in voluntary welfare services for the community in Jeddah for the last seven years.

Almaeena, in his address, said it was a great pleasure being among group of Memons here.

"I have known Memon families in my formative years and one of them from the Adamjee family was my friend. This family has done a lot for humanity in Pakistan. One of the best colleges in Karachi is the Adamjee Science College founded by the Adamjee family," he said.

Speaking further, on the "role of expatriate in the Kingdom," he said, that "expatriate" was not the suitable word for foreign workers in the Kingdom. "In fact all human beings are expatriates, they are temporary members here on the earth. And as anywhere in the world all expatriates have a purpose. The foreign workers in the Kingdom include highly qualified and skilled professionals to small laborers who have all played a vital role in various sectors of the Kingdom."

Digressing, Almaeena said, "I love the media because it can be a tool for positive change. By accident of history I am in a posi-

tion to be able to write about, and highlight the plight of the poor and disadvantaged and at the same time bat for Saudi Arabia.

"Given that there are millions of expatriates in the Kingdom and in the days before the Internet and the fact that they largely did not have access to the rule of law, the media as a ray of hope for them. They would write letters to the editor and there were many instances where I went out of my way to intervene.

"The role of woman in society needs to be enhanced as Islam gives enough rights for woman to contribute to society."

During the question and answer session soon after his address, Almaeena was asked several questions related to expatriate issues, to which he provided some blunt answers.

MWS Secretary General Tayyab Moosani welcomed and introduced the chief guest.

Moosani said that he has been



Khaled Almaeena is cutting a cake at a reception hosted in his honor by Memon Welfare Society, Jeddah. — Courtesy photo

reading the columns and articles of Almaeena since his arrival in Saudi Arabia in 1983 and always found them very interesting and informative.

Moosani said, a blunt and bold journalist like Almaeena, through his articles has emerged as an advocate of expatriates. He added that Almaeena helped all regardless of religion citing a recent example

of getting some innocent non-Muslims acquitted from jail.

Dr. Iqbal Musani, who has known Almaeena for 35 years, said that he always found Almaeena very friendly and a keen helper of foreign workers in the Kingdom. He praised Almaeena for showing concern for the expat community of the subcontinent and for always raising his voice for their

issues. A cake cutting ceremony for 6th Anniversary of MWS newsletter took place. A gift was presented by MWS to Almaeena as token of appreciation.

Tayyab Moosani expressed thanks to all invitees and MWS patrons coordinator Shoaib Sikander for his untiring efforts to make the event successful.

10 June 2015



میمن ویلفیئر سوسائٹی کے سرپرستوں، عہدیداروں اور بورڈ ممبرز کا خالد المعینا کے ساتھ گروپ فوٹو

دنیا بھر میں میمن کمیونٹی کی خدمات مثالی ہیں، خالد المعینا

میمن سوسائٹی کی تقریب سے خطاب، سوسائٹی کے رضا کارانہ کاموں کی تعریف

مملکت میں کام کر نیوالے غیر ملکی محنت کشوں کیلئے تارکین وطن کا لفظ مناسب نہیں۔ درحقیقت سارے انسان تارکین وطن ہیں کیونکہ کرۂ ارض پر ان کا قیام عارضی ہے۔ انہوں نے کہا کہ مجھے میڈیا سے محبت ہے کیونکہ یہ معاشرے میں مثبت تبدیلی لانے کیلئے ایک آلہ کے طور پر کام کرتا ہے۔ انہوں نے معاشرے میں خواتین کے کردار پر زور دیا۔ تقاریر کے بعد سوال جواب کا سیشن شروع ہوا۔ سامعین میں سے مرد اور خواتین دونوں نے ہی تارکین کے معاملات پر سوالات پوچھے جس کے انہوں نے تسلی بخش جوابات دیئے۔ آخر میں انہوں نے میمن ویلفیئر سوسائٹی کے رضا کارانہ کاموں کی تعریف کی۔ اس موقع پر سوسائٹی کے ماہانہ نیوز لیٹر کی چھٹی سالگرہ پر کیک کاٹا گیا۔ بعد میں انہیں سوسائٹی کی طرف سے تحفہ پیش کیا گیا۔

جدہ (نیوز ڈیسک) ممتاز دانشور اور صحافی خالد المعینا نے کہا ہے کہ دنیا بھر میں میمن کمیونٹی کی فلاحی خدمات بے مثال ہیں۔ وہ جس طرح متحد ہو کر کام کرتے ہیں وہ بھی مثالی ہے۔ انہوں نے اس سلسلے میں ممتاز شخصیت عبدالستار ایڈھی کا نام لیا جو اپنی سماجی خدمات پر دنیا بھر میں جانے پہچانے جاتے ہیں۔ خالد المعینا نے یہ بات میمن ویلفیئر سوسائٹی کی طرف سے ”خالد المعینا کے ساتھ شام“ نامی تقریب سے خطاب کرتے ہوئے کہی۔ سوسائٹی کے سیکریٹری جنرل طیب موسانی نے کہا ہے کہ وہ ایک جرات مند صحافی ہیں اور ان کے آرٹیکلز پڑھ کر محسوس ہوتا ہے کہ وہ تارکین وطن کو عزیز رکھتے ہیں۔ ڈاکٹر اقبال موسانی نے کہا کہ میں 35 برس سے انہیں جانتا ہوں اور معینا اور ان کا خاندان برصغیر کے لوگوں سے محبت کرتا ہے۔ تقریب سے خطاب کرتے ہوئے خالد المعینا نے کہا کہ

Tuesday 09 June, 2015

Unity and Welfare Services of Memon Community throughout globe are exemplary; Khalid Al-Maeena



Khaled Almaeena is cutting a cake at a reception hosted in his honor by Memon Welfare Society, Jeddah. — Courtesy photo

JEDDAH(Syed Mussarat Khalil/Bureau Chief): The united front of the Memon community and welfare services by the Memons throughout globe is exemplary, said Khaled Almaeena, Saudi Gazette Editor at Large, and cited Abdul Sattar Edhi, a Pakistani Memon, as an example.

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“Given that there are millions of expatriates in the kingdom and in the days before the Internet and the fact that they largely did not have access to the rule of law, the media as a ray of hope for them. They would write letters to the editor and there were many instances where I went out of my way to intervene.
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During the question and answer session soon after his address, Almaeena was asked several questions related to expatriate issues, to which he provided some blunt answers.

MWS Secretary General Tayyab Moosani welcomed and introduced the chief guest. Moosani said that he has been reading the columns and articles of Almaeena since his arrival in Saudi Arabia in 1983 and always found them very interesting and informative. Moosani said, a blunt and bold journalist like Almaeena, through his articles has emerged as an advocate of expatriates. He added that Almaeena helped all regardless of religion citing a recent example of getting some innocent non-Muslims acquitted from jail.

Dr. Iqbal Musani, who has known Almaeena for 35 years, said that he always found Almaeena very friendly and a keen helper of foreign workers in the Kingdom. He praised Almaeena for showing concern for the expat community of the subcontinent and for always raising his voice for their issues. A cake cutting ceremony for 6th Anniversary of MWS newsletter took place. A gift was presented by MWS to Almaeena as token of appreciation. Tayyab Moosani expressed thanks to all invitees and MWS patrons coordinator Shoaib Sikander for his untiring efforts to make the event successful.

میمن ویلفیئر کی ساتویں سالگرہ کی تقریب

میمن ویلفیئر سوسائٹی سعودی عرب کی جانب سے ساتویں سالگرہ اور شعبہ نے منیہ اور ریاض کے بعد میمن ہلال میں کیریئر کے لئے کے موقع کیریئر گائیڈنس پروگرام کا اختتام کیا گیا جس میں میمن ویلفیئر (ڈاکٹر اقبال موسانی نے پریذیڈنٹ اور سٹافنگ کی مدد سے ایک مضمونی نے شرکت کی۔ پروگرام کے مہمان خصوصی مکہ اور جدوہ کی معروف شخصیت یعقوب امانی تھے جبکہ ان کے ساتھ سکریٹری امانی نے بھی شرکت کی۔ پروگرام میں شرکت کی۔ موسانی کے بڑے بھائی عزیز علیہ موسانی نے موسانی کی سرگرمیوں پر روشنی ڈالنے کے ساتھ ساتھ کارکردگی بیان کی اور کہا کہ موسانی کو برادری کے کئی شعبہ جات پر مضامین کا عنوان حاصل ہے جن کے غیر قانونی کاموں کو کئی جامع پروگراموں کے طور پر کیریئر گائیڈنس پروگرام 2014 پمنا کیریئر سے اور آئندہ کئی دیگر پروگراموں کی طرح برساتی اس پروگرام کا اختتام کرتے ہیں۔ تاکہ کئی نئی اور بڑھتی ہوئی شے اور مستقبل کی سرگرمیوں کو کارآمد بنانے میں انہیں مدد مل سکے۔ پروگرام کے بعد کیریئر گائیڈنس کا آغاز کیا گیا جس میں جرنل گائیڈنس پر پمنا

جنگ

Saturday, June 13, 2015, Shaaban 25, 1436 A.H.

Our on going activities

MWS Current Activitie

1. Assistance being provided to needy students of Private School and Madrassa Hifzul Quran.
2. Collecting and delivering unused medicines to Pakistan Welfare Society for their free medical camp take place every alternate Friday. If anyone has unused medicines, please contact Ahmed Kamal Makki Tel:0501821759/0541299786)
3. Collecting used clothes for needy people in India and Pakistan. Several Shipments have so far been dispatched to Pakistan and India. Please deliver used clothes at STAR (Ex. Al Shifa) Center for Fresh Chicken & Meat at its new location Sahafa Street, Near Duha Int'l School, Opposite women world for dresses, Shar-e-Sahafa Azizia,(Ahmed Kamal Makki Tel: 054129978/ 05018217596) .
4. Helping very needy & deserving people from Zakat fund.
5. Matrimonial service WITHOUT ANY FEE is being enhanced day by day.

MWS Events/Programs in very recent past and/or in Near Future other than day to day welfare activities:

1. An evening with celebrity "Knight of Journalism" Mr. Khaled Al Maeena held on 7th June 2015.
2. An Iftar Party of Male Members of the Community held on 24 June 2015 cor 7th Ramadan 1436.
3. A Reception in the honor of the Newly elected President All India Memon Jamaat's Federation Mr. Iqbal Memon (Officer) held on 30th June 2015.
4. Rest & Recreation trip of members and their families to be organized soon.
5. Award Ceremony for outstanding students of the community who secured meritorious positions in their exams during 2015 expected to take place after Summer vacations 2015.
6. More programs and events will take place upon suggestion of Board Members

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Another Shipment of used clothes is being prepared by a hardworking Board Member Ahmed Kamal Makki, which will be shipped soon either to India or Pakistan, community may please deliver used clothes at given address asap

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Little Smile

Wife: What r u doing?

Husband: Killing mosquitoes?

Wife: How many did u kill?

Husband: Total 5. Two females, 3 males.

Wife: How do u know their genders?

Husband: 2 near mirror and 3 near beer

If u can convince a girl in less than 5 minutes then she is ur mom.

If u can convince a girl in 15 minutes then she is ur sister.

If u can convince a girl in 30 minutes then she is ur daughter.

If u can convince a girl in 1 hour then she is ur girl friend.

If u can convince a girl in 3 hour then she is ur lover.

And ultimately

If u can't or get a chance to convince a girl then she s ur wife.

Ramadan: Striving for God Consciousness

Courtesy Islamic City Bulletin

Ramadan is the month of fasting for Muslims the world over. Muslims refrain from eating, drinking, and sexual intercourse from dawn to dusk for the duration of Ramadan. For some, fasting may appear as a form of deprivation and of bodily exertion. On one level, abstaining from sensual needs and pleasures is indeed a physical experience. But those who stop at the physical aspects of fasting miss the essence of Ramadan and its purpose.

Fasting the month of Ramadan is one of the five pillars of Islam. These are the foundation upon which the entire structure of Islam is built. These consist of the declaration of faith, prayer, fasting Ramadan, paying of Zakah [the annual charity payment], and performing the pilgrimage to Makkah, known as hajj. Three of the five pillars of Islam are rituals, that is, prescribed religious acts whose rationale is not immediately available for understanding. These are prayer, fasting, and hajj. Muslims are required to do them because they are part of their religious duties, that is, they are part of their covenant with God.

As a ritual, fasting is a symbolic act whose meaning becomes gradually apparent through experience. The meaning embodied in a ritual is always unveiled when one immerses himself or herself in the act itself. This does not mean that fasting is not open to intellectual delineation, but rather any intellectual delineation either presupposes or predicts a meaning that can best become apparent through performing the symbolic act itself.

Spiritual Development

The essence of fasting Ramadan and its goal is summed in the Qur'an in one word: taqwa. "O you who believe! Fasting is prescribed to you as it was prescribed to those before you, that you may attain taqwa." (Qur'an 2:183)

But what is taqwa? And how does it relate to the physical act of fasting?

Taqwa is a recurring theme in the Qur'an and a paramount Qur'anic value. Taqwa is both an attitude and a process. It is the proper attitude of the human toward the divine that denotes love, devotion, and fear. Love to the source of good and beauty that make life worth living; devotion to God's boundless wisdom and majesty; and fear of misunderstanding the divine intent or failing in maintaining the appropriate posture and relationship.

The attitude of taqwa cannot and does not stay in the confines of the human spirit, but is ultimately revealed in expression and action. The attitude of taqwa is ultimately revealed in, and in turn reveals, the true character it nurtures: the commitment to the sublime values stressed by divine revelations of courage, generosity, compassion, honesty, steadfastness, and cooperation in pursuing what is right and true.

Taqwa is equally the process by which the believers internalize the sublime values of revelation and develop their character. Thus the Qur'an reminds the believers that they should not reduce religious practices to a set of blind rituals, of religiously ordained procedures performed at the level of physical movement, and that they should always be mindful that religious practices, like praying and fasting, ultimately aim at bringing about moral and spiritual uplifting: "It is not righteousness that you turn your faces towards East or West: But it is righteousness to believe in God and the Last day, and the Angels, the Book, and the Messengers; to give out of the things you hold dear to your kin, the orphans, the needy, the wayfarer, the one who asks, and to free the slave. And to be steadfast in prayer and to give for charity. To fulfill the covenants you have made, and to be firm and patient in times of pain, adversity, and panic. Such are the people of truth, and such are the God-conscious." (Qur'an 2:177)

As Ramadan helps us to develop our moral discipline, it also reminds us of the plight of those who live in constant hunger and deprivation. We are reminded time and again by the revealed book that religiosity is meaningless and pointless if it does not lead people to care and share: "Have you seen one who belies judgment; it is the one who repulses the orphan, and does not insist on feeding the needy. So woe to those who pray but are neglectful of their prayers. Those who are guilty of duplicity and refuse to provide for the ones in need." (Qur'an 107:1-7)

Commitment

Fasting Ramadan, like other religious practices in Islam, is an occasion for pursuing moral excellence that can also be translated into excellence in social organization and interaction. In a tradition that was reported in the books of Bukhari and Muslim, the Prophet was once asked: "O messenger of God! who is the most honored of people? He said: the one who has most taqwa. They said: this is not what we are asking about.... He said: ... the best of them prior to Islam is the best of them in Islam if they comprehend (the revealed message)."

It is not difficult to see that the Prophet's companions did not have immediate access to the meaning of taqwa, as many Muslims today still don't. When they did not accept his first statement as an answer, the Prophet gave them an explanation of what he meant when he responded to their question about "the most honored of people." In responding with the question, the Prophet was reiterated the meaning provided by the Qur'an: "Verily the most honored of you in the sight of God is the most righteous (mutaqi)." (Qur'an 49: 13) The Prophet's statement underscores the fact that taqwa as a moral and spiritual quality is significant in the human world insofar as it leads people to act with compassion and respect toward others.

Empowerment

Nothing does empower a community more than the development of the moral character of its members. By embodying the moral values of revelation, people can have a higher social life, one that is based on mutual respect and help, as it is based on honest and fair dealings, and a sense of duty that encourages people to observe the principles of right and justice as they pursue their varying and competing interests. The theme that moral life based on the notion of taqwa leads to societal strength and prosperity is an oft repeated theme in the Qur'an: "Whoever has taqwa of God, He prepares a way out for them, and He provides them from sources they never could imagine." (Qur'an 65: 2-3) And again: "Verily the earth is God's to give as a heritage to such of His servants as He pleases; and the end is best for the God-conscious." (7: 128)

Fasting is not simply a time during which people deprive themselves from physical pleasures, but is an occasion to exercise moral restraint and experience spiritual growth. Ramadan is a time of remembrance of God and renewal of commitment to the high and noble values he revealed to mankind. And nothing would give us the sense of spiritual fulfillment than a state of taqwa, of God-consciousness, that Ramadan helps us to realize.

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Sad Demises in the community and request for prayers

1. **M. Iqbal Aziz Jaliawala passed away in Pakistan father of Well Wisher of MWS in Jeddah brother Yousuf Jaliawala**
2. **Haji Yousuf Walim Mohammed Hashim Kasmani passed away in India brother in law of Rashid Kasmani our Joint Secretary**
3. **Haji Amanullah Naviwala passed away in Pakistan, beloved father of Kaleem Ahmed Naviwala our patron.**
4. **Elder sister of Well Wisher of MWS in Jeddah Hanif Loharia passed away in India.**
5. **Zubeda Ibrahim Padwa Aunt (Khala) of our board members Younus Abdul Sattar Passed away in Pakistan Please offer Dua-e-Magfarat for all above deceased as well as all Muslims who have passed away anywhere in the world. May Allah almighty rest their soul in heaven and give patience and courage to their family members to bear such an irreparable loss.**

Also pray for the good health of those brothers & sisters and/or their family members or relatives who are ailing. May God Bless Muslim Ummah.

Health Corner

Eating tips to improve your diet

Small changes can make a big impact. Try to:

- Cut back on, sugary drinks like soft drinks and energy drinks. Sugar-free versions are okay to drink sometimes, but sugar-free fizzy drinks are still acidic, which can have a negative effect on bone and dental health. Water is the healthiest drink – try adding a slice of lemon, lime or orange for flavour.
- Keep a fruit bowl stocked at home for fast and low-kilojoule snacks.
- Eat breakfast every day so you're less likely to snack on junk food at morning tea. A wholemeal or wholegrain breakfast cereal that is low in sugar served with low-fat milk can provide plenty of vitamins, mineral and fibre. Other fast and healthy options include yoghurt or wholemeal toast.
- Don't skip lunch or dinner either. Don't add salt to your food.
- Help with the cooking and think up new ways to create healthy meals. Make those old family recipes lower in fat by changing the cooking method – for example, grill, stir-fry, bake, boil or microwave, instead of deep frying.
- Reduce the size of your meals.
- Don't eat high-fat foods every time you visit a fast food outlet with your friends. Many of the popular fast food chains now have healthier food choices on the menu.
- Change your meeting place. Rather than meeting up with your friends at the local takeaway shop, suggest a food outlet that serves healthier foods, such as wholemeal rolls with vegetable fillings or sushi.

Challenges of Old Age

On Friday, as I placed the Quranic recitation CD of Surah Kahf on the CD player for my bed-bound mother-in-law, the fact that she had responded and had indicated that the volume was audible, brought a sense of joy to me with the fact that this was going to be one of her good days.

The effects of Dementia with the added on tragedy of multiple strokes were heartbreaking. It was a terrible reality of old age to cope with lost memories, hallucinations and paralysis. What must she remember and what had she forgotten. Throughout this ordeal, she has kept a serene and patient facade and may that calm prevail in her mind and spirit.

Although, the entire experience has been an enduring as well as a learning one, the small rewards of a smile or her contentment resonates deeply and provides satisfaction to the soul. To arrive to this level of feeling satisfaction has not been an easy one. The challenges have been an immense one from the physical care, to the emotional, plus the added frailty of the relation. Being a part of what is called the 'sandwich generation' has brought on challenges that one wouldn't have conceived prior to actually facing it. An elderly in any form of need has to be added on as another child of the family from the perspective of responsibility and nurturing.

Reading the countless verses of the Holy Quran and sayings from the Hadith in reference to the treatment of parents, we are aware of the multiple blessings of being kind to parents and treating them with honour. At times, not uttering an 'ugh!' can be a difficult task when your parent himself/herself is struggling through mental and physical issues. An example may be of an elderly parent hallucinating and accusing their child of wrong-doing or another test may be trying to feed an elderly parent when the parent is not complying.

As with the challenges of raising children, from the pain of childbirth to helping them become independent, the pain and the trials are eventually forgotten. The physical pain and inconvenience brought into our lives by the actions of caring is sifted out while the cherished memories of the special bond remains. What is left is a satisfaction of the end product of a family life.

As with our elderly parents who might physically and emotionally need us, the difficulties exist and are faced to firstly please Allah ﷻ and secondly to please our parents. During the moment of the tests, when our minds become vulnerable to the daily challenges, we might pray for strength and stamina. Although at that time when we feel the burden the most, the hill might appear like a mountain. However, time lapses and strengthens our limits and thresholds. "Those who believe, and whose hearts find comfort in the remembrance of Allah! Behold in the Remembrance of Allah do hearts find satisfaction." (Quran 13:28)

The deepest contentment adheres to our conscience and comforts in knowing that the right path was chosen. Striving to follow the prescribed methods of familial conduct within our families not only brings us closer within our hearts to our Creator but remedies the condition of the soul with pleasure and satisfaction.

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[You may consider publishing a meaningful Ghazal in July issue of Newsletter that you issue every month.](#)
[Best wishes and regards Abdul Ghaffar Fancy](#)

رونا تو اس کا ہے کہ رونا نہیں آتا دامن مجھے اشکوں سے بھگونا نہیں آتا ہر بار ہ بکھرے ہں، نہ بن پا کبھ بار خوابوں کو حقیقت میں پرونا نہیں آتا دولت ک طلب لے کے جو دن رات جنے ہں دولت ک بوس میں انہیں سونا نہیں آتا کاٹن گے کہاں سے وہ بشر فصلِ رفاقت اخلاص دلوں میں جنہیں بونا نہیں آتا مل مل کے بدن اپنا وہ دھوتے تو ہں لکن جو مل ہے من میں اُسے دھونا نہیں آتا پانے کا جو ہے راز، وہ کھونے میں نہاں ہے وہ پا نہ سکے گا، جسے کھونا نہیں آتا دل میں بو بھرا زہر، مگر شہد زباں پر بہتر ہے، ہ فن تم کو جو مونا نہیں آتا

**Pictorial View of the Event “An afternoon with Celebrity Khaled AlMaena”
a prominent Journalist in the Middle East. And 6th Anniversary of
MASA Newsletter held very recently.**



Khaled Al Maena expressing his views on the given topic “Expatriate’s Role in Saudi Arabia”. Audience listening to his views attentively.



A Question and Answer Session also took place which was very interesting. Khaled Al Maena is being asked questions and he is giving answers to the questions of audience.



Younus Habib, Acting President MWS-MASA is presenting a gift as a token of appreciation to Khaled Al Maena for spending his precious time with us.

cont.....from prepage.....”an afternoon with Khaled Al Maena”



On the occasion of completion of SIX year of MASA Monthly Newsletter, a cake is being cut by the hands of Khaled Al Maena. He is accompanied by Patrons and Office Bearers of MWS-MASA.

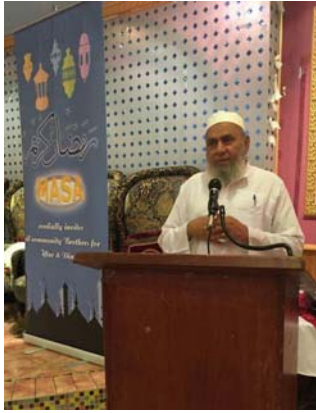


A group of Patrons, Office Bearers and some of Board members of MWS-MASA with Khaled Al Maena taken at the event.



Ladies wing of MWS-MASA also celebrated the occasion. Mrs. Samar Fatany wife of Khaled Al Maena, a Radio Journalist & Columnist also attended the event. Mrs. Fatany is cutting a cake on that occasion and she is accompanied by wives of office bearers of MWS.

**Pictorial View with Summary of “Iftar Dinner Party of MWS-MASA”
Held on 24th June 2015 (7th Ramadan 1436) At La Sani
Restaurant Jeddah**



M. Farooq Khimani Bhai is offering Dua just before Iftar



Mohammed Ahmed Makki is reciting from Holy Quran for beginning a session after Iftar & Magrib Prayer



Tayyab Moosani, Gen. Secretary, MWS-MASA updating audience about all welfare work took place out of Z Fund during last year.

Our Treasurer Shoaib Sikander prepared entire account of help & assistance to needy people out of Z fund during last year which was presented by GS in the Iftar Party. He informed the audience that each and every penny was given to needy & deserving after an appropriate enquiry & investigation by a specific committee for this purpose. Assistance provided included but not limited to payment of Tuition Fee, Madrassa Fee, Medical Charges, House Rent to widow, Travel Ticket, Cargo Charges for shipping used clothes to Pakistan & India and in emergency cases etc. GS also declared that comparing to last year, a considerable number of needy people belong to our community were provided help & assistance this year. Our community members appreciated our fair & transparent procedure of helping needy. Due to trust and confidence of the community, this year we have received 100 K in Z fund. Out of which a considerable portion is given to us by a dignitary and scholar of our community Dr. M. U. Chpara. We express our gratitude and appreciation to all philanthropists who have shown their affection & confidence in MWS and have contributed their part for the help of needy and deserving people. Jazak Allah Al-Khair.



Iftar Dinner attended by almost 180 brothers of our community

**Pictorial View of "Iftar Dinner with Iqbal Memon Officer"
President of All India Memon Jamats Federation
Held on 30th June 2015 (13th Ramadan 1436)
At La Sani Restaurant Jeddah**



An Iftar Dinner hosted by MWS-MASA in the honour of Brother Iqbal Memon (Officer), who was here in KSA for Umrah after becoming President of All India Memon Jamats Federation. He was given a warm welcome by full board of MWS-MASA at Iftar and presented a Plaque of Gratitude and Appreciation for his dedication and outstanding services to the Memon Community. Patrons, Office Bearers and some Board members of MWS and AIMJF are with Iqbal Memon. (Photograph by Salim Burmawala, Thanks)

THANK YOU FOR YOUR KIND ATTENTION,,,,NEWSLETTER ENDS HERE

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