



Dear Brothers and Sisters, Assalamo Alaikum WRWB

We Start our newsletter with expressing our deep condolence to brother Shoaib Sikander, our Treasurer, on sad and sudden demise of his wife due to heart attack at Iftar time on Monday 4th Ramadan. May Allah rest her soul in eternal peace & paradise and give patience and courage to Shoaib and his children to bear such irreparable loss. Aameen.

We had conveyed Ramadan Greetings in our last Newsletter which was issued almost 3 weeks prior to the arrival of Holy Ramadan. We take the opportunity once again to express "Ramadan Greeting" to each and every member of our community. We know first 10 days (عشرة أول) of Ramadan have already gone and we hope everyone is mostly engaged in worship and good deeds in order to accumulate blessings and bounties of Allah almighty during the holy month. It is a period of reflection, worship and complete devotion to God and is also a time for families and friends to come together.

There are a number of terms associated with Ramadan that you might hear. But do you know what they mean? Ramadan, or Ramzaan as it is known in many parts of the world, falls in the ninth month of the Islamic calendar year and is the Muslim fasting month. Its name originates from the Arabic word ramad, meaning heat or dryness, as the first Ramadan was observed during the summer. Similar to how the sun scorches the earth during the summer, this month is considered a period to scorch away evil, making the name even more symbolic.

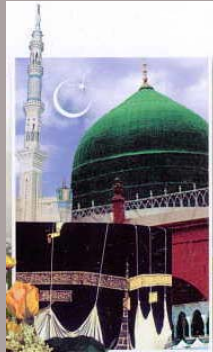
When Ramadan begins, our inner life, its thoughts and feelings, is renewed and strengthened. Breezes of mercy, coming in different wavelengths, unite with our hopes and expectations, and penetrate our hearts. In the enchanting days and illumined nights of Ramadan, we feel as if all the obstacles blocking our way to God are removed and the hills on that way are leveled.

However, we as usual, have tried to make this issue more interesting and informative with our sincere apology in advance for any unintentional omissions or errors in it. We request all our brothers and sisters to keep sending to us your suggestions and ideas and feedbacks that really help and guide us to improve our monthly bulletin.

Thank you and Happy Ramadan once again and look forward to continued cooperation from all our community members

**Sincerely,
Newsletter Committee**

رمضان كريم
كل عام وأنتم بخير



“If you expect the blessings of God,
be kind to His people.”

Ramadan Kareem



The Welfare Services of Memon Welfare Society

- ✓ Helping poor students for education fee
- ✓ Helping Community members for health care for those who cannot afford
- ✓ Helping in Coffin & Burial Services
- ✓ Helping & guiding unemployed in seeking employment
- ✓ Voluntarily Matrimonial services
- ✓ Beside above we are assisting some Madrassa by paying fees of needy students and school where the students will receive free education who cannot afford even the nominal fee.
- ✓ We also hold other social & welfare activities for our community such as Seminar, Families get to gather together, Career guidance sessions, evening with scholar, and also help financially and materially the victims of natural disaster such as flood in Pakistan and Earth quake etc.
- ✓ During last 2-3 months We sent two shipments one to Pakistan and other one India of used clothes for poor people in Pakistan & India.
- ✓ We also collect unused medicines for free medical camps organized by Pakistan welfare Society in Consulate General of Pakistan Jeddah.

No doubt, Memon Welfare Society is playing a significant role by providing an opportunity to the community families to meet, greet and eat together from time to time, which is a piece of good fortune. It is worth mentioning that we have formed various committees to undertake their respective responsibilities and assignments.

In brief MWS is purely social and welfare forum to serve the community and humanity.

Why to PLAN for Ramadan

- The best of Months
- Quran revealed in this month
- A month of Blessing, Mercy & Forgiveness
- Allah Himself gives rewards for one who fasts
- Doors of Heaven are opened
- Doors of Hell are closed
- Shayateen are chained
- Rewards multiplied from 10 to 700 times
- A Night better than 1000 months



يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا
 كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ
 اے لوگو جو ایمان لائے ہو تم پر روزے فرض
 کر دئے گئے جس طرح تم سے پہلے انبیاء
 کے پیروں پر فرض کئے گئے تھے۔ اس سے
 توقع ہے کہ تم میں تقویٰ کی صفت پیدا ہوگی
 (البقرة 183)

Remember

- Death is fast approaching
- Life is too short to waste in useless things
- Satan discourages one to plan
- If Satan cannot stop a Muslim from doing good, then
 - he tries to engage him in lesser good, or
 - make him busy so that he never plans or quantifies his progress



MEANING OF THE WORD RAMADAN

Forwarded by Mr. Rashid Kasmani

These days the word Ramadan may imply nothing more than the name of the holy month of fasting for all Muslims. But, as is the case with all Arabic names, month names have a special meaning and significance.

Names usually refer to stories or specific incidents: some are historically documented, while others come from traditions and legacies handed down from generation to generation, but cannot be verified.

Most resources agree that the name Ramadan is derived from the source **ramad**, meaning heat or, more specifically, the **intense heat of the sun**. Does that mean that Ramadan always fell in summer?

The fact is that the old Arabic calendar was based on **lunar months and solar years**. This meant that the year was composed of 12 lunar months, but the Arabs of olden times would allow for the shift of the months within the seasons by adding an extra month every three years. This was known as '**postponement**', the aim of which was to ensure that the months conformed to both the seasons and the solar year.

Most historians give several reasons for 'postponement'. One reason was the commercial and trade considerations of neighbouring markets, with the **Syriac calendar** in use in the Levant and the **Coptic calendar** in Egypt. Another was to have definite dates for certain rituals, celebrations and festivals (like the yearly pilgrimage, **Hajj**, and the ancient **open Okaz market**, for example), allowing these events to take place during specific seasons and climates.

Nowadays, however, Muslims observe an 11-day, annual shift of Ramadan within each solar year. This is because Islam forbade 'postponement', considering it to be a violation of the rules of the sacred months. Verse 37 of Al-Tawba in the Quran states:

"Postponement (of a sacred month) is only an excess of disbelief whereby those who disbelieve are misled; they allow it one year and forbid it (another) year, that they may make up the number of the months which Allah hath hallowed, so that they allow that which Allah hath forbidden. The evil of their deeds is made fair-seeming unto them. Allah guideth not the disbelieving folk."*

Regardless of its history or timing, Ramadan remains the month for purifying the spirit, doing good and seeking forgiveness and blessings.

LAILATUL QADR

The last ten nights and days of Ramadan are at our doorsteps with greater spiritual opportunities and blessings. For those of us who believe, Quran's verse in Surah Al-Qadr (about one night during these ten nights being better than 1000 months) should be enough to make each one of us to strive harder in worship and to perform good deeds as the prophet used to do.

surprising health benefits of Ramadan

Dates: Although three dates are eaten at the start of Iftar every day during Ramadan for spiritual reasons, they also come with the added bonus of multiple health benefits. One of the most important aspects of fasting is getting the right amount of energy, and considering an average serving of dates contains 31 grams of carbohydrates, this is one of the perfect foods to give you a boost. Dates are also a great way of getting some much-needed fibre, which will aid and improve digestion throughout Ramadan. Add to that their high levels of potassium, magnesium and B vitamins, and it quickly becomes apparent that dates are one of the healthiest fruits out there.

Boost your brain: No doubt you'll be aware of the positive effects fasting can have on your mental wellbeing and spiritual focus, but the brain-boosting powers of Ramadan are even more significant than you might think. A study carried out by scientists in the USA found that the mental focus achieved during Ramadan increases the level of brain-derived neurotrophic factor, which causes the body to produce more brain cells, thus improving brain function. Likewise, a distinct reduction in the amount of the hormone cortisol, produced by the adrenal gland, means that stress levels are greatly reduced both during and after Ramadan.

Ditch bad habits: Because you will be fasting during the day, Ramadan is the perfect time to ditch your bad habits for good. Vices such as smoking and sugary foods should not be indulged during Ramadan, and as you abstain from them your body will gradually acclimatise to their absence, until your addiction is kicked for good. It's also much easier to quit habits when you do so in a group, which should be easy to find during Ramadan. Fasting's ability to help you cut out bad habits is so significant that the UK's National Health Service recommends it as the ideal time to ditch smoking.

Lower cholesterol: We all know that weight loss is one of the possible physical outcomes of fasting during Ramadan, but there's also a whole host of healthy changes going on behind the scenes. A team of cardiologists in the UAE found that people observing Ramadan enjoy a positive effect on their lipid profile, which means there is a reduction of cholesterol in the blood. Low cholesterol increases cardiovascular health, greatly reducing the risk of suffering from heart disease, a heart attack, or a stroke. What's more, if you follow a healthy diet after Ramadan, this newly lowered cholesterol level should be easy to maintain.

Lasting appetite reduction: One of the main problems with extreme fad diets is that any weight lost is often quickly put back on, sometimes even with a little added extra. This isn't the case with Ramadan. The reduction in food consumed throughout fasting causes your stomach to gradually shrink, meaning you'll need to eat less food to feel full. If you want to get into the habit of healthy eating then Ramadan is a great time to start. When it's finished your appetite will be lower than it was before, and you'll be far less likely to overindulge with your eating.

Detoxify: As well as being great for spiritually cleansing yourself, Ramadan acts as a fantastic detox for your body. By not eating or drinking throughout the day your body will be offered the rare chance to detoxify your digestive system throughout the month. When your body starts eating into fat reserves to create energy, it will also burn away any harmful toxins that might be present in fat deposits. This body cleanse will leave a healthy blank slate behind, and is the perfect stepping stone to a consistently healthy lifestyle.

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Absorb more nutrients: By not eating throughout the day during Ramadan you'll find that your metabolism becomes more efficient, meaning the amount of nutrients you absorb from food improves. This is because of an increase in a hormone called adiponectin, which is produced by a combination of fasting and eating late at night, and allows your muscles to absorb more nutrients. This will lead to health benefits all around the body, as various areas are able to better absorb and make use of the nutrients they need to function.

Dua'a

دعاء

مصیبت سے چھٹکارے کی دعا

**لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ
إِنِّي كُنْتُ مِنَ الظَّالِمِينَ**

(اے اللہ!) تیرے سوا کوئی (سچا) معبود نہیں، تیری ذات پاک ہے
پیٹک میں قصور وار ہوں۔ [الانبیاء: 87]

یہ دعا حضرت یونسؑ نے چھٹی کے پہنچ میں کی، اللہ تعالیٰ نے قبول فرمائی، آپ ﷺ نے فرمایا
ہے جس مسلمان نے بھی کسی مصیبت میں اس دعا سے اللہ تعالیٰ کو پکارا، اللہ تعالیٰ نے اس کی دعا ضرور
قبول فرمائی ہے۔

Spectral Dyes & Pigments

1

بخشش طلب کرنے کی دعا

**رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَمْ تَغْفِرْ لَنَا
وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ**

اے ہمارے رب! ہم نے (گناہ کر کے) اپنے آپ پر بہت ظلم کیا ہے
اور اگر تو نے ہمیں معاف نہ کیا اور ہم پر رحم نہ کیا تو ہم ضرور خسارہ پانے
والوں میں سے ہو جائیں گے۔ [الاعراف: 23]

اس دعا کے ذریعے حضرت آدمؑ اور حضرت نوح علیہما السلام نے اپنی غلطی کا اقرار اور توبہ کا
اظہار کیا تھا اور یہ دعا خود اللہ تعالیٰ نے ان کو سکھائی تھی۔

Texocol Textile Auxiliaries

2

کوٹاہیوں اور غفلتوں کی معافی کی دعا

**رَبَّنَا اغْفِرْ لَنَا ذُنُوبَنَا وَإِسْرَافَنَا فِي أَمْرِنَا وَ
ثَبِّتْ أَقْدَامَنَا وَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ**

اے ہمارے رب! ہمارے گناہوں اور ہمارے معاملات میں
ہماری زیادتیوں کو معاف فرما اور ہمیں ثابت قدم رکھ اور کافروں کے
خلاف ہماری مدد فرما۔ [آل عمران: 147]

جنگ احد کے موقع پر نبی ﷺ کی ہم مدد کرتے ہوئے پہاڑی پر کھڑے تھے اور اپنی جگہ سے ہٹ گئے اور کچھ صحابہ
نکلتے کے آثار پر گھبراتے ہوئے ہار بیٹھے اور کچھ اس موقع پر آپ ﷺ کی شہادت کی خبریں سن کر بائیں پیٹ ہو گئے تو ان
کوٹاہیوں کی معافی کیلئے انہوں نے یہ دعا کی تو اس پر اللہ تعالیٰ نے انہیں دنیاوی فحرت دونوں کے ثواب سے نوازا۔

Spectral Dyes & Pigments

3

زندگی کی حاجتوں اور ضرورتوں کیلئے خصوصی دعا

رَبِّ إِنِّي لِمَا أَنْزَلْتَ إِلَيَّ مِنْ خَيْرٍ فَقِيرٌ

اے میرے رب! (اس وقت) جو نعمت تو مجھ پر اتارے، میں اس
کا محتاج ہوں۔ [قصص: 24]

حضرت عبداللہ بن عباسؓ فرماتے ہیں: حضرت موسیٰؑ جب مصر سے نکلے تو ان کے پاس
کھانے کی کوئی چیز نہ تھی ہزیاں اور درختوں کے پتے کھا کر سفر کرتے رہے جب مدین پہنچے تو
کچھ بکریاں کو پانی پلا کر سب میں بیٹھے تو بھوک سے برا حال تھا تو اس وقت یہ دعا فرمائی کہ میں بھوکا ہوں
کچھ کھائے کو لا اور سب آسرا اور سب بھوکے ہوں کوئی ٹھکانا عطا فرما چنانچہ اللہ تعالیٰ نے دعا قبول فرمائی
اور سارا بندہ دست فرما دیا۔

Texocol Textile Auxiliaries

4

میمن ویلفیئر سوسائٹی کی فلاحی خدمات

- تعلیم اور مدرسے کی فیس کے لئے غریب طالب علموں کی مدد
- ان لوگوں کو جو طبی علاج کے اخراجات کا متحمل نہیں ہو سکتے کی مدد
- کمیونٹی کے رکن کے انتقال کے بعد تدفین میں مدد
- روزگار کی تلاش میں بے روزگار کی رہنمائی و مدد
- بچوں کے لئے رشتے کی تلاش میں مدد
- اس کے علاوہ اپنی کمیونٹی کے لئے اکثر دیگر سماجی اور فلاحی سرگرمیوں کا اہتمام
- مختلف موضوعات پر سیمینار کا انتظام
- خاندانی اجتماع
- مستقبل کے کیریئر کے لئے طالب علموں کو مشورہ
- مشہور عالم شخصیات کے ساتھ شام
- ہم پرانے لباس جمع کر رہے ہیں
- ہم بھی مفت طبی کیمپ کے لئے غیر استعمال شدہ ادویات جمع کر رہے ہیں
- کوئی شک نہیں، میمن ویلفیئر سوسائٹی - مختلف خاندانوں کو ملاقات کرنے - سلام و دعا کرنے - ایک ساتھ
- کھانا کھانے کے مواقع فراہم کر کے کمیونٹی میں اہم کردار ادا کر رہی۔
- اس کے علاوہ ہم نے اپنی اپنی ذمہ داریوں اور فرائض کو انجام دینے کے لئے مختلف کمیٹیاں تشکیل دی ہیں۔
- مختصراً میمن ویلفیئر سوسائٹی خالصتاً سماجی اور برادری کی فلاح و بہبود اور انسانیت کی خدمت کرنے کے لئے ایک فورم ہے۔ جسکی پوری کمیونٹی کو حمایت کرنی چاہئے

Just to update community,,,,,,,,,,,,,

MWS Current Activities:

1. Further assistance was provided to Madrassa Abu Baker and as per request of the management, a place of ablution has been constructed in the Madrassa.
2. Arranged 3 computers for Madrassa for Hifz-e-Quran with Urdu Translation.
3. Collecting and delivering unused medicines to Pakistan Welfare Society for their free medical camp take place every alternate Friday.
4. Collecting used clothes for poor and needy people in India and Pakistan. TWO shipment have so far been dispatched to Pakistan and India.
5. MWS was referred and/or contacted by some community families for settlement of their family disputes and by the grace & blessings of Allah almighty, the MWS have successfully resolved some family disputes with strict confidentiality and some disputes are to be resolved soon. Insha Allah. MWS has constituted a "Reconciliation Committee for family disputes" consisting of mature and experienced members of the Board.
6. Upon demand of memon families residing in Riyadh, a study is going on to open a branch of MWS in Riyadh in near future, insha Allah. It will have access with the community in Riyadh and Dammam area whereas Jeddah base is in touch with families in Makkah, Taif and Madina.
7. A bus from Jeddah to Makkah and Madina arranged at very nominal fare during Ramadan.
8. Some more activities community interest will be announced soon.

MWS Events/Programs in Near Future:

1. Family Gathering during Summer held during last month in Al Shallal Park
2. Iftar Party for male members of memon community and dignitaries of Pak, India who come for Umrah arranged
3. Eid Millan with Prize distribution to meritorious students and back to school gifts to children
4. An evening with celebrity to be held in near future
5. Career Guidance program
6. Book Bank
7. Sports

Summer Event of Family Gathering held in Al Shallal Theme Park, Jeddah On Friday 13th July 2012 (Pictorial View)



President and Secretary General at the Entrance of the Park to welcome the guests



Board Members with Director of the Park and other guests



Mr. Wasim Tai with children and gathering of the families in the Theatre (Auditorium)

Some selected brief Feedbacks of the community members about Al Shallal Park Event held one week before Ramadan.

FEEDBACK-1

Dear Office Bearers and all respected members of Memon Welfare,

ASSALAMUALAIKUM,

Today's event was really enjoyed by me and my family and without any doubts all of you have done an outstanding job. From now onwards I'm sure events like these will be most awaited by children as their excitement and happiness was touching the sky. It was really amazing for me to see the American Director and the son of owner of Shallal Park to come out especially to meet with the members of the board of Memon Welfare and guests of the Community. It was a feeling of pride seeing all the welcome signs around the entrance of Shallal Park for the Memon group. Sadly some people of our community could not make it today due to their shopping for the upcoming of the holy month of Ramadan. Surely they have missed a lot not least. We will really be looking forward to such events in the future as well. Once again I highly appreciate all your hard work and your efforts were really commendable.

Thankyou,

Regards,

Wasim Abdul Razzak(TAI)

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Saudi Arabia

FEEDBACK-2

Dear Board Members and All Memon Community.

Salaam Alai Kum

Yes, Yes, Yes, the Kids have enjoyed a lot, at 12.30 after Mid Night they were not ready to go home. I agree 100% with the comments of Mr. Wasim and Mr. Kashmani it was the best event the kids have ever enjoyed.

We have been to Shallal Park so many occasions, but yesterday my wife said that "Paisa Wasool ho gaya" almost eight to ten times, and I also agree with her. The food coupons were also used in a nice way and I think almost everybody enjoyed the Event at Shallal.

Thanks for all the effort by our Key board members who have worked day in and day out to arrange this event at such a low cost.

Allah Hafiz

Irfan H. Ahmed Kolsawala

SENIOR MANAGER

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FEEDBACK-3

Salaam everyone,

I agree, it was a wonderful event and specially it was "Children's Day as they were enjoying overall" as well a sort of relaxation to the parents.. All were looking happy and excited. Masha Allah. We are thankful to the those community members who enthusiastically came with their children to make this event more wonderful, exciting and successful. Let us all pray to have more such events with lots of excitement, happiness and peaceful in the years to come Insha Allah.

Thanks and good luck...

Rashid Y. Kasmani

FEEDBACK-4

Dear Bros of Memon Welfare,
Asslami alaikum,

It was indeed the pleasure to be there at shalal. At such a short notice it was not possible to get things done more than it was done. But My humble suggestion is it is wonderful location and our future programs can be organized at this place. Inshallah we expect more participation for grand did party and few more with little more efforts. Much better than La sani or other marriage hall.

appreciate all board member who made sweet in this program their kind efforts are warmly appreciated

Dr Iqbal Musani

FEEDBACK-5

Dear MWS.

ASSALAMOALAYKUM.

Yesterday I came to Shallal Park with my wife just for attendance in support of MWS event. But the environment and the MWS members gathering was so fantastic that I didn't feel where and how the time flew.

There was joy and fun and exitment on every youngster's face and the parents were in even more cheer full mood.

Day by day the Saudi Arabia's MWS management is improving in serving the community with good in heart and without any returns. I hope and pray, and I am sure that in very near future, the Saudi Arabia's MWS will become well known among all over the world Memon Oorganisations.

Congratulations... Alaf mobruk... orerr welll done
are very small words for what MWS did for our community family, and specially the youngsters.
All I can say is JAZAKALLA KHAIR

I came at Shallal Park at 10 pm just for a short while.....
I left Shallal Park at 1.45am almost the closing time
I wish I could have stayed more for more fun ... for moreentertainment !!!!!
YE DIL MAANGE MORE

Once more once more..... once more

Mr & Mrs Mohammed Salim Habib (Burmawala)

Ancient Gilaf-e-Kabaa was exhibited by our Board Member Saleem Habib Burmawala at his house for two days in July 2012. All Members were invited to visit.

The history and names of all ABBASI dynasty descendants is written here on this GILAF-e-KAABA which is approximately 180 years old. This piece was recently brought back to Kingdom from Turkey.



Pictorial View of Iftar & Dinner Party held on 12th Ramadan 31st July 2012



Mr. Arif Memon, President, Mr. Tayyab Moosani, Gen Secretary, Special Guest Haji Amanullah addressing the audience and Mr. Irfan Kolsawala offering Dua-e-Magfarat for late wife of our Treasurer, Mr. Shoab Sikander who passed away in Jeddah in beginning of Ramadan due to heart attack.



Invitees busy in Iftar

Thanks to the community brothers for their overwhelming response to the invitation to Iftar Party. During 2012 three events have been held and all of took place with a great success, Al Hamdo Lillah.

Pictorial view of Iftar Party,,,,,,,,,

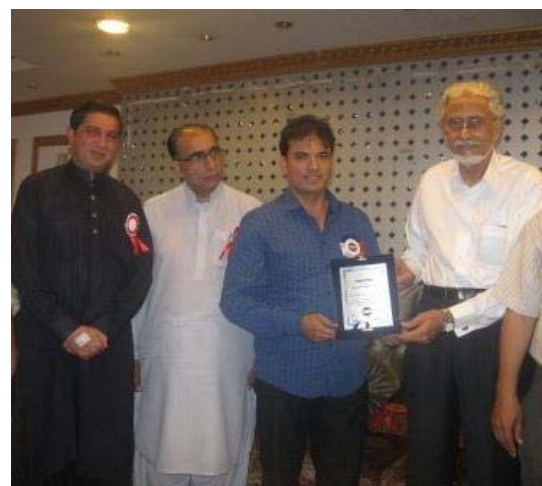
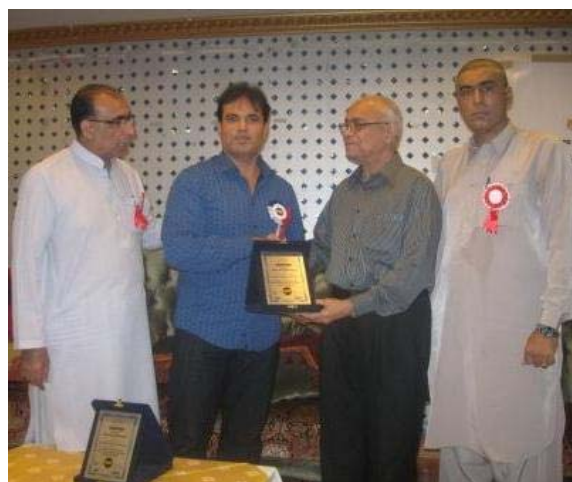
Invitees busy in Iftar



Group of Patrons, Office Bearers, Members of Advisory Committee and Members of Managing Committee of MWS
With Haji Ahmed Abdul Karim and Mohammed Chapra (former patrons) and Special Guest Haji Amanullah.

Note: Received Congratulations personally and on phones from community brothers for holding such a great successful Iftar & Dinner event. Almost 200 brothers attended the event who appreciated the arrangements and quality of food provided to them. At the same time a handsome amount was collected for the charity programs and projects to be undertaken during the year. Entire Iftar Party was sponsored by businessmen of Souk Khaskhia M/s Iqbal Advani, Younus Habib, Shoaib Sikander and Wasim A.Razzak Tai. Iftar Occasion was also attended Mr. Latif Patel, the Chief Editor of fortnightly memon newspaper "Jiway Memon Pakistan".

Pictorial view of Iftar Party,,,,,,,,



Existing Patron of Memon Welfare, Mr. M.Iqbal Advani presenting the token of appreciation to former patrons M/s Haji Ahmed Abdul Karim and Mohammed Chapra.



Current Office Bearers and Board Members with current and former Patrons H.Ahmed Abdul Karim, Mohammed Chapra and Former Presidents of MWS, Aftab Memon and Dr. Iqbal Mussani

NEXT MEGA EVENT

After great success of 3 consecutive events of Memon Welfare we want to inform community that a mega event (family gathering,,, Eid Millan and Back to School) in a Wedding Hall is scheduled to take place in 2nd week of September 2012. Families from Makkah, Madina and Taif are expected to come to attend the event. We expect attendance of more than 600 male and female of the community in the event. Exact date will be announced soon. Meanwhile, All those parents whose children have secured meritorious position in their academic institutions during last 3 years are requested to submit their transcript to any member of our Education Committee or Office Bearers enabling us to award them with certificate and gifts on upcoming occasion of Eid Millan. The Education Committee Members are as follows:

Education Committee

Members:

Rashid Kasmani 0567815705

Nasir Ibrahim 0500319961

Tareq Madani 0505350646

Ahmed Kamal 0501821759

Or pass on the academic report or transcript to any of Office Bearers.

Another shipment of used clothes dispatched to India for distribution to poor and needy people in India and Now another shipment is being prepared for poor people in Pakistan



Vice President Mansoor Shivani and Board Member Ahmed Kamal Makki did the necessary arrangement for shipment of clothes by cargo to India.



Little Smile

A Qualified MBA Marketing Student married a girl
After 1 year of tough life with Her,
Finally he got angry & Sent a note to his father-in-law:
"UR PRODUCT IS NOT ACCORDING 2 MY REQUIREMENTS"
The smart father-in-law Replied:
1 year Warranty has been expired!
So Manufacturer is not responsible.

1 larki ne namaz hajaat parhi aur apni shadi k liye dua mangne lagi to sharm aa gai kehne lagi "Ay Allah
main apne liye kuch nahi mangti bas meri ammi ko ek khobsurt damad de de
Pata hai kya hua?
Uski choti behan ki shadi ho gayi.
Moral: Dua clear mangni chahiye kya pata kis time Qabool hojay

How 2 kill a girl ?
Give her a beautiful dress.
nice jewelery.
costly cosmetics.
Then lock her in a room without a mirror.
Tadap Tadap kar mar jayegi..

If you marry one woman,
She will fight with you.
But, if you marry 2 women,
They will fight for you.
Think different.
Add wife, have life :p

Dr. To Patient's Friend:
Agar 1 Ghanta Pehle Le Aate Tou
Hum Isey Bacha Lete. . .
Patient's Friend:
Abay, 15 Min Pehle Tou Accident
Hua Hy . .

Quiz # 05/38 (easy to answer)

Every month 3 of all Sender of right answer will be recorded and selected through draw for a gift to be given at next family gathering. Just send your answer by email mentioning question number and Answer a,b,c or d only with full name and mobile No. addressed to Mr.Abdul Kader Africawala, Incharge Quiz and Recipes page.

1.Which is the longest Surah in Quran?

- a) First b) Second c) Fourth d) Seventh

2. From where did Umayyad caliphs rule?

- a) Riyadh b) Cairo c) Ankara d) Damascus

3. What is the number of Surahs in Quran?

- a) 72 b) 100 c) 114 d) 126

4.What is the number of prophets in Islam?

- a) 1,600 b) 4,000 c) 6,000 d) 1,24,000

5.What is the number of days in Islamic Calendar?

- a) 304 b) 354 c) 365 d) 366

6. When and where was the last family event of Memon Welfare held during 2012?

- a) 13 May wedding Hall b) 13 June Lasani Restaurant c) 13 July Al Shallal

7. How many issues of MASA Newsletters have so far been issued:

- a) 32 b) 34 c) 36 d) 38

8.MASA (Current Memon Welfare) came into existence in

- a) March 2008 b) April 2008 c) May 2008 d) June 2008

Health Corner:

Effective And Simple Asthma Home Remedies: Asthma is a respiratory disease that makes breathing difficult, particularly while exhaling. Pollens, allergens, irritants and bacteria can prompt an asthmatic attack. These include diet that causes allergy and environmental factors such as dust, dampness, smoke etc. Asthma home remedies can prove to be very useful and help to prevent an asthma attack. Here are few effective and simple asthma home remedies that can provide the much needed relief from the symptoms of asthma attacks:

Lemon and Water: Lemon and water are known to restrain purifying properties. Water flushes out the toxic substances and purifies the blood, whereas lemon or lime has anti-inflammatory, antiseptic and expectorant agents that can easily break-down mucus.

Figs: Fig, a fruit that helps to heal many illnesses, is also beneficial in asthma. Figs make the patient feel comfortable by depleting the phlegm. Clean 2-3 figs thoroughly with lukewarm water and soak in water overnight and have it first thing in the morning.

Bananas: Bananas provide fast remedy for serious attacks. Heat a ripe banana in the microwave or on the stove, sprinkle black pepper powder on it and eat. This will open the air ways temporarily and allow free-flow of air which will help to subside the pain from an asthma attack. Though it is only a short term treatment; bananas offer one of the best asthma home remedies for instant relief.

Garlic: Garlic contains natural anti-inflammatory agents that aid in treating asthma. It also reduces the quantity of mucous generated in the bronchial tubes. 1-2 garlic cloves can be chewed daily or garlic juice can be added to other vegetable juices and consumed.

Honey: Honey effectively boosts the immune systems of the body which aids to treat and avoid asthma attacks. During an asthma attack, one can breathe in the vapors of honey by placing the jar under the nose. Alternatively, consuming a teaspoon of honey 3-4 times a day can alleviate the problem of asthma. It can also be added to a beverage.

Coffee: The caffeine content in coffee works like the over the counter medicines, which aids to open the air passages of an asthma patient. Consuming 1-2 cups of coffee can reduce the asthma symptoms such as breathlessness and wheezing.

Mustard Oil and Camphor: Rub the mixture of mustard oil and camphor on the chest if before going to sleep or if you experience breathing problems. Mustard oil infiltrates the skin and breaks down the phlegm which helps to ease asthma attacks. This mixture should not be taken internally. This is one of the most soothing asthma home remedies.

Other Home Remedies: Additional effectual asthma home remedies comprise of bishop's weed which acts like an expectorant. Indian gooseberry that fortifies the immunity power, bitter gourd root that sustains antiviral properties and drumstick leaves which contain antibacterial properties. All of these are highly rich in vitamin C and can be used to treat asthma attacks.

Other Preventive Methods: Avoid excessive eating before going to sleep as it may prompt an asthma attack. Try as eat at least 2-3 hours before bedtime. Steer clear of cigarette smoke or second hand smoke as well as smoke from wood-burning stoves and fireplaces. Wrap a scarf or wear a face mask if the weather is cold. Refrain from breathing in the cold air that is discharged from the freezer. Avoid keeping animals with fur as pet.

Keep The Home Clean: Change the air conditioner and furnace filters each month to prevent recirculation of dust. Opt for latex pillows that are allergy-free rather than feather pillows. Additionally, use dust-resistant covers on mattresses and furniture. Keep your home neat and clean to minimize the chances of an asthma attack.

These were some of the effectual asthma home remedies that can be employed to obtain relief from asthma. Apart from these remedies, make a note of the factors like allergens, foods etc that triggers your asthma symptoms and aggravates the illness and try to evade them. Asthma attacks are extremely uncomfortable, but with few simple asthma home remedies and safety measures; you can easily keep asthma attacks at bay.

-X-X-X-X-X-X-X-X-X-X-X-

ماشاء اللہ میمن ویلفئیر سوسائٹی سماجی و فلاحی کاموں میں ترقی کی طرف روانہ :-

1. استعمال شدہ کپڑوں کے کٹی باکس کی پاکستان میں ایک ویلفئیر ٹرسٹ کو غریبوں کیلئے بذریعہ ہوائی کارگو ترسیل
2. جدہ میں ایک مدرسہ کے کٹی غریب طلباء کا کفالہ لیکر سوسائٹی نے مدرسہ کی مدد و معاونت کی
3. برادری سے جمع ہونیوالی غیر استعمال شدہ ادویات وقتاً فوقتاً فری میڈیکل کیمپ کو فراہم کی جاتی رہیں
4. ضرورت مند بھائیوں کو ایمرجنسی میں امداد فراہم کی گئی۔

سوسائٹی سے مستفیذ ہونیوالے ضرورتمندوں کے نام صیغہء راز میں رکھے جاتے ہیں۔ لہذا مستحق ضرورتمند برادران بلا جھجکے سوسائٹی کی امداد حاصل کر سکتے ہیں خواہ وہ تعلیم و کتابوں کیلئے ہو یا کوئی اور مجبوری ہو۔

خدمات برائے ضرورت رشتہ Important Announcement about Matrimonial Services

After family gatherings organized by memon Forum during the year, several families have become active in searching match for their grown up children from among the community. Al Hamdo Lillah in this connection a good progress is going on, in fact proposals among various families for their children are being exchanged with the help of families of some office bearers under **strict confidentiality**.

Since the Memon Matrimonial Website is under construction which might take time, we kindly request all those memon families whose children are grown up and they intend to look for OR waiting for match now or after some time, to submit very brief particulars about their children. We can help them in finding match for their children. All information provided to us will remain **confidential** and all communications between two families will also be under **strict confidence**. Needless to mention that some families are already in contact with us and we are extending help to them for finding match for their children. Serious families may kindly fill out the following blanks and forward to us on masa@memonassociation.com OR female family members can contact a responsible lady of Forum on 0569905776 and let her know the details about searching a match. Good Luck.

Name of Head of Family _____ Nationality _____
 Home Phone No. _____ Mobile _____ Email _____
 Children: Sons : (1) Age _____ Education _____ Earning Yes or No (2) Age _____ Education _____ Earning Yes or No
 Daughter : (1) Age _____ Education _____ (2) Age _____ Education _____

Our Patrons (Memon Welfare Society)



M.Iqbal Advani Dr.Hamid Abdulkhader Munaf Abdul Ghaffar Munaf A. Sattar Kaleem A. Naviwala

Our Office Bearers (Core Committee)



(L-R) Shoaib Sikander-Treasurer, Mansour Shivani-VP, Arif Memon-President, Tayyab Moosani-GS
Younus Habib-VP, A.Rashid Kasmani-Joint Secretary

Members of Our Advisory Committee



Dr.IqbalMusani Irfan Kolsawala Asif Lala Nasir Ibraim Younus A. Sattar
(Past President Ex.Officio)

Members of Our Managing Committee



Wasim A.Razzak Tai Ahmed Kamal Makki Adam Abdul Latif M.Saleem Habib A.Kader Africawala



A,Rauf Zakaria M.Shakir Abdul Aziz Tarek Madani M. Ali Osman A.Kader Amin Teli

Thank you for your time and attention,,,,,,,,,Newsletter Ends Here