



Ramadan Mubarak in advance

رمضان مبارك

Invitation from WMO and Presence of MWS in WMO's Annual General Meeting held on 22 & 23 June 2012 In London UK.

Memon Welfare Society, Saudi Arabia was invited by WMO to attend it's 9th & 10th AGM took place on 22 and 23 June 2012 in London UK.

Dr. Hamid Abdul Khader, our Patron was officially nominated to attend and represent himself on behalf of MWS, in the AGM of WMO.

We express gratitude and appreciation to the management of WMO for extending courtesy and assistance to Dr. Hamid and giving him an opportunity to introduce MWS and its welfare activities on that occasion. WMO have noted the significance of MWS and have recognized MWS for Saudi Arabia Chapter. (Detail in following pages).

Dear Brothers and Sisters, Assalamo Alaikum WRWB

Welcome to another edition of the Newsletter of Memon Welfare Society. We hope that you will find it useful to update yourself with the activities of MWS that take place from time to time. Now is the time to prepare ourselves for Ramadan which will be commencing in the third week of the month of current of month of July 2012, therefore, on behalf of Memon Welfare, we take the opportunity to express our greetings and best wishes to all our community brothers with pray to Allah the almighty to bless Muslim Ummah all over the world with health happiness, love, unity, peace and prosperity. A'ameen

As we are aware that Muslims are called upon to use this month to re-evaluate their lives in light of Islamic guidance. We are to make peace with those who have wronged us, strengthen ties with family and friends, do away with bad habits -- essentially to clean up our lives, our thoughts, and our feelings. During Ramadan, every part of the body must be restrained. The tongue must be restrained from backbiting and gossip.

The eyes must restrain themselves from looking at unlawful things. The hand must not touch or take anything that does not belong to it. The ears must refrain from listening to idle talk or obscene words. The feet must refrain from going to sinful places. In such a way, every part of the body observes the fast. Thus, every day during this month, Muslims around the world spend the daylight hours in a complete fast. Therefore, fasting is not merely physical, but is rather the total commitment of the person's body and soul to the spirit of the fast. Ramadan is a time to practice self-restraint; a time to cleanse the body and soul from impurities and re-focus one's self on the worship of Allah almighty.

We have tried to make this issue more interesting and informative, however, we apologize in advance for any unintentional omissions or errors. We request all our brothers and sisters to keep sending to us your suggestions and ideas and feedbacks that really help and guide us to improve our monthly bulletin.

Thank you and Happy Ramadan once again and look forward to continued cooperation from all our community members

***Sincerely,
Newsletter Committee***



میمن ویلفیئر سوسائٹی کی فلاحی خدمات

- تعلیم اور مدرسے کی فیس کے لئے غریب طالب علموں کی مدد

- ان لوگوں کو جو طبی علاج کے اخراجات کا متحمل نہیں ہو سکتے کی مدد

- کمیونٹی کے رکن کے انتقال کے بعد تدفین میں مدد

- روزگار کی تلاش میں بے روزگار کی رہنمائی و مدد

- بچوں کے لئے رشتے کی تلاش میں مدد

- اس کے علاوہ اپنی کمیونٹی کے لئے اکثر دیگر سماجی اور فلاحی سرگرمیوں کا اہتمام

- مختلف موضوعات پر سیمینار کا انتظام

- خاندانی اجتماع

- مستقبل کے کیریئر کے لئے طالب علموں کو مشورہ

- مشہور عالم شخصیات کے ساتھ شام

- ہم پرانے لباس جمع کر رہے ہیں

- ہم بھی مفت طبی کیمپ کے لئے غیر استعمال شدہ ادویات

جمع کر رہے ہیں

کوئی شک نہیں، میمن ویلفیئر سوسائٹی - مختلف خاندانوں

کو ملاقات کرنے - سلام و دعا کرنے - ایک ساتھ کھانا کھانے

کے مواقع فراہم کر کے کمیونٹی میں اہم کردار ادا کر رہی۔

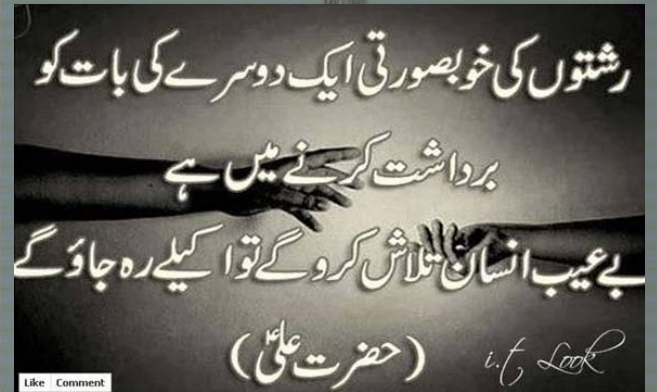
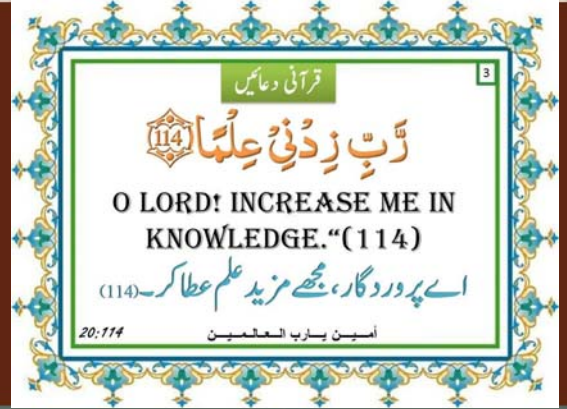
اس کے علاوہ ہم نے اپنی اپنی ذمہ داریوں اور فرائض کو

انجام دینے کے لئے مختلف کمیٹیاں تشکیل دی ہیں۔

مختصراً میمن ویلفیئر سوسائٹی خالصتاً سماجی اور برادری

کی فلاح و بہبود اور انسانیت کی خدمت کرنے کے لئے ایک

فورم ہے۔ جسکی پوری کمیونٹی کو حمایت کرنی چاہئے



**PARTICIPATION REPORT AS A MEMON WELFARE SOCIETY (MWS) SAUDI ARABIA DELEGATE IN WORLD
MEMON ORGANIZATION MIDDLE EAST CHAPTER'S AGM TOOK PLACE IN LONDON JUNE 2012**

Report by: Dr. Hamid Abdul Khader, Patron MWS, Saudi Arabia

WMO: The World Memon Organization ("the WMO"), has been formed as an international umbrella organization in order to unite Memon organizations, institutions, corporate bodies, associations, jamaats and individuals. The purpose of the WMO is to act as the central Memon organization representing the entire Memon community throughout the world, promoting the advancement, upliftment, unity, welfare and well-being of all Memons in all aspects of life and at all times in accordance with Islamic principles.

However, I represented as a delegate of Memon Welfare Society (MWS) Saudi Arabia, as officially nominated by the managing committee to represent in the proposed AGM of WMO Middle East Chapter in London UK. On 22nd June 2012 I was invited for an informal dinner party of all delegates at the residence of Dr Ismail Haroon the VP of WMO London. On 23rd June 2012 I was warmly received at the memon centre London by the head of the Middle East chapter Mr Mohammed Iqbal Dawood based in Dubai to attend the AGM of WMO. The deliberations of affairs of all continental chapters of WMO were discussed. Present were all heads of WMO chapters from various countries.

Ours the first Saudi Arabia representation has made a very respectful dent and a niche in the whole gathering. I myself discussed the various basics of operations and history of MASA which became MWS in Jeddah recently. A promise to interact with MR. Mohammed Iqbal of the Middle East chapter to further integrate MWS with WMO was made. I was allotted a 15 minutes slot to speak at this grand forum. During my speech I read out clearly the message sent to WMO on behalf of the President and GS of MWS of Saudi Arabia. After this oration I floated a proposal to encrypt our youth asset who should finally take over this mantel from the elders. In order to mobilize global links of WMO we should execute a " YOUTH EXCHANGE PROGRAM" annually from different countries. Say 4 youth members we can invite from U.K memon association and we, the MWS shall host them for 2-3 weeks on a reciprocal basis from UK. Which to be emulated and follow suit by other WMO chapters. This proposal was accepted and applauded by the board members. But we need to do some home work on this proposal into effect.

On the 23rd of June the AGM was followed by a Gala Dinner banquet at the Memon centre London, with an attendance of about 700 guests. The VVIPs and dignitaries who attended this banquet other than WMO international VIPs included, The Lord Minister of Justice UK, His Excellency the Ambassador of Pakistan to UK, also the Chief of Habib Bank UK. I socialized well in the gathering.

On 24th of June the delegation moved to Leicester where there was a social event at the Leicester Town Hall with lunch hosted by M. Farouk Ali Mohamed followed by a general body meeting. The closing ceremony was culminated by a dinner function hosted by the Leicester memon Jamat, which was also attended by such dignitaries as the Lord Mayor of Leicester, Incumbent Commissioner of Leicester Police, ex- Pakistan cricket player Mr Saklain Mushtaq and many more. This international event concluded with a vote of thanks by M. Farouk Ali Mohamed.

I departed from this caravan with a mandate to convey the Salams of WMO to MWS members at large. I believe, I have truly conveyed a factual report of the event.

*With best wishes and heartfelt regards
Dr Hamid Abdul Khader*

*WMO Middle East Chapter's Annual General Meeting (AGM) held in London UK
Which was attended by Dr. Hamid Abdul Khader, on behalf of Memon Welfare Society Saudi Arabia
as well as many other VIPs and dignitaries from different part of the world.*



AGM beginning with welcome to participants



Dr. Hamid Abdul Khader in the AGM



Dr. Hamid Abdul Khader, our Patron addressing and introducing the MWS to the AGM



Dr. Hamid Abdul Khader with the Chairman of AGM and the Ambassador of Pakistan to UK

The Welfare Services of Memon Welfare Society

- ✓ Helping poor students for education fee
- ✓ Helping Community members for health care for those who cannot afford
- ✓ Helping in Coffin & Burial Services
- ✓ Helping & guiding unemployed in seeking employment
- ✓ Voluntarily Matrimonial services
- ✓ Beside above we are negotiating to undertake the management of a Madrassa and school where the students will receive free education who can not afford even the nominal fee.
- ✓ We also hold other social & welfare activities for our community such as Seminar, Families get to gather together, Career guidance sessions, evening with scholar, and also help financially and materially the victims of natural disaster such as flood in Pakistan and Earth quake etc.
- ✓ Very soon we shall send shipment of used clothes for poor people in Pakistan
- ✓ We also collect unused medicines for free medical camps organized by Pakistan welfare Society in Consulate General of Pakistan Jeddah

No doubt, Memon Welfare Society is playing a significant role by providing an opportunity to the community families to meet, greet and eat together from time to time, which is a piece of good fortune. It is worth mentioning that we have formed various committees to undertake their respective responsibilities and assignments.

In brief MWS is purely social and welfare forum to serve the community and humanity.

Just to update community,,,,,,,,,,,,,

MWS Current Activities:

1. Further assistance being provided to Madrassa Abu Baker and as per request of the management, a place of ablution is constructed in the Madrassa.
2. Arranged a computer for Madrassa for Hifz-e-Quran with Urdu Translation.
3. Provided assistance to Pakistan Welfare Society for a needy patient for medical treatment.
4. Collecting and delivering unused medicines to Pakistan Welfare Society for their free medical camp take place every alternate Friday.
5. Collecting used clothes for poor and needy people in India and Pakistan. One shipment dispatched to Pakistan and 2nd shipment is ready to be dispatched to India soon.
6. MWS was referred and/or contacted by some community families for settlement of their family disputes and by the grace & blessings of Allah almighty, the MWS have successfully resolved some family disputes with strict confidentiality and some disputes are to be resolved soon. Insha Allah.
7. Upon demand of memon families residing in Riyadh, a study is going on to open a branch of MWS in Riyadh in near future, insha Allah. It will have access with the community in Riyadh and Dammam area whereas Jeddah base is in touch with families in Makkah, Taif and Madina.
8. A bus is being arranged from Jeddah to Makkah at very nominal fare on daily basis during Ramadan. Departure from Souk Minara, Marhaba Super Market Parking, Azizia immediate after Asar and Return from Makkah after Isha & Traveeh.
9. Some more activities community interest will be announced soon.

MWS Events/Programs in Near Future:

1. Family Gathering during Summer
2. Iftar Party with invitation to memon dignitaries of Pak, India who come for Umrah
3. Eid Millan with Prize distribution to meritorious students and back to school gifts to children
4. An evening with celebrity

پردہ کے احکامات قرآن وحدیث کی روشنی میں

وَمَنْ يَطْعِ اللَّهَ وَرَسُولَهُ فَقَدْ فَازَ فَوْزًا عَظِيمًا (سورة الاحزاب: ۷۱)
 ”اور جو شخص اللہ اور اس کے رسول ﷺ کی اطاعت کرے تو اس نے بڑی کامیابی حاصل کی۔“
 وَمَنْ يُعِصِ اللَّهَ وَرَسُولَهُ فَقَدْ ضَلَّ ضَلَالًا مُّبِينًا (سورة الاحزاب: ۳۶)
 ”جو کوئی اللہ اور اس کے رسول ﷺ کی نافرمانی کرے وہ تو صریح گمراہی میں پڑ گیا۔“

☆ ”پردہ“ کی حقیقت کیا ہے.....؟
 ☆ کیا ”پردہ“ کرنے کا حکم اللہ اور اس کے رسول ﷺ کی طرف سے ہے.....؟
 ☆ کیا ”پردہ“ کے احکامات مولویوں کے اپنے ذہن کی اختراع ہیں.....؟
 ☆ ”پردہ“ کے حکم پر صحابہ کرامؓ نے کس طرح عمل کر کے دکھایا.....؟
 ☆ کیا ”پردہ“ کے احکامات پر عمل کرنا لازمی ہے یا اختیاری معاملہ ہے.....؟
 ☆ کیا ”پردہ“ کے حکم میں چہرے کا پردہ شامل نہیں ہے.....؟

پردہ کا حکم قرآن کریم میں

قرآن کریم میں اللہ تعالیٰ نے نبی کریم ﷺ کو حکم دیتے ہوئے ارشاد فرمایا :
 ”اے نبی ﷺ اپنی بیویوں، بیٹیوں اور مومن عورتوں سے کہہ دیجئے کہ (گھروں سے باہر نکلتے ہوئے) اپنی چادروں کے پلو لٹکالیا کریں۔ یہ زیادہ مناسب طریقہ ہے تاکہ وہ پہچان لی جائیں (کہ شریف زادیاں ہیں) اور انہیں ہستمانہ جائے“
 (سورة الاحزاب: آیت ۵۹)
 ”اور اپنے گھر میں وقار کے ساتھ بیٹھی رہو اور زمانہ جاہلیت کے سے بناؤ سنگھار نہ کرتی پھرو۔“
 (سورة الاحزاب: آیت ۳۳)
 ”اپنے پاؤں زمین پر مارتی ہوئی نہ چلیں کہ جو زینت انہوں نے چھپا رکھی ہے وہ معلوم ہو جائے۔“
 (سورة النور: ۳۱)
 ”پس (کسی غیر محرم) سے بیٹھی زبان میں بات نہ کرو کہ جس شخص کے دل میں مرض ہے وہ (تم سے) کچھ امید باندھ بیٹھے۔“

پردہ کا حکم احادیث مبارکہ میں

”بلاشبہ ایک عورت چھپانے کے لائق ہے۔ جب وہ گھر سے باہر نکلتی ہے تو شیطان اس کو تاکتا ہے اور وہ اپنے رب کی رحمت سے قریب زیادہ اس وقت ہوتی ہے جب وہ اپنے گھر کے اندرونی حصہ میں ہوتی ہے۔“
 (ترمذی کتاب الرضا ۶)
 ”حضرت انسؓ سے روایت ہے کہ عورتوں نے نبی کریم ﷺ سے عرض کیا کہ:

”ساری فضیلت مرد لوٹ کر لے گئے۔ وہ جہاد بھی کرتے ہیں اور خدا کی راہ میں بڑے بڑے کام کرتے ہیں۔ ہم کیا کریں کہ ہمیں بھی مجاہدین کے برابر جہل سکے“ جواب دیا ”جو کوئی تم میں سے گھر بیٹھی رہے (تاکہ شوہر کے مال، اولاد اور اپنی عصمت کی حفاظت کر سکے) وہ بھی مجاہدین کا سادلہ پائے گی۔“
 (حافظ ابوبکر از مسند بزار)

Little Smile

Question:

Why most of the engineering students can't clear all subjects in 1st attempt..?

Answer:

Smooth roads never make good drivers, clear sky never makes good pilots & clearing all subjects in the 1st attempt, Never makes good engineers.

Why shouldn't you hold a DVD upside down?

Because the data might fall down.

Santa to Banta: I don't have an internet connection at home. Can you please copy the internet on this pen drive for me?

Man to miser: Why do you always remove the batteries from the clock and keep them outside?

Miser: I want to extend the battery life and hence I put them in the clock only when I want to see the time.

Wife: Why do you wear your specs only when I come in.

Husband: The doctor has ordered me to wear my specs whenever I get a headache!!

What do you call a deeply burnt food item in your lunch that is not recognizable?

UFO: Unidentified Fried Object.

Question: Which day of the week is most hated by fish?

Answer: Fry Day

Man 1: After buying this new hearing aid, I am able to hear something two blocks away.

Man 2: Cool, how much did it cost?

Man 1: The time is three past ten.

Doctor to a rich man: Do you prefer a local anesthesia?

Rich man: I would rather prefer an imported one.

My wife died yesterday I m trying to cry but tears are not coming out, what to do?

No problem just imagine she came back

8 Health Reasons You Should Never Skip Breakfast



Whole-wheat bread sandwich: If you're a vegetarian, Dr Prasad suggests a simple paneer, onion, tomato and cucumber sandwich. "Spread a layer of low-fat paneer instead of cheese, as it's a healthier option," she stresses. A layer of grated paneer, sliced onions, cucumber and tomato, salt and pepper – and you're ready to go. For non-vegetarians, keep some boiled, boneless chicken pieces handy. Mustard sauce or mayonnaise with boiled chicken and onions tastes fantastic, try it out today. Less

Break-the-fast, after going hours without food you, finally get up in the morning and need lots of energy to kick start the day. Only breakfast can provide you with this energy.

If you're of those who're still not having your breakfast, now is the time to change that habit. Here are some extremely important reasons why!

Why you should never avoid breakfast

1. Breakfast improves your metabolism:

Your blood sugar level drops down in the morning. You need food that can provide you energy to get through the morning. Body needs fuel to keep it running and the night is the longest gap in the refuelling process. To make sure your metabolism keeps on going you need to have something within 2 hours of waking up.

2. Keeps you on track if you're looking to lose weight:

Researchers have found that those who eat breakfast tend to maintain and lose weight. Though people skip breakfast in the hope of losing weight they tend to eat more during lunch or even choose healthier options later on which results into weight gain.

3. Helps to maintain insulin response:

Skipping meals leads to a hyper insulin response when calories are consumed later on. That means the level of insulin in blood is more than the glucose level which can lead to metabolic disorder. This in turn results in fat accumulation.

4. Helps perform better at work/school:

Hungry employees and students don't do any good at work/school. When you are hungry you are irritable and disinterested which reflects on your work too. Breakfast helps you to wake up and makes you attentive.

5. Burns those calories early:

If you have breakfast you can burn those calories early! How is that? Well, instead of going hungry till lunch and then hogging on something loaded with calories with fewer hours left in the day to burn it consider refuelling yourself early and getting enough time to burn those calories.

6. Aids in setting a good example:

If you have kids, you always want to set a good example for them. By having breakfast on time you will show the quality of leadership by example.

7. Gets you your essential nutrients first thing in the morning:

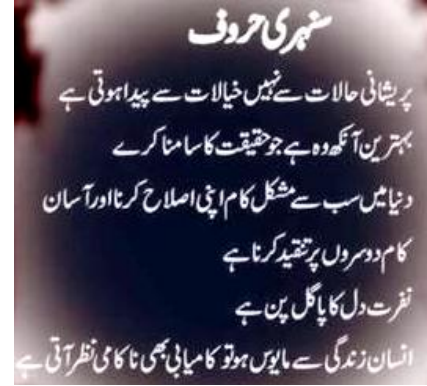
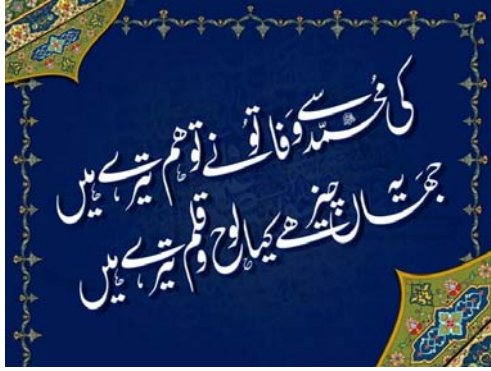
There are food which we have only as a part of our breakfast like cereals, fruits and milk. If you bypass your breakfast you might never get those nutrients.

8. Skipping breakfast can make you grumpy:

Oh yes! If you have been skipping breakfast and are in bad mood, you probably should know why. Not having breakfast makes you grouchy. You might not even realise it and keep wondering why you're so irritable!

Apart from all these reasons to have your breakfast there are few things you should always keep in mind:

- Never have dessert for breakfast, it will cause blood sugar loss later on and you will be tempted to eat even more.
- Read the labels carefully, even if it says 'nutritious' look into the details and understand if your body needs that kind of food to start the day.



ماشاء اللہ میمن ویلفئیر سوسائٹی سماجی و فلاحی کاموں میں ترقی کی طرف رواں دواں :-

1. استعمال شدہ کپڑوں کے کٹی باکس کی پاکستان میں ایک ویلفئیر ٹرسٹ کو غریبوں کیلئے بذریعہ ہوائی کارگو ترسیل
2. جدہ میں ایک مدرسہ کے کٹی غریب طلباء کا کفالت لیکر سوسائٹی نے مدرسہ کی مدد و معاونت کی
3. برادری سے جمع ہونیوالی غیر استعمال شدہ ادویات وقتاً فوقتاً فری میڈیکل کیمپ کو فراہم کی جاتی رہیں
4. ضرورت مند بھائیوں کو ایمرجنسی میں امداد فراہم کی گئی۔

سوسائٹی سے مستفید ہونیوالے ضرورتمندوں کے نام صیغہ راز میں رکھے جاتے ہیں۔ لہذا مستحق ضرورتمند برادران بلا جھجکے سوسائٹی کی امداد حاصل کر سکتے ہیں خواہ وہ تعلیم و کتابوں کیلئے ہو یا کوئی اور مجبوری ہو۔

خدمات برائے ضرورت رشتہ Important Announcement about Matrimonial Services

After family gatherings organized by memon Forum during the year, several families have become active in searching match for their grown up children from among the community. Al Hamdo Lillah in this connection a good progress is going on, in fact proposals among various families for their children are being exchanged with the help of families of some office bearers under strict confidentiality.

Since the Memon Matrimonial Website is under construction which might take time, we kindly request all those memon families whose children are grown up and they intend to look for OR waiting for match now or after some time, to submit very brief particulars about their children. We can help them in finding match for their children. All information provided to us will remain **confidential** and all communications between two families will also be under **strict confidence**. Needless to mention that some families are already in contact with us and we are extending help to them for finding match for their children. Serious families may kindly fill out the following blanks and forward to us on masa@memonassociation.com OR female family members can contact a responsible lady of Forum on 0569905776 and let her know the details about searching a match. Good Luck.

Name of Head of Family _____ Nationality _____
 Home Phone No. _____ Mobile _____ Email _____
 Children: Sons : (1) Age ____ Education ____ Earning Yes or No (2) Age ____ Education ____ Earning Yes or No
 Daughter : (1) Age ____ Education ____ (2) Age ____ Education ____

Quiz # 04/37 (easy to answer)

Every month 3 of all Sender of right answer will be recorded and selected through draw for a gift to be given at next family gathering. Just send your answer by email mentioning question number and Answer a,b,c or d only with full name and mobile No. addressed to Mr.Abdul Kader Africawala, Incharge Quiz and Recipes page.

1. Which Sourah of Quran is called heart of Quran?
a) Sourah Rahman b) Sourah Baqra C) Sourah Yaseen
2. In which of Saudi Arabia the Masjid -e- Qiblatain is located ?
a)Makkah Al Mukarama b) Madina Al Munwara c) Tabouk
3. If the time is 2 pm in Saudi Arabia What will be the time in Kenya?
a) 1 pm b) 2 pm c) 3 pm
4. When the Newsletter of MWS completed 3 years of it's issuance?
a.) April 2012 b) May 2012 c) June 2012
5. Which fruit is eaten much more than any other fruit in the world?
a) Orange b) Apple c) Banana
6. Which city is called Orange City of India ?
a) Bombay b) Delhi c) Nagpoor
7. What date of Rajab is observed as Lailat al Asra?
a) 25th Rajab b) 26th Rajab c) 27th Rajab
8. If someone celebrates Silver or Golden Jubilee of his age means he completed?
b) 10 or 20 years b) 15 or 30 years c) 25 or 50 years

Our Patrons

(Memon Welfare Society)



M.Iqbal Advani Dr.Hamid Abdulkhader Munaf Abdul Ghaffar Munaf A. Sattar Kaleem A. Naviwala

Our Office Bearers

(Core Committee)



(L-R) Shoaib Sikander-Treasurer, Mansour Shivani-VP, Arif Memon-President, Tayyab Moosani-GS
Younus Habib-VP, A.Rashid Kasmani-Joint Secretary

Members of

Our Advisory Committee



Dr.IqbalMusani Irfan Kolsawala Asif Lala Nasir Ibraim Younus A. Sattar
(Past President Ex.Officio)

Members of

Our Managing Committee



Wasim A.Razzak Tai Ahmed Kamal Makki Adam Abdul Latif M.Saleem Habib A.Kader Africawala



A,Rauf Zakaria M.Shakir Abdul Aziz Tarek Madani M. Ali Osman A.Kader Amin Teli

Thank you for your time and attention,,,,,,,,,Newsletter Ends Here