

**DEAR BROTHERS AND SISTERS,**

**Many Thanks,** to our brothers and sisters who called us and took time to write to us during last month expressing their compliments on the notable improvements in the Newsletter. We have also received certain suggestions and ideas from our community brothers and sisters about further betterment of the Newsletter.

**Moreover,** we have received encouragement and appreciation from the community for holding a commendable and successful occasion of get together on 19<sup>th</sup> January 2012. Undoubtedly, the outcome of such assembly of our families from time to time is very encouraging, useful and beneficial to our families. That's why, our community keeps on suggesting the Forum to arrange such gatherings bimonthly or quarterly on regular basis.

**Indeed,** Memon Forum KSA is trying its best to maintain continuity of social and welfare programs & activities selflessly and updating the community through the Newsletter consistently. Hope our community members will share their views and suggestion on day to day progress of MASA.

**Hope** this newsletter will be informative and interesting to you. However, we sincerely apologize in advance for any omission or error in this issue.

**Best regards**  
**Newsletter Committee**



At 6th Annual Health Seminar of Pakistan Welfare Society, held on 24 Feb.2012 in Jeddah, a delegation of Memon Jamat was given an opportunity to meet with H.E.Respected Mr.Mohammed Naeem Khan the Ambassador of Pakistan to the Kingdom of Saudi Arabia. The delegation comprised of Mr. Munaf Abdul Sattar Bakhshi-Patron, Mr. Arif Memon-President Mr. Mansour shivani-Vice President, Mr.Tayyab Moosani-General Secretary and Mr.Younus Abdul Sattar member advisory board. In meeting, the Ambassador praised Memon Community and its generosity & welfare services throughout globe.





## **Memon Forum is engaged in the following Social and Welfare activities:**

- ✓ **Helping poor students for education fee**
- ✓ **Helping Community members for health care**
- ✓ **Helping in Coffin & Burial Services**
- ✓ **Helping & guiding unemployed in seeking employment**
- ✓ **Voluntarily Matrimonial services**
- ✓ **Other social & welfare activities in the interest of the community**

Beside above mentioned activities, Memon Forum is preparing a list of some clinics, beauty parlors, meat center and other shops consumer items to offer 10% to 50% discount to our community members. That list will be announced soon. We also intend to issue ID cards for all members of memon community enabling them to get benefit from discount scheme. Moreover, we have already made an announcement about collection of unused medicine for a free medical camp being organized by another organization on every alternate Friday and we are also collecting donation of used clothes to ship it to some welfare trust in Pak and India for distribution to poor people.

No doubt, Memon Forum is playing a significant role by providing an opportunity to the community families to meet, greet and eat together from time to time, which is a piece of good fortune. It is worth mentioning that we have formed various committees to undertake their respective responsibilities and assignments. We have also formed a committee to take care of youth affair and sports & recreation programs. This committee will encourage our youth who would also act as volunteer to help Forum on various occasions.



### **Managing Board (Picture Given Above)**

**(Left-Right Sitting)** Kaleem Ahmed-Patron, Munaf A.S.Bakhshi-Patron, Arif Memon- President, M.Iqbal Advani-Patron, Dr.Hamid Abdul Khader-Patron,Tayyab Moosani-Gen.Secretary,Younus Habib-VP, Mansour Shivani-VP

**(Left-Right Standing)** Board Members Ahmed Kamal Makki, Wasim A.Razzak Tai, Rashid Kasmani-JS, Tarek Madani, Shoaib Sikander-Treasurer, Irfan Kolsawala,

## District Governor Lions' Club Pakistan visited Jeddah



Lions' Club Delegation under the leadership of

Lion Muhammad Asad Kath  
District Governor (2011-2012)  
District 305-S3

Visited our Patron

**DR. HAMID ABDUL KHADER**  
Managing Director  
ASIAN CLINIC JEDDAH

The President Memon Forum Mr. Arif Memon and the General Secretary Mr. Tayyab Moosani were invited by our Patron Dr. Hamid AbdulKhader to meet with delegates of Lions' Club Pakistan during their very short trip to Jeddah.



A group picture taken after a bilateral talk on future cooperation and relationship between Delegation of Lions' Club and Memon Forum Jeddah.





### **Congratulation on Happy Occasion**

*Patrons, Office Bearers and Members of Advisory and Managing Committees convey their heartiest congratulation and best wishes to **Brother Nasir Ibrahim**, our past Joint Secretary and current member of Advisory Committee, on the occasion of wedding ceremony of his beloved daughter taking place on 9<sup>th</sup> March 2012 in Karachi Pakistan.*

## An Ideal Social Worker



**Abdul Sattar Edhi**, NI (Urdu: ایدھی عبد الستار, Gujarati: અબ્દુલ સત્તાર ઇદી), or **Maulana Edhi**,

is a Pakistani philanthropist. He is head of the Edhi Foundation, the world's largest ambulance help service and charity. Together with his wife, Bilquis Edhi, he received the 1986 Ramon Magsaysay Award for Public Service. He is also the recipient of the Lenin Peace Prize and the Balzan Prize. Edhi is a Muslim of the Memon community. Institute of Business Administration, Pakistan conferred a honoris causa degree of Doctor of Social Service Management in 2006 for his services. In September 2010 Edhi was also awarded an honorary degree of Doctorate by the University of Bedfordshire.

### Early life

Edhi was born in 1928 in Bantva in the Gujarat, British India.

When he was eleven, his mother became paralyzed and later grew mentally ill and died when he was 19. His personal experiences caused him to develop a system of services for old, mentally ill and challenged people.

Edhi and his family migrated to Pakistan in 1947. He initially started as a pedlar, later became a commission agent selling cloth in the wholesale market in Karachi. After a few years, he established a free dispensary with the help from his community. He later established a welfare trust, "Edhi Trust".

Abdul Sattar Edhi was married in 1965 to Bilquis, a nurse who worked at the Edhi dispensary. The couple have four children, two daughters and two sons. Bilquis runs the free maternity home at the headquarter in Karachi and organizes the adoption of illegitimate and abandoned babies.

### Honors and awards

#### International awards

- Ramon Magsaysay Award for Public Service (1986)
- Lenin Peace Prize (1988)
- Paul Harris Fellow from Rotatory International Foundation, (1993)
- Largest Voluntary Ambulance Organization of the World - Guinness Book of World Records (2000)
- Hamdan Award for volunteers in Humanitarian Medical Services (2000) UAE
- International Balzan Prize (2000) for Humanity, Peace and Brotherhood, Italy
- Honorary Doctorate degree from the Institute of Business Administration Karachi (2006).
- UNESCO-Madanjeet Singh Prize (2009)
- Ahmadiyya Muslim Peace Prize (2010)

### National awards

- Silver Jubilee Shield by College of Physicians and Surgeons, Pakistan, (1962–1987)
- The Social Worker of Sub-Continent by Government of Sind, Pakistan, (1989)
- Nishan-e-Imtiaz, civil decoration from Government of Pakistan (1989)

***Recognition of meritorious services to oppressed humanity during eighties by Ministry of***

### ***Health an Honors and awards***

### International awards

- Ramon Magsaysay Award for Public Service (1986)
- Lenin Peace Prize (1988)
- Paul Harris Fellow from Rotatory International Foundation, (1993)
- Largest Voluntary Ambulance Organization of the World - Guinness Book of World Records (2000)
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- Nishan-e-Imtiaz, civil decoration from Government of Pakistan (1989)
- Recognition of meritorious services to oppressed humanity during eighties by Ministry of Health and Social Welfare, Government of Pakistan, (1989)
- Pakistan Civic Award from the Pakistan Civic Society (1992)
- Shield of Honor by Pakistan Army (E & C)
- Khidmat Award by Pakistan Academy of Medical Sciences
- Human Rights Award by Pakistan Human Rights Society
- Social Welfare, Government of Pakistan, (1989)
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- Khidmat Award by Pakistan Academy of Medical Sciences
- Human Rights Award by Pakistan Human Rights Society



Discount Deals

For Community Brothers and Sisters only

As we have announced in our last newsletter that we are working on obtaining discount deals from various entities such as Clinics, Beauty Parlours, Furniture & Fixtures, Supermarkets, meat shop etc.

- Jamil's Restaurant Azizia, Jeddah:
- Memon Forum expresses thanks to Mr. Shaukat Aimiwala, the owners of Jami's Restaurant who offered discount of 20% to our community members from the date of our family gathering 19 January cor.25 Safar till 04 February cor.12 Rabi Al Awal. Memon Forum is pleased to know about several families benefited from this offer.
- Hiba Asia Poly Clinic #2 at Bab Sheriff, Jeddah Tel No.:6451777/6232020  
Memon Forum has received an approval from the Gen. Manager of the Clinic Mr. Jobi Joseph (Mob.0568901747) for consultation fee SR.10/- only and 50% discount on laboratory tests, X-Rays etc. to our community members.
- Ella Nora Beauty Parlour Near Indian Embassy School Azizia, Jeddah Tel No.0567769392:  
Memon Forum has received an approval from the owner of the beauty parlor Mrs. Nora Tarek for 50% discount to female members of our community on all services during March 2012 and 25% after March 2012.
- Yakub Al Maimani Trading Est. for Kitchen Cabinets at Makrona Street, Jeddah  
Tel: Noman Ibrahim: +966543360786 Azeem Ibrahim: +966567615691 Rayan Ibrahim: +966541553764  
Memon Forum has received an approval from the Responsible of Establishment Mr. Nomanr Ibrahim for special & maximum discount to our community on all variety of Kitchen Cabinets.
- Al Shifa Fresh Chicken and Meat Center, Near Souk Minarate, Azizia, Jeddah Tel:  
Memon Forum has received an approval from the owner of the center Mr. Ahmed Kamal Makki for SR.3/ per each Kg of meat and SR.1/- on each chicken.
- Taibah Cotton Club, near Pakistan Embassy (int'l) School, Azizia.  
Memon Forum has received consent from the owner of the cotton club shops of Mr. Mahmoud for Special discount to all members of our community on all variety of cloths.

We are in process of producing MASA Discount Card which will be distributed to the community member at an event to be held soon, meanwhile, we are in search of many other consumer items entities for the discount deals for our community. Let us serve the community better.

## Bismillahirrahmaanirrahheem !

Hazrat Moosa (AW) Ne Allah Se Arz Kia ya Allah kia hi acha hota ke duniya main 4 cheezain na hoti

- (1) zindagi hoti **maut** na hoti
- (2) sehat hoti **bemaari** na hoti
- (3) daulat hoti **tangdasti** na hoti
- (4) jannat hoti **dozakh** na hoti..

GHAIB SE AWAZ AAEE :-

- (1) agar zindagi hoti **maut** na hoti to mera deedaar kaise hota
- (2) sehat hoti **bemaari** na hoti to mujhe kon yaad karta
- (3) doulat hoti **tangdasti** na hoti to mera shukar ada kon karta
- (4) jannat hoti **dozakh** na hoti to mere azaab se kon darta

Kal fursat na mili to kya karo ge,

Itni mohlat na mili to kya karo ge,

Roz kehte ho kal parhon ga namaz,

Kal agar saans na rahi to kya karo ge...

Rasam se sunnat achi,

Neend se namaz achi,

Gunah se neki achi,

Bazar se masjid achi

Fazool baton se quran ki tilawat achi,

Gheebat se zikar acha

Jazakallah



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**Health Corner**

## **How eating less can change your life**

Have you ever wondered about the advantages of eating less beyond the realm of losing weight?

Yes, eating lesser can change your life in many ways besides making you look better. This includes:

### **Eat Less to Remain Younger**

Dietary choices that include less calorie intake are beneficial for our hormones. This is particularly applicable to eating less of fried and cholesterol-laden foods that tend to impact the sexual and reproductive hormones. Many of these hormones are responsible for providing us vigor and vitality, enhancing our youthful appearance. With lesser energy resources directed towards digesting food and removing toxins, the cells have more time to carry-out essential repair work. This means the skin can be protected against aging caused by free radicals. This also works towards faster regeneration of new, tighter tissues and slower aging of the skin. Thus, by eating less you have a greater chance towards looking younger for a longer time.

### **Eat Less to Become More Energetic**

Eating lesser food means that your body is supplied with limited calorie intake. The body needs to carefully process every bit of morsel that you consume. The digestion is directed at maximizing nutrient absorption and minimal storage of unwanted calories as fat. Thus, along with lesser fat deposition, your entire metabolic rate is raised. This is reflected in your quality of daily life. You are bound to feel more energetic throughout the day, be more alert, able to think clearer and have a renewed zeal towards completing the day's chores.

### **Eat Less to Become Smarter**

Medical researchers across the world have repeatedly proven a direct relation between eating lesser and improving the brain's performance. This includes the cognitive abilities and overall IQ. In fact, limited dietary intake to sharpen the mind has been practiced in many cultures that existed thousands of years ago. This concept still holds true. It has been established that eating smaller portions and at regular intervals rather than having heavy meals is more likely to raise your ability to learn and memorize with ease.

### **Eat Less to Stay Disease-free**

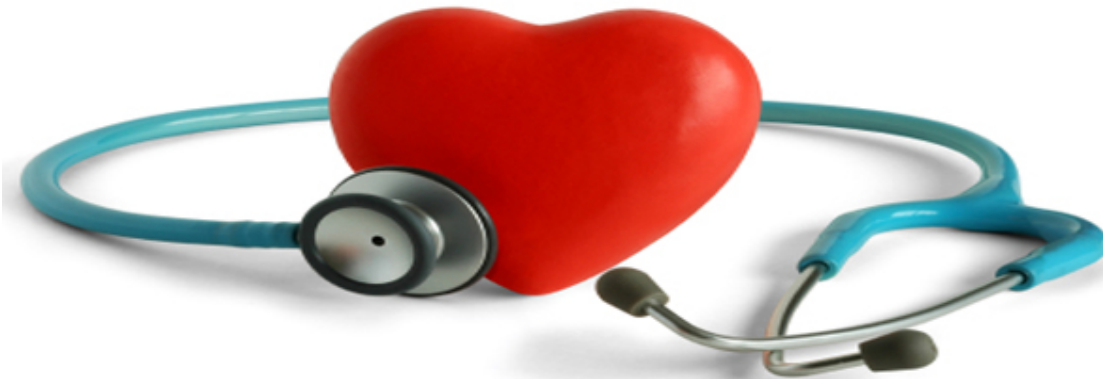
You might not realize this but a lot of diseases are the result of inflammations within the body. This means they are caused without an external cause like an infection. This happens when the body is unable to get rid of the toxins found in food. This kind of toxin retention is more likely to happen when we eat more. The digestive system functions like a systematic process that includes passage of food through the gastrointestinal tract and participation of many organs. When this system is stressed, the movement of digested food is fastened. This doesn't allow the body to properly filter-out the toxins. This is how toxins are released back into the bloodstream, inducing diseases. This is a direct threat to our body's immune power and makes us more susceptible to developing diseases without any discernible cause.

### **Eat Less to Become a Progressive Citizen**

From a lifestyle perspective, eating less has innumerable advantages. Firstly, by eating lesser you are essentially making daily savings. Just think about the amount of money you spend upon eating outdoors and the rising cost of daily foods, including common vegetables and fruits. Secondly, eating less means you are directly contributing towards reducing your carbon footprints. This refers to your green quotient or how eco-friendly you are. By eating lesser, you are reducing your dependency on the environment to feed you. This is the most genuine way of becoming a global green citizen.

-X-X-X-X-X-X-

### **Tips For Your Heart**



- 1. Drink eight glasses of water a day.**
- 2. Include two vegetables and one fruit in every meal.**
- 3. Begin each meal with a raw vegetable salad.**
- 4. Make a light snack of assorted sprouts.**
- 5. Start the day with a glass of warm water and a dash of lime.**
- 6. Use only fresh vegetables.**
- 7. Once a week have only fresh fruits until noon, make lunch the first meal of the day.**
- 8. Eat only freshly cooked meals, not refrigerated leftovers.**
- 9. Include one green vegetable and one yellow vegetable in every meal.**
- 10. Go on a juice fast for a day. Start with vegetable juice, and sip fruit for lunch and dinner.**
- 11. Kick the old coffee habit. Have a glass of fresh fruit juice instead.**
- 12. Cut out all deep-fried foods from your diet.**
- 13. Cut down on high sugar products like soft drinks, ice-cream, candy and cookies in your diet.**
- 14. Never skip a meal, even if you're on a diet. Eat a fresh fruit or have vegetable juice instead.**
- 15. Avoid beverages like soda, coffee, colas and so on.**



16. Include high fiber foods and plenty of fruits, vegetables and grains in planning your diet.
17. Use salt in moderation
18. Wash vegetables thoroughly in clean water before chopping.
19. Steam or boil vegetables (rather than fry or saute).
20. Retain peels of potato, cucumber, carrot and tomato while cooking.
21. Do take a moment off to mentally list out the nutritional value of the food you're about to eat.
22. Don't rush through your meals. Set aside enough time to appreciate, enjoy and digest your food.
23. Make every meal an enjoyable experience. Set dishes out attractively and chew slowly to appreciate the full flavor of the foods you eat.
24. Choose to be radiantly healthy. Keep yourself informed about the nutritive value of every food you buy.
25. Shop for groceries yourself. Notice the look, feel and smell of fresh fruit and vegetables and enjoy their intrinsic goodness.

-X-X-X-X-X-X-X-X-X-X-X-X-X-X-X-X-

### Important Announcement about Matrimonial Services / خدمات برائ ضرورت رشتہ

After family gatherings organized by memon Forum during the year, several families have become active in searching match for their grown up children from among the community. Al Hamdo Lillah in this connection a good progress is going on, in fact proposals among various families for their children are being exchanged with the help of families of some office bearers under strict confidentiality.

Since the Memon Matrimonial Website is under construction which might take time, we kindly request all those memon families whose children are grown up and they intend to look for OR waiting for match now or after some time, to submit very brief particulars about their children. We can help them in finding match for their children. All information provided to us will remain **confidential** and all communications between two families will also be under **strict confidence**. Needless to mention that some families are already in contact with us and we are extending help to them for finding match for their children. Serious families may kindly fill out the following blanks and forward to us on [masa@memonassociation.com](mailto:masa@memonassociation.com) OR female family members can contact a responsible lady of Forum on 0569905776 and let her know the details about searching a match. Good Luck.

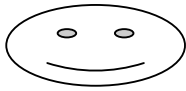
Name of Head of Family \_\_\_\_\_ Nationality \_\_\_\_\_

Home Phone No. \_\_\_\_\_ Mobile \_\_\_\_\_ Email \_\_\_\_\_

Children: Sons : (1) Age \_\_\_\_ Education \_\_\_\_ Earning Yes or No (2) Age \_\_\_\_ Education \_\_\_\_ Earning Yes or No

Daughters : (1) Age \_\_\_\_ Education \_\_\_\_ (2) Age \_\_\_\_ Education \_\_\_\_



**Little Smile****Accountant Joke****MEMO FROM ACCOUNTING DEPARTMENT**

It has come to our attention recently that many of you have been turning in timesheets that specify large amounts of "Miscellaneous Unproductive Time" (Code 5309). However, we need to know exactly what you are doing during your unproductive time.

Placed below is a sheet specifying a tentative extended job code list based on our observations of employee activities.

The list will allow you to specify with a fair amount of precision what you are doing during your unproductive time. Please begin using this job-code list immediately and let us know about any difficulties you encounter.

Thank you,  
*Accounting*

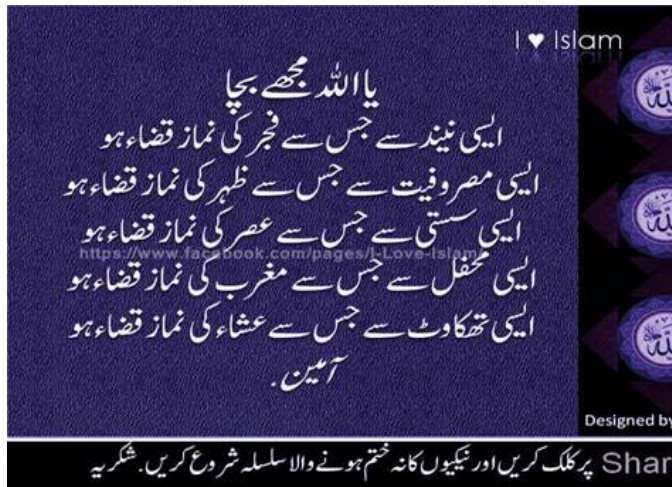
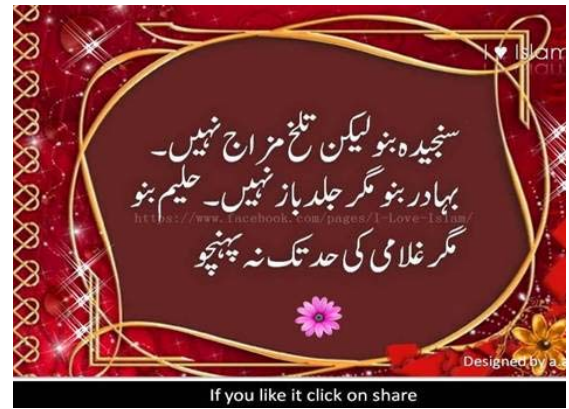
Attached: Extended Job-Code List

**Code Description**

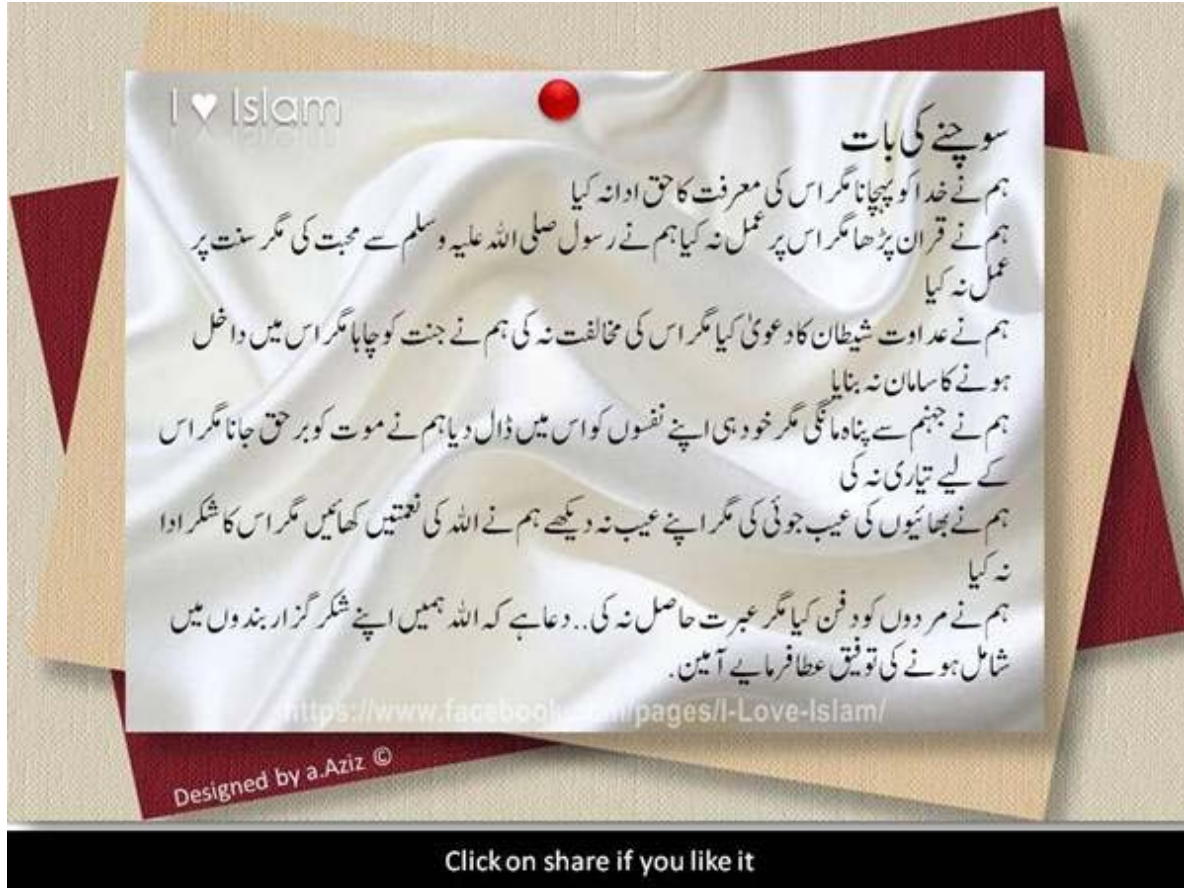
5316 Useless Meeting  
5317 Obstructing Communications at Meeting  
5318 Trying to Sound Knowledgeable While in Meeting  
5319 Waiting for Break  
5320 Waiting for Lunch  
5321 Waiting for End of Day  
5322 Vicious Verbal Attacks Directed at Coworker  
5323 Vicious Verbal Attacks Directed at Coworker While Coworker is Not Present  
5393 Covering for Incompetence of Coworker Friend  
5400 Trying to Explain Concept to Coworker Who is Not Interested in Learning  
5401 Trying to Explain Concept to Coworker Who is Stupid  
5402 Trying to Explain Concept to Coworker Who Hates You  
5481 Buying Snack  
5482 Eating Snack  
5500 Filling Out Timesheet  
5501 Inventing Timesheet Entries  
5502 Waiting for Something to Happen  
5503 Scratching Yourself  
5504 Sleeping  
5510 Feeling Bored  
5511 Feeling Horny  
5600 Complaining About Lousy Job  
5601 Complaining About Low Pay  
5602 Complaining About Long Hours  
5603 Complaining About Coworker (See Codes #5322 & #5323)  
5604 Complaining About Boss  
5605 Complaining About Personal Problems

5640 Miscellaneous Unproductive Complaining  
5701 Not Actually Present At Job  
5702 Suffering from Eight-Hour Flu  
6102 Ordering Out  
6103 Waiting for Food Delivery to Arrive  
6104 Taking It Easy While Digesting Food  
6200 Using Company Resources for Personal Profit  
6201 Stealing Company Goods  
6202 Making Excuses After Accidentally Destroying Company Goods  
6203 Using Company Phone to Make Long-Distance Personal Calls  
6204 Using Company Phone to Make Long-Distance Personal Calls to Sell Stolen Company Goods  
6205 Hiding from Boss  
6206 Gossip  
6207 Planning a Social Event (e.g. vacation, wedding, etc.)  
6210 Feeling Sorry For Yourself  
6211 Updating Resume  
6212 Faxing Resume to Another Employer/Headhunter  
6213 Out of Office on Interview  
6221 Pretending to Work While Boss Is Watching  
6222 Pretending to Enjoy Your Job  
6223 Pretending You Like Coworker  
6224 Pretending You Like Important People When in Reality They are Jerks  
6238 Miscellaneous Unproductive Fantasizing  
6350 Playing Pranks on the New Guy/Girl  
6601 Running your own Business on Company Time (See Code #6603)  
6602 Complaining  
6603 Writing a Book on Company Time  
6611 Staring Into Space  
6612 Staring At Computer Screen  
6615 Transcendental Meditation  
6969 Beating off in Broom Closet  
7281 Extended Visit to the Bathroom (at least 10 minutes)  
7400 Talking With Divorce Lawyer on Phone  
7401 Talking With Plumber on Phone  
7402 Talking With Dentist on Phone  
7403 Talking With Doctor on Phone  
7404 Talking With Masseuse on Phone  
7405 Talking With House Painter on Phone  
7406 Talking With Personal Therapist on Phone  
7419 Talking With Miscellaneous Paid Professional on Phone  
7425 Talking With Mistress/Boy-Toy on Phone  
7931 Asking Coworker to Aid You in an Illicit Activity  
8000 Recreational Drug Use  
8001 Non-recreational Drug Use  
8002 Liquid Lunch  
8100 Reading e-mail  
8102 Laughing while reading e-mail

**Let us understand it from depth of our heart,,,,,,**







#### Thought of the day:

When You are angry or frustrated ... what comes out?  
 Whatever it is ... it is a good indication of what you are made of!  
 This weekend: Begin to Practice Thinking Before Speaking.  
 Be Fair - Remain Fair - Prove Fair.  
 When was the last time You struggled through a tasteless coffee ... till the last sip ... & find  
 sugar lying at the bottom?  
 Wonder what!!  
 That is so very life alike!  
 Enough Sweetened BUT Not Stirred Well!  
 Make Sure to Stir Well!  
 ABDUL MAJEED SHOLAPURWALLA

#### **Quotes**

- Action is the foundational key to all success.
- Experience enables you to recognize a mistake when you make it again.
- Be as smart as you can, but remember that it is always better to be wise than to be smart.
- Effective leadership is putting first things first.
- Effective management is discipline, carrying it out.



Let us serve the community in proper way by sharing the responsibilities

**Distribution of work of memon Forum to various committees formed in last Board meeting**

These committees will provide Board with their suggestions, procedure and recommendation for social and welfare activities during the term.

**1. Committee:**

**Fund Raising and Zakat Disbursement Committee**

**Members:**

Younus Habib  
Mansour Shivani  
Irfan Kolsawala  
Wasim A. Razzak Tai  
Asif Lala  
Adam A. Latif  
Hanif A. Sattar

**2. Committee:**

**Health Care & Medical Assistance Committee**

**Members:**

Dr. Iqbal Musani  
Dr. Hamid A. Khader  
Mr. Younus A. Sattar

**3. Committee:**

**Education Committee**

**Members:**

Nasir Ibrahim  
Rashid Kasmani  
Tareq Madani  
Ahmed Kamal

**4. Committee:**

**Funeral Services Committee to assist family of deceased.**

**Members:**

A. Rauf Zakaria  
Mohammed Ali Osman  
They are authorized to add some more members in the committee.

**5. Committee:**

**Male Youth (as volunteer) and Recreation & Sports Committee**

**Members:**

Wasim Tai  
Tareq Madani  
Asif Lala  
Abdul Kader Africawala

**6. Committee:**

**Event Management Committee**

**Members:**

All Members of Core Committee to take care of event management and seek for the help and assistance from Board members as and when required.

**7. Committee:**

**Newsletter Committee**

**Members:**

Arif Memon  
Tayyab Moosani  
Nasir Ibrahim  
Rashid Kasmani

**8. Committee:**

**Ladies Committee**

**Members:**

Wives of all board members to take care of Ladies Wing including matrimonial as well as Events of Jamat.

President and General Secretary will share the assignments of all committees by attending their meetings and participating in chalking out the future plan of respective committees.

### Office Bearers (Core Committee)



(L-R) Shoaib Sikander-Treasurer, Mansour Shivani-Vice President, Arif Memon-President, Tayyab Moosani-Gen.Secretary, Younus Habib-Vice President, Rashid Kasmani-Joint Secretary.

### Core Committee with Patrons



(L-R standing) Shoaib Sikander-Treasurer, Mansour Shivani-VP, Rashid Kasmani-Joint Secretary Tayyab Moosani-Gen.Secretary, Younus Habib-VP

(L-R Sitting) Kaleem Ahmed-Patron, Munaf A.S.Bakhshi-Patron, Arif Memon-President, M.Iqbal Advani-Patron, Dr.Hamid Abdul Khader-Patron



### Members Advisory Committee



**Dr. Iqbal Musani**  
(Ex. Officio Former President)



**Asif Lala**



**Irfan Kolsawala**



**Nasir Ibraim**



**Younus A. Sattar**

### Members of Managing Committee



**Wasim A. Razzak Tai**



**Ahmed Kamal Makki**



**Adam Abdul Latif**



**M. Saleem Habib**



**A. Rauf Zakaria**



**M. Shakir Abdul Aziz**



**Tarek Madani**



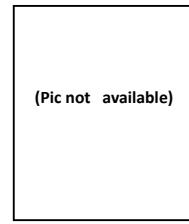
**A. Kader Africawala**



**Mohammed Ali Osman**



**Hanif A. Sattar**



**A. Kader Amin Teli**

**Thank you for your time and attention,,,**  
**Newsletter Ends Here**